



Greens & Kale Seasoning Mix

Net Weight: 1.00 ounces (28g)

Ingredients: Dextrose, salt, brown sugar, natural smoked torula yeast flavor (barley), worcestershire sauce powder (corn syrup solids, salt, caramel color, garlic, sugar, spices, soy sauce solids [naturally fermented wheat and soybean, salt, maltodextrin, caramel color], palm oil, tamarind, natural flavor), hydrolyzed soy protein, natural flavor, caramel color, spice, disodium inosinate and disodium guanylate, lactic acid, sunflower oil.

Nutrition Facts		
Serving Size 3/4 tsp (2.8g) or 1/2 Cup (93.6g) prepared		
Servings Per Container 10		
Amount Per Serving	Seasoning Mix	As prepared with Kale
Calories	10	35
Calories from Fat	0	5
% Daily Value**		
Total Fat 0g*	0%	1%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	0%
Sodium 320mg	13%	15%
Total Carbohydrate 2g	1%	2%
Dietary Fiber 0g	0%	8%
Sugars 1g		
Protein 0g		
Vitamin A	0%	270%
Vitamin C	0%	40%
Calcium	0%	15%
Iron	0%	4%
Manganese	0%	20%

*Amount in Seasoning Mix. As prepared with Kale contributes an additional 25 Calories (5 Calories from Fat), 0.5 g Total Fat, 50 mg Sodium, 5 g Total Carbohydrate (2 g Dietary Fiber, 2 g Sugars), 3 g Protein.

**Percent Daily Values are based on a 2,000 calorie diet.

Date Information Was Last Refreshed: October 23, 2014

Disclaimer: Ingredients, formulas and labeling regulations tend to change over time. This information may vary from product currently in distribution. Please refer to the actual product for the most accurate ingredient and nutritional information.