

Group Exercise Membership Options



Option 1

6 session pass = **\$186**
12 session pass = **\$348**

Pay as you go

Option 2

2 sessions per week at
your nominated clinic
\$55 per week

Direct debit

Option 3

Unlimited sessions per week at
Any of our clinics – Brookvale,
Chatswood & Parramatta
\$55 per week

Direct debit

Bookings

Call reception on 1300 252 698 or
email: admin@bjchealth.com.au

Please refer to BJC Health's
Group Exercise Membership
Terms and Conditions

EXERCISE PHYSIOLOGY GROUP TIMES



Valid from 1st July 2015

BROOKVALE						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00am				Tom		
10:00am				Tom	Tom	
1:30pm		Tom				
CHATSWOOD						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6.30am	Tom		Tom		Sarah	
7.30am	Tom	Sarah		Sarah	Sarah	
9:00am						Walter
10.00am	Tom	Sarah	Tom	Sarah	Sarah	Walter
11.00am	Tom	Sarah	Tom	Sarah	Sarah	
5.00pm	Walter	Walter	Walter	Tom		
6:00pm	Walter	Walter	Walter	Tom		
PARRAMATTA						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30am	Sharnee			Sharnee	Robyn	Sharnee
8:30am	Sharnee			Sharnee		Sharnee
9:30am		Robyn	Sarah		Robyn	Robyn
10:30am			Sarah		Robyn	
4:00pm		Robyn		Robyn		
5:30pm			Robyn			
6:00pm	Robyn	Robyn		Robyn		
7:00pm		Robyn				

What to Wear: We advise wearing comfortable clothes and trainers. Also, bring a towel and water bottle.