

appetizers

CHIPS AND SALSA: \$8bz - \$4us

Fresh homemade tortilla chips, and an amazing homemade pico de gallo SALSA.. so fresh....

NACHOS: \$16bz - \$8us

Fresh homemade tortilla chips, and pico de gallo Salsa with sour cream and cheese ... (add chicken IF YOU WANT THE BEST BELIZE NACHOS EVER, \$4)

DEEP FRIED KOSHER PICKLE SPEARS: \$16bz - \$8us

Panko dusted pickle spears - flash fry brilliance!

BLUE CHEESE or GORGONZOLA QUESADILLA: \$14bz-\$7us

A very simple imported Blue Cheese or Gorgonzola Cheese Quesadilla (appetizer size), add jalapeños if you wish.

salads

GREEK SALAD: \$18bz - \$9us

Our favorite!! Romaine lettuce, fresh cut tomato, red onion, cucumber and green pepper tossed with Feta cheese, black olives, garlic and our homemade dressing..(add chicken \$6bz/\$3us)

TABBOULEH SALAD: \$14bz - \$7us

Fresh parsley, onion, tomato, garlic, Bulgar wheat and our homemade dressing... (add chicken \$6bz/\$3us)

CAESAR SALAD: \$14bz - \$7us

Fresh Romaine lettuce, tossed in our homemade garlic vinaigrette dressing, with croutons, pepper and fresh Parmesan cheese... (add chicken \$6bz/\$3us)

GOAT'S CHEESE: \$18bz - \$9us

Romaine lettuce, tomatoes, cucumbers, onions, green peppers and our homemade balsamic vinaigrette..(add chicken \$6bz/\$3us)

melt.....MeLT....MElt.....melt....away.....

ALL OF OUR MELTS ARE SERVED ON A GRILLED BAGUETTE WITH PICKLES, CHIPS AND SALSA

ALL AMERICAN: \$10bz - \$5us

The Classic American Cheese Grilled Cheese Sandwich. The only one served on white or wholewheat bakery sliced bread.

ROYALE WITH CHEESE: \$14bz - \$7us

The "All American" with bacon, turkey bacon or veggie bologna

CHICKEN-ITZA: \$20bz - \$10us

Chicken, savory Mayan spices, peppers, onions and tomato with our signature 3 cheese blend

SUPREME PIZZA MELT: \$18bz - \$9us

Pepperoni, mushrooms, peppers and onions.....or create your own with pizza toppings!

HAM AND SWISS...\$18bz - \$9us

Easy....no explanation needed. Add jalapeños for an added zing!!

GREEN ACRES: \$16bz - \$8us

Sauteed spinach, onions, tomatoes, peppers and of course pickles, with our savory 3 cheese blend (add veggie bologna or turkey ham \$4bz/2us)

BIG SAL: \$20bz - \$10us

Turkey sausage, Pepper Jack cheese, grilled onions, pickles and Jalapeños

GOUDA BUDDHA: \$18bz - \$9us

Make life simple...Warm Gouda cheese topped with caramelized onions...

SHROOM: \$15bz - \$7.50us

Sauteed mushrooms with onions and our signature 3 cheese blend.

FRANK'S : \$20bz - \$10us

Chicken with "Frank's Red Hot Sauce", chunky blue cheese dressing, onions, Jalapeños and pickles smothered in Pepper Jack Cheese.

TUNA MELT: \$22bz - \$11us

Tuna, smothered in Swiss cheese and pickles.

QUATTRO FROMAGGIO MELT: \$18bz - \$9us

Provolone, Cheddar, Pepper Jack and Monterey Jack Cheese,,,melt in your mouth.

SWISS FAMILY ROBINSON: \$18bz - \$9us

Swiss cheese, tomato, onion, garlic, cilantro, peppers and black olives

BLACK AND BLUE CHICKEN : \$22bz - \$11us

Chicken with black olives, blue cheese and sauteed onions.

MADRAS CURRY CHICKEN MELT: \$22bz - \$11us

Chicken in savory Indian spices, mushrooms, onions, peppers and 3 Cheese Blend.

JERK CHICKEN MELT: \$22bz - \$11us

Chicken cooked in a Jerk Style with peppers, onions, tomato and Pepper Jack cheese.

BIG KAHUNA MELT: \$22bz - \$11us

Ham, grilled pineapple, onions, Jalapeños and Pepper Jack Cheese. A Hawaiian classic

wraps

BUENAS DIAS: \$10bz - \$5us

Egg omelette, cream cheese, chives and homemade salsa.

EASTERN: \$14bz - \$7us

Brown rice, madras chicken, mango chutney, cilantro, onions, yogurt and tomato

SHAWARMA: \$14bz - \$7us

Chicken, homemade garlic sauce, pickled turnip, onions & tabbouleh

TUNA: \$12bz - \$6us

Tuna, lettuce, celery, tomato and pickles (optional)

fresh mex

GAZPACHO SOUP: CUP:\$8bz/\$4us BOWL:\$12bz/\$6us

Fresh made daily classic cold soup with tomato, cucumber, cilantro, garlic and spices... delicious

VEGGIE QUESADILLA: \$14bz - \$7us

Fresh tomato, onion, garlic, cilantro, peppers, and a 3 cheese blend, sour cream if you wish..

CALIFORNIAN BURRITO: \$16bz - \$8us

Fresh tomato, onion, garlic, cilantro, peppers, crushed fresh homemade tortillas, spices, home fries, and a 3 cheese blend with sour cream...(add chicken \$4bz/\$2us)

PRICES ARE SHOWN IN BELIZE AND US DOLLARS AND INCLUDE GENERAL SALES TAX - GRATUITIES ARE NOT INCLUDED

BREAKFAST

HEALTHY: \$12bz - \$6us

Granola with raisins and nuts, fresh island made yogurt and fresh fruit with a drizzle of pure honey.

BAGELS: \$6bz - \$3us

Toasted with butter (everything, whole wheat, cinnamon raisin or blueberry)

BAGELS: \$8bz - \$4us

Toasted with cream cheese (everything, whole wheat, cinnamon raisin or blueberry)

BAGEL MELT: \$12bz - \$6us

OUR SIGNATURE BREAKFAST CHOICE! Bagel flat grilled, with egg and cheese - yummm. (add bacon, sausage or veggie meat \$4bz)

EGGS: \$12bz - \$6us

Two eggs how you like 'em, homemade daily hash browns and toast. (add bacon, sausage or veggie meat \$4bz)

BELIZE EGG SCRAMBLE: \$15bz - \$7.50us

Scrambled eggs with peppers, onions, and tomato served with pico de gallo. (add add bacon, sausage or veggie meat \$4bz)

3 EGG OMELETTE: \$18bz - \$9us

3 eggs, with cheese and your choice of mushrooms, peppers, onions, tomato served with hash browns and toast. (add bacon, sausage or veggie meat \$4bz)

BREAKFAST BURRITO: \$16bz - \$8us

Eggs, cheese, grilled onions, and peppers all mixed with our homemade hash browns. (add bacon, sausage or veggie meat \$4bz)

FRENCH TOAST: \$14bz - \$7us

Locally made cinnamon bread with our added flavors of vanilla and nutmeg. (add bacon, sausage or veggie meat \$4bz)

HUEVOS RANCHEROS : \$16bz - \$8us

One of our favorites! Fresh daily locally made corn tortillas, homemade black beans, cheese and 2 fried eggs, topped with sour cream and our own fresh salsa.

Open 7 am to 2 pm
Monday to Saturday
Closed Sunday

BREAKFAST SERVED ALL DAY
LUNCH SERVED FROM 11am-2pm

COMING SOON

Beer, Wine, Bloody Mary, Bloody Caesar
Mimosa, Bellini, Etc.

We Serve To Tables Poolside or Beachside,
At The Cafe Oceanside or Streetside
and offer Room Service



Located at Exotic Caye Beach Resort
(under The Yoga Studio / same property as Crazy Canucks Bar)
Indoor Seating With TV and Lounge Area

meltbelize@gmail.com

Phone : 633 6831



Melt Café Belize



Spread The Good Word!

GUERRILLA ★ CHEESE

Belize

DRINKS

Coffee: \$4bz - \$2us

Imported Dark Roast
\$3bz with food purchase AND Free Refill

Tea: \$4bz - \$2us

Selection of teas from around the world

Iced Tea: \$4bz - \$2us

Made fresh daily

Soft Drinks: \$2 and \$3bz - \$1 and \$1.50us

Lemonade: \$5bz - \$2.50us

Made fresh daily

Orange or Grapefruit Juice: \$5bz - \$2.50us

Fresh Squeezed Juices:

Small \$4bz/\$2us, Large \$7bz/\$3.50us

See the chalkboard for today's fresh selection

SMOOTHIES: \$12bz - \$6us

Made with fresh island yogurt, fresh frozen fruit and ice.

Banana Rama
Pineapple Express
Very Berry
What a Peach
Strawberry Fields
Mango-Licious
Fruit Punch

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