

Get Your Biometrics!

- **Getting your biometrics means getting blood work and knowing your important health numbers.** Your health tomorrow depends on your actions today!
- To get your biometrics, visit any doctor in your PPO network and ask him or her to complete this form.
- Don't have a primary care doctor? You can use the provider finder tool located on the Hospitality Plan page of our website: www.uhh.org.



Healthcare Provider: Please complete all required (*) information.

Name* _____	Date Completed* _____
Last four digits of SSN* _____	Date of Birth* _____
Physician Name* _____	Physician Phone* _____
Height* _____	Weight* _____
Tobacco Use _____	Pregnant _____
Waist (inches) _____	BMI _____
BPSystolic* _____	BPDiastolic* _____
A1c (or Fasting Glucose)* _____	TCHOLRatio _____
Total Cholesterol* _____	HDL _____
LDL _____	Triglycerides _____

Submit your results one of the following ways:

- **Call** UNITE HERE HEALTH Customer Service at (855) 405-FUND;
- **Fax** to UNITE HERE HEALTH at (630) 449-4545; or
- **Mail** to UNITE HERE HEALTH, P. O. Box 6557, Aurora, IL 60598-0557.

For additional information, contact UNITE HERE HEALTH Customer Service at (855) 405-FUND.

This biometric screening is voluntary and confidential. Only certain UNITE HERE HEALTH (UHH) staff, vendors offering additional help to participants, the health-care provider conducting the biometric screening and your personal provider may have access to any personal information collected (such as your blood pressure and cholesterol and blood sugar levels). No one else, including your employer and union, will have access to this or any other personal health information you provide. UHH may use your information to better understand the overall health needs of our participants. (Your notice of privacy practices has more information about how UHH keeps your information private.)

¡Obtenga sus exámenes biométricos!

- **Obtener sus exámenes biométricos representa hacerse un análisis de sangre y conocer los números importantes correspondientes a su salud.** ¡Su salud mañana depende de sus acciones de hoy!
- Para obtener sus biométricos, visite cualquier médico de la red de PPO y solicítele que llene este formulario.
- ¿No posee un médico de atención primaria? Puede utilizar la herramienta de búsqueda de proveedor ubicada en la página de Hospitality Plan de nuestro sitio web: www.uhh.org.



Healthcare Provider: Please complete all required (*) information.

Name* _____	Date Completed* _____
Last four digits of SSN* _____	Date of Birth* _____
Physician Name* _____	Physician Phone* _____
Height* _____	Weight* _____
Tobacco Use _____	Pregnant _____
Waist (inches) _____	BMI _____
BPSystolic* _____	BPDiastolic* _____
A1c (or Fasting Glucose)* _____	TCHOLRatio _____
Total Cholesterol* _____	HDL _____
LDL _____	Triglycerides _____

Envíe sus resultados de una de las siguientes maneras:

- **Llame** a servicio al cliente de UNITE HERE HEALTH al (855) 405-FUND;
- **Envíe** un fax a UNITE HERE HEALTH al (630) 449-4545; o
- **Envíe** por correo los resultados a UNITE HERE HEALTH, P.O. Box 6020, Aurora, IL 60598-0557.

Para información adicional, póngase en contacto con el servicio al cliente de UNITE HERE HEALTH al (855) 405-FUND.