

# BASKETBALL SCHEDULE

## sport&health

AT BRAMBLETON\*

42365 Soave Dr. | Brambleton, VA 20148 | 703-774-9500 | sportandhealth.com

**Hour:** M-Th 5am-11pm; Fri 5am-10pm; Sat 7am-8pm; Sun 8am-8pm

Group exercise schedules are also available online at: [sportandhealth.com/classes](http://sportandhealth.com/classes)

MON	TUES	WED	THURS	FRI	SAT	SUN
Open Basketball 5:00am-9:00am	Open Basketball 5:00am-9:00am	Open Basketball 5:00am-9:00am	Open Basketball 5:00am-9:00am	Full Court Basketball (18+) 5:00am-7:00am	Open Badminton 7:00am-9:00am	Open Badminton 8:00am-10:00am
				Open Basketball 7:00am-9:00am	TNT 8:15am-11:15am *Select Dates	TNT 9:00am-11:15am *Select Dates
Kids Activities 9:00am-12:00pm	Kids Activities 9:00am-12:00pm	Kids Activities 9:00am-12:00pm	Kids Activities 9:00am-12:00pm	Kids Activities 9:00am-12:00pm	EP Training *Full Court 9:00am-10:00am	Full Court Basketball (18+) 10:00am-12:00pm
Open Basketball 12:00pm-3:00pm	Open Basketball 12:00pm-3:00pm	Open Basketball 12:00pm-3:00pm	Open Basketball 12:00pm-3:00pm	Open Basketball 12:00pm-6:30pm	Open Basketball 10:00am-2:00pm	Kids Court 12:00pm-4:00pm
Jr. Tennis/Active Kids Full Court* 3:00pm-4:15pm	Kids Court 3:00pm-5:00pm	Jr. Tennis/Active Kids Full Court* 3:00pm-4:15pm	Kids Court 3:00pm-5:00pm		Kids Court 2:00pm-5:00pm	Family Play 4:00pm-6:00pm
EP Training *Full Court 4:30pm-6:30pm	EP Training *Full Court 5:00pm-6:30pm	EP Training *Full Court 4:15pm-6:30pm	EP Training *Full Court 5:00pm-6:30pm	EP Training *Full Court 6:30pm-7:30pm	Open Volleyball 5:00pm-8:00pm	Open Basketball 6:00pm-8:00pm
EP Training *Full Court 6:30pm-7:30pm	Open Basketball 6:30pm-11:00pm	EP Training *Full Court 6:30pm-7:30pm	Full Court Basketball (18+) 6:30pm-9:00pm			
Full Court Basketball (18+) 7:30pm-9:00pm		Open Volleyball 7:30pm-11:00pm	Open Basketball 9:00pm-11:00pm			
Open Basketball 9:00pm-11:00pm						

\*Updated February 2014

**Full Court Basketball (18+) - Full Court Games for adults AGES 18 AND OVER ONLY.**

**Kids Activities - Entire Court Closed**

**Open Basketball - Open to shoot around or games. Games will take precedence**

**Open Volleyball - Open to pick-up Volleyball (16yr+) \*Members must set up & clean up Volleyball net.**

**Kids Court - Members 17 and under only can play on the court. Age 14 and below must have parent or guardian present in the club.**

**Family Play - Parents with children 15 and younger (Parents must be present on the court for children 10 and under)**

\* If Explosive Performance is not using the court, "open basketball" is available.

**TNT RESERVED DATES:**

- Saturday, February 1
- Saturday, February 15
- Saturday, March 8
- Saturday, March 15
- Saturday, April 12
- Saturday, April 26
- Sunday, April 27

