

Monitoring the Health of Americans

Access to Healthcare



40%

of Americans have encountered one or more barriers preventing them from getting needed healthcare in the past year

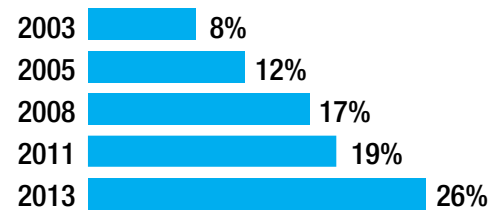


15%

did not see a doctor in the past year because office hours were not convenient



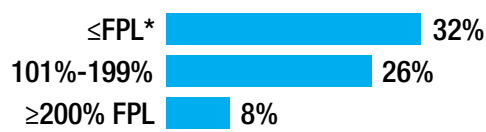
Percentage of Americans who say the Internet is their primary source of healthcare information:



15%

of Americans aged 18-64 have no health coverage, neither through private nor government-sponsored insurance

Disparities by Income



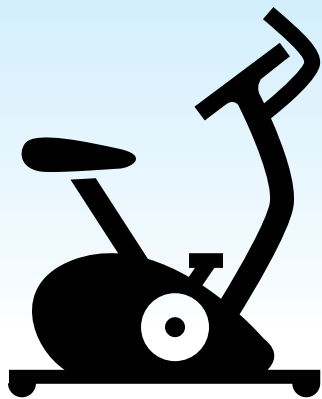
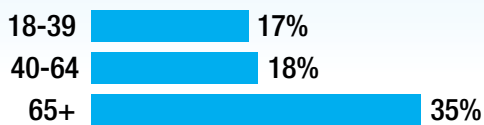
* 2013 Federal Poverty Level (FPL) is \$23,550 for a family of four.

Health Behaviors

21%

of Americans had no leisure-time physical activity in the past month

Disparities by Age

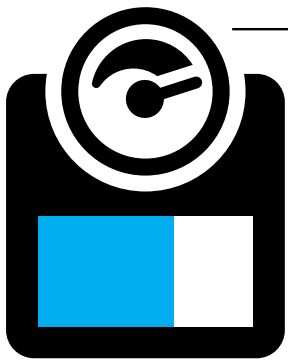


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Top Health Concerns

>60% of Americans say each of these is a "major" or "moderate" problem in their community:

1. Nutrition, Physical Activity & Obesity
2. Substance Abuse
3. Tobacco Use



63%

are overweight or obese (BMI ≥ 25)

The percentage of obese Americans (BMI ≥ 30) has nearly doubled since 1995.



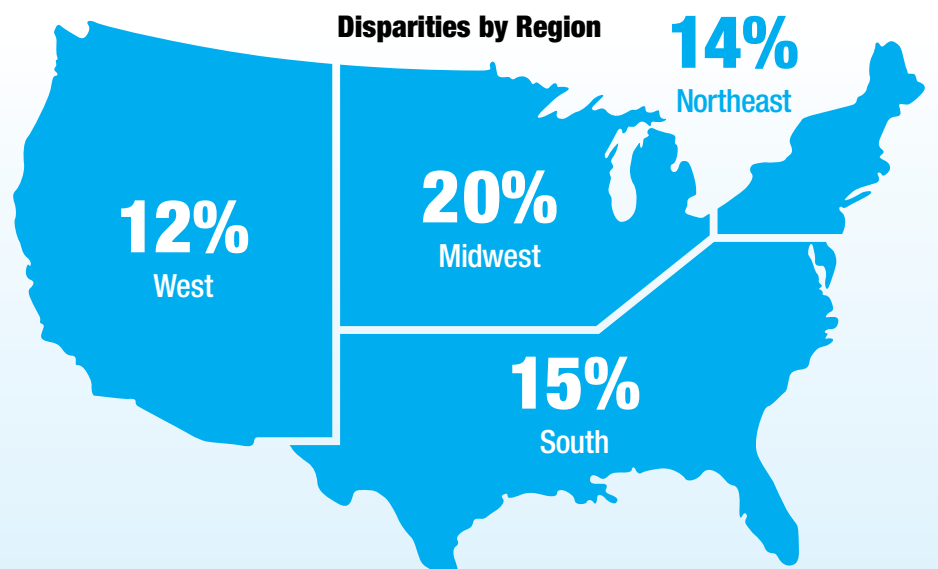
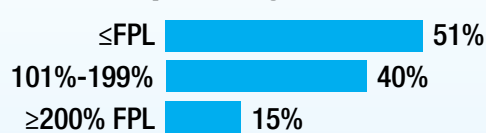
15%

currently smoke

24%

find it "very" or "somewhat" difficult to buy fresh produce at a price they can afford

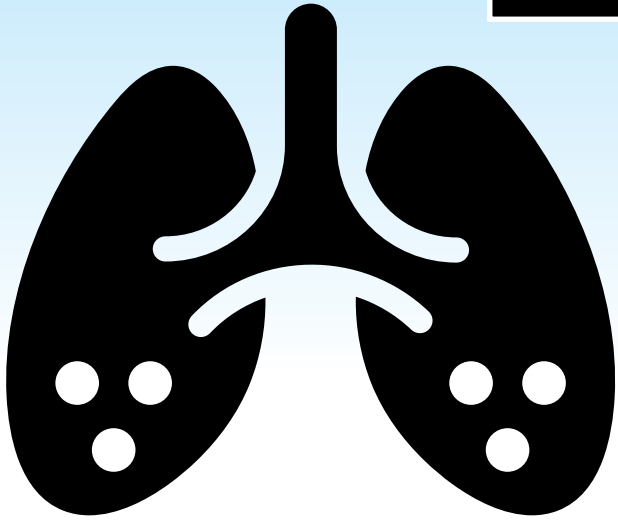
Disparities by Income



20%

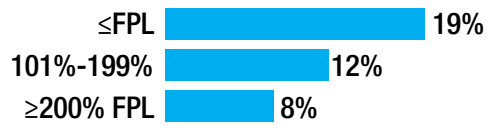
are binge drinkers

Chronic Conditions



9%

of Americans have asthma
Disparities by Income



82%

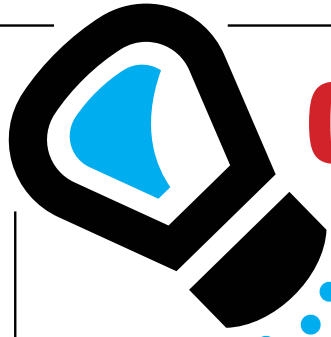
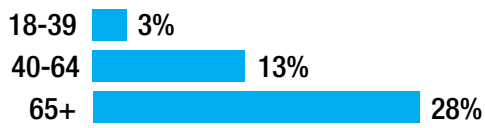
have at least one cardiovascular risk factor*

*Overweight, smoking, no exercise, or high blood pressure/cholesterol.

12%

have diabetes

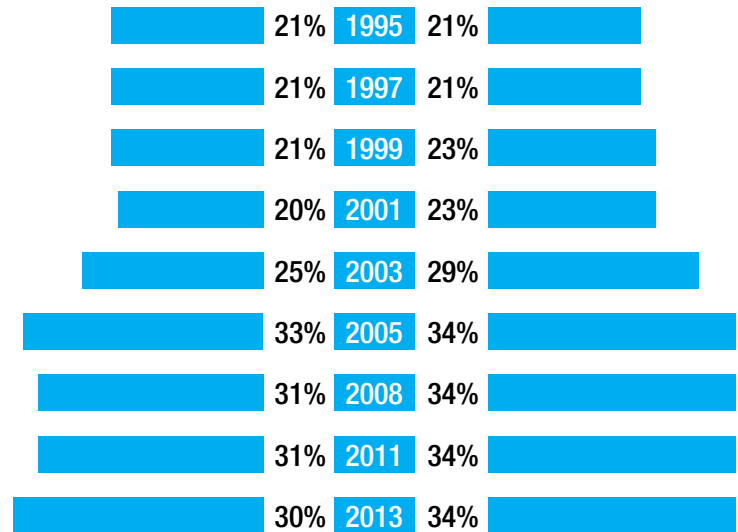
Disparities by Age



Cardiovascular Risk

High Cholesterol

High Blood Pressure



22%

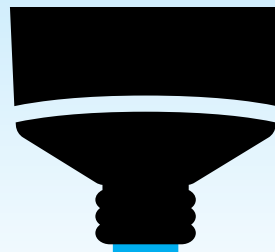
are limited in some activities because of a health problem

Preventive Care

66%

of Americans have had a dental visit in the past year

Disparities by Income



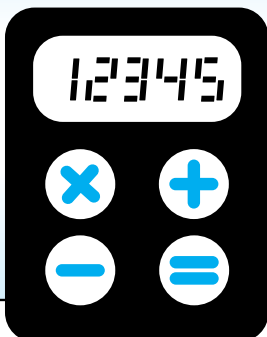
65%

had a routine medical checkup in the past year

62%

of overweight or obese Americans had a routine checkup and did NOT get advice about weight

How Do YOUR Numbers Compare?



When PRC conducts your customized local Community Health Needs Assessment (CHNA), these up-to-date national data give you an important and consistent level of comparison not available through other sources.

And only the PRC CHNA offers you the flexible, timely and robust measurement you need to monitor changes in short three-year implementation cycles.

To learn more, email us at info@PRCOnline or call **1-800-428-7455**.

About the PRC National Health Survey

PRC is the only research firm to conduct regular national research (since 1995) to serve as comparative data for its CHNA clients. The latest PRC National Health Survey reflects a random sample of 1,000 Americans interviewed through a mixed-mode protocol, including telephone (*landline and cellphone*) and internet surveys.



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