

Health Alignment Framework

Aligning Strategies to the Headline Indicator

Headline Indicator Well-Being Index Score

Result 1 (R1) – Central Iowans are physically healthy and increase behaviors associated with positive health outcomes

TIER I

Secondary Indicators that *directly* contribute to headline indicator

1. Physical Well-Being Score
2. Physical Well-Being Thriving/Suffering ratio
3. Obesity rate

Criteria based on research:

1. High Predictive power
2. Incremental results over time

Result 2 (R2) - Central Iowans have a positive outlook and engage in supportive relationships
Result 3 (R3) – Central Iowans live, work, and play in safe, healthy and connected neighborhoods and communities

TIER II

Secondary Indicators that *influence* headline indicator

1. Social Well-Being Index
2. Social Well-Being Thriving/Suffering ratio
3. Percent who have someone in their life who encourages them to be healthy
4. Percent who report feeling stress
5. Community Well-Being Index Score
6. Community Well-Being Thriving/Suffering ratio
7. Percent who always feel safe and secure in central Iowa
8. Percent who are satisfied with the city or area where they live

Criteria based on research:

1. Less Predictive power
2. No Incremental results over time

HEALTH

LEVEL I
Strategy (directly contributes to the population indicator)

Strategies
Strategy 1.1: Increase the availability of and access to healthy foods and fresh fruits and vegetables
Strategy 1.2: Increase opportunities for physical activity and recreation for children and adults

LEVEL II
Strategy (influences the population indicator)

Strategies
Strategy 1.3: Increase access to health prevention and treatment by addressing barriers and supporting individuals to navigate systems

LEVEL III
Strategy (directly contributes to the population indicator)

Strategies
Strategy 2.1: Increase opportunities for vulnerable populations to reduce social isolation and increase positive, healthy social interactions and experiences
Strategy 2.3: Improve access to behavioral health services for children and adults in alignment with the 2015 Behavioral Health in Central Iowa report
Strategy 3.1: Strengthen neighborhoods to promote social engagement and social connectivity

LEVEL IV
Strategy (influences the population indicator)

Strategies
Strategy 2.2: Support healthy brain development and build resilient children, families, and communities
Strategy 3.2: Create safe and health-promoting environments (neighborhoods, workplaces, schools)

NOTE

- The mapping of strategies with specific target performance measure was primarily done from the standpoint of moving the Headline indicator
- A strategy with little relationship to a secondary indicator and headline indicator fall in level IV.