



THE KINESTHETIC CLASSROOM: **"TEACHING & LEARNING THROUGH MOVEMENT"**

Training Agenda:

Trainings are held from 8am – 4pm each day.

Monday:

What is Action Based Learning?

Keynote by Mike Kuczala

- Introductions
- What makes ABL unique?
- The ABL Mission, Philosophy and History
- Brain Based vs. Brain Compatible
- Meeting current education trends like Common Core,
- 21st Century Leadership and Race to the Top
- Jean demonstrates sample presentations

What is a Kinesthetic Classroom?

Keynote by Jean Blaydes Moize

- Introductions
- What makes a Kinesthetic Classroom unique?
- The Kinesthetic Classroom Mission, Philosophy and History
- The Brain/Body Connection
- What is the 6-Part Framework for using movement in all classrooms thoughtfully and purposefully?
- The 6 key brain principles that support using movement in all classrooms
- What does movement enhance the learning process?

Tuesday: Action Based Learning Topics

- Common Core KIDS
- Teaching the Brain in Poverty
- Teaching the Teen Brain
- Does PE make you smarter?
- Language acquisition through ABL in Reading, Literacy, and ESL

Wednesday: Creating a Kinesthetic Classroom

- Teaching the Whole Child
- Why Movement?
- Types of Movement
- Flow of movement throughout the day
- Flow of movement in each lesson
- Classroom management
- Facilitation of individuals, partners, groups
- Clear, consistent directions

Thursday: Action Based Learning in Action

- Action Based Learning in your school and school district
- ABL Programs and Possibilities
- Networking
- Graduation ceremony
- Official Certification