



Country Gardens

S E N I O R L I V I N G

7175 Lester Road • Union City, GA 30291 • (770) 969-3130

COMMUNITY DIRECTORS

EXECUTIVE DIRECTOR..... Scott Ulrich
 WELLNESS DIRECTOR..... Memunata Bah
 ACTIVITIES DIRECTOR..... Nicole Harris
 MAINTENANCE DIRECTOR..... Jimmy Hubbard
 FOOD SERVICE DIRECTOR..... Mary Dean



Happy Birthday

August Birthday

Wright..... 7th



August 2015



The Power of Flowers

You've probably heard the old saying, "Stop and smell the roses." Researchers confirm that taken literally, it's good advice. The scent of fresh flowers or floral scents in general can boost your mood, lower stress and even encourage friendliness.

Our plants and flowers have been in full bloom during these summer months. Some residents have enjoyed weeding and watering to keep our facility beautiful, while others have enjoyed the beautiful colors of the flowers as we relax on the porch.





The Maiden Voyage
Residents enjoyed getting out to Walmart.

Sunday	Monday	Tuesday
	 <i>August</i> 	
2	3	4
10:00 AM CHURCH SERVICE WITH BOB AND ELEANOR 2:00 EVENING MOVIE	11:00 AM PEGGY PLAYS PIANO 2:30 PM CRAFTS WITH SOUTHERN GRACE 4:00 PM BIBLE STUDY WITH ZO MITCHELL FAMILY	10:30 AM LIGHT WEIGHTS 11:00 AM BINGO 2:00 PM TRIVIA 3:00 PM NAME THAT TUNE SOCIAL 4:00 PM PORCH TALES 6:00 PM TABLE GAMES
9	10	11
10:00 AM CHURCH SERVICE WITH BOB AND ELEANOR 2:00 EVENING MOVIE	11:00 AM PEGGY PLAYS PIANO 2:00 PM JIM PLAYS GUITAR 2:30 PM CRAFTS WITH SOUTHERN GRACE 4:00 BIBLE STUDY WITH ZO MITCHELL FAMILY	10:30 AM LIGHT WEIGHTS 11:00 AM BINGO 2:00 PM BIBLE STUDY 3:00 PM REMINISCE SOCIAL 4:00 PM GARDEN WALK 6:00 PM TABLE GAMES
16	17	18
10:00 AM CHURCH SERVICE WITH BOB AND ELEANOR 2:00 PM THE GREATER ROCK SOLID BAPTIST CHURCH	11:00 AM PEGGY PLAYS PIANO 1:30 PM BENNIE'S CHOIR 2:30 PM CRAFTS WITH SOUTHERN GRACE 4:00 PM BIBLE STUDY WITH ZO MITCHELL FAMILY	10:30 AM LIGHT WEIGHTS 11:00 AM BINGO 2:00 PM BIBLE STUDY 3:00 PM ELVIS "THE KING" SOCIAL 4:00 PM TRIVIA 6:00 PM TABLE GAMES
23/30	24/31	25
10:00 AM CHURCH SERVICE WITH BOB AND ELEANOR 2:00 EVENING MOVIE	11:00 AM PEGGY PLAYS PIANO 2:00 PM JIM PLAYS GUITAR 2:30 PM CRAFTS W/SGH 4:00 PM BIBLE STUDY W/ZO 11:00 AM PEGGY PLAYS PIANO 2:30 PM CRAFTS W/SGH 4:00 PM BIBLE STUDY W/ZO	10:30 AM LIGHT WEIGHTS 11:00 AM BEACH BLANKET BINGO 2:00 PM BIBLE STUDY 3:00 PM REMINISCE SOCIAL 4:00 PM FRONT PORCH TALES 6:00 PM TABLE GAMES

Movies

- 1) "Annie Hall"
- 2) "Léon: The Professional"
- 3) "Cloudy With a Chance of Meatballs"
- 4) "Grease"
- 5) "Risky Business"

Alternate Titles

- A) "Vaseline" (Argentina)
- B) "Urban Neurotic" (Germany)
- C) "This Hit Man Is Not as Cold as He Thought" (China)
- D) "Just Send Him to University Unqualified" (China)
- E) "It's Raining Falafel" (Israel)

ENTERTAINMENT TRIVIA

Lost in Translation

Many American films are released abroad, but not every title translates well into other languages. See if you can match these movies to their often-amusing alternate titles.

Answers: 1) B, 2) C, 3) E, 4) A, 5) D

"This Month In History" AUGUST

1846: An act of Congress establishes the Smithsonian Institution. The museum and research complex was named for British scientist James Smithson, who bequeathed his \$500,000 estate to the U.S.

1902: Theodore Roosevelt becomes the first U.S. president to make a public appearance riding in a car.

1909: The Indianapolis Motor Speedway holds its first race. The track is home to the annual Indy 500, called the "Greatest Spectacle in Racing."

1926: At the age of 19, American Gertrude Ederle becomes the first woman to swim the 21 miles of the English Channel.

1932: Famed pilot Amelia Earhart flies from Los Angeles to Newark, N.J., making her the first woman to fly solo from coast to coast.

1959: President Dwight D. Eisenhower signs an executive order proclaiming Hawaii the 50th state of the union.

1961: Singer Patsy Cline records the ballad "Crazy" in Nashville.

1969: More than 500,000 people attend the three-day Woodstock Music and Art Fair at a farm near Bethel, N.Y. The Who, Jimi Hendrix and the Grateful Dead were among the festival's famous acts.

1996: Sprinter Michael Johnson breaks the world record in the men's 200-meter and wins a gold medal at the Summer Olympic Games in Atlanta.

2009: The U.S. Senate confirms Sonia Sotomayor as the nation's first Hispanic Supreme Court justice.