



## **New Year's Resolution:** **Top 10 Reasons for Seniors to Get Settled Now!**

If the time has come for you or your parent to move to a more supportive environment, **Make the one New Year's Resolution that counts.** Get successfully settled into a senior living community that provides the best care to maintain one's dignity, independence and a healthy lifestyle.

The Top 10 Reasons for Seniors to get settled in a senior living community are:

1. **Peace of Mind** ~ safety checks, pull chords with people around
2. **3 Meals Daily** ~ so Seniors Stay Healthy and Well-Nourished
3. **Free Transportation** ~ so Seniors manage their own doctors appointments
4. **Socialization** ~ Seniors aren't isolated at home & develop new friendships
5. **Maintenance free living** ~ no more housekeeping or maintenance
6. **Modest price** ~ that can be less than maintaining a home
7. **Scenic campus** ~ where one can garden, safely walk and get exercise.
8. **Great location** ~ close to hospitals, doctor's offices and shopping
9. **Robust Activities Program** ~ to keep seniors active and engaged
10. **Extra Care Options** ~ available when needed,
11. **Ability to continue to entertain** ~ my family and friends

Come visit Treemont. Speak with Resident Coordinators Lupe or Linda who have experience helping families with late-life transitions. Share your situation. Let us answer your questions and help guide you to the right solution for you or your parents. **Call (713) 783-6820 now. Don't delay on this Resolution!**

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