

**Welcome
Lorraine Shamon**



Lorraine joins the staff at Old Colony Hospice as our Volunteer Program Administrator.

We are excited to have Lorraine as a member of our team.

If you are interested in volunteering, please contact Lorraine to learn more about the opportunities available – Patient Visits, Pet Therapy, Reiki, Office/Event Support and more.

Contact Lorraine at 781-341-4145 or lsamon@oldcolonyhospice.com

Highlights & Happenings

Message from Toni Eaton, President & CEO

Why do half of the hospice eligible population not use hospice? There are many reasons: they are scared because of the misconceptions they have about what we do; they are uninformed; they don't know where to turn or how to start; the family thinks they can manage; they don't want to give up because their loved ones may be sad and so many more reasons that we hear all too often.

In the year 2000, 21% of those eligible for this extraordinary compassionate care received it. Today, that number has doubled and almost 50% of those eligible are using hospice but that means that 50% of the population could still benefit from hospice care and they are not. How can we help them understand what you, the members of the Old Colony Hospice family know?



We need your help to share with your family, friends and colleagues that hospice is about living well during a difficult time.

Marilyn, the sister of a patient, writes: "I don't know how the aide managed to care for my brother because his bathroom was so small but she did. She had such a way of kidding him and one day she said something and he told her – 'if you don't behave we may have to fire you'. We all laughed about that

for days because we knew that would never happen. Without the aide, the nurses, and the entire Old Colony Hospice team we could not have kept him home and in good spirits – you were a God send."

Ann, the daughter of a patient writes: "Two days before my dad passed he told the nurse 'This is the best medical treatment I have ever had' and we were so happy because he was so happy. We only wish our mom had been cared for by Old Colony Hospice. She did not have the same end of life experience because we didn't know the difference and didn't realize we had a choice."

Please help us by spreading the word about Old Colony Hospice to family, colleagues, friends and neighbors. Don't they deserve the very best in end of life care for their loved ones too?

National Healthcare Decisions Day - April 16, 2015

You or a loved one has been in an accident or fallen ill and cannot communicate your wishes to the treating healthcare providers. What happens next? It is bad enough that you find yourself in this situation but to have not shared what you want with your loved ones if this instance should occur leaves your loved ones, who are so emotionally overwrought without the clear knowledge of your wishes. *Don't wait. Take action now. Your decisions matter.*

If you are uncomfortable having the face to face conversation write it down, send them an e-mail or tell



them where they can find all of your documents. Be sure to make it easily accessible. Be sure you keep copies too. You could even keep a card in your wallet in the event of an emergency and someone cannot be reached.

All too often, we find ourselves in these unexpected situations (and even the expected ones) where there is no clear information on what to do regarding your healthcare decisions.

Most of us remember the

story of Terri Schiavo which revealed that having an advance directive is so important, regardless of your age or your health situation.

In 1990, Congress passed the Patient Self-Determination Act to give all of us the right put his or her future healthcare wishes in writing with an "advance directive." Estimates suggest that only about 25% of all Americans have done so. Advance directives can be created without a lawyer, for free,

relatively easily, and yet 75% of the population is still unprotected. *Are you?*

Free forms from every state are available at www.nationalhealthcaredecisionsday.org along with more information and tools you may need.

You can also visit www.caringinfo.org to understand what the acronyms and terms that you hear in an emergent situation mean: DNR, DNI, CPR, artificial nutrition and hydration, a living will, medical power of attorney more often known as a healthcare proxy.

Don't wait. Take action now. Your decisions matter.

The Prone Family Foundation Helps to Expand Palliative Care

The Prone Family Foundation has generously offered to help Old Colony Hospice and Palliative Care expand our Palliative Care Consultation Service with a challenge gift. The Foundation will match all gifts up to \$12,500 for a total of \$25,000.

These funds will be used to help us bring our Palliative Care Consultation Service into the 5 new towns we are now serving in southeastern Massachusetts including Kingston, Franklin, Wrentham, Plainville and Norfolk.

"We are so grateful to the Prone Family Foundation for becoming a partner with us so that we can improve the quality of life for individuals living with a complex illness" says Toni Eaton, RN, BSN, MS, President and CEO.

In 2011, Dr. Diane E. Meier and Rich Umbdenstock, CEO of the American Hospital Association, explained that patients with complex illnesses comprise only 5%-10% of patients, but account for two-thirds of the country's healthcare costs. In spite of this, "these patients and their families report untreated symptoms, unmet needs, high caregiver burden and low satisfaction." This is where Palliative Care comes into play. This number continues to grow as more and more people are faced with complex illnesses and still want to pursue curative treatments and live their lives.

The Old Colony Hospice Palliative Care Team listens to patients so they understand their needs and values and can then tailor their care plan to meet the

patient's goals all in conjunction with their existing caregivers including their physician, VNA and home care agencies. Our program aims to:

- Relieve and manage pain and other distressing symptoms
- Minimize hospital visits and re-hospitalization
- Assist with care goals and advance directives
- Eliminate unnecessary medications and the simultaneous use of multiple drugs to treat a single ailment or condition
- Improve patient comfort, dignity, quality of life and outcomes
- Increase understanding of disease process and treatment options.

Thanks to Stephen Prone,

Trustee of the Prone Family Foundation and donors that, we hope, will join this effort to meet the foundation's challenge, we can expand our program to these new towns through education and awareness to clinicians and the community about the Palliative Care options available to them.

Please help us meet this challenge. Contact Linda Werman, Director of Philanthropy at 781-318-7370 or send an e-mail to lwerman@oldcolonyhospice.com. If you would like more information about our Palliative Care Consultation Service visit our website at www.oldcolonyhospice.org or call 781-341-4145 and ask to speak with Colleen Russell, Palliative Care Administrative Coordinator.

"Heart for Hospice" Bracelet Benefits Old Colony Hospice

The Women's Craft Cooperative of Rosie's Place in Boston, MA developed the Heart for Hospice in honor of the care we provide to patients and families.

The bracelets are a beautiful combination of glass beads and silver, accented with a dangling heart, the logo of Old Colony Hospice. The bracelets are affordably priced at \$20 each plus \$5.95 shipping.

Great for all occasions to recognize staff, birthdays, bridesmaid gifts, anniversaries, holidays and more.

Toni Eaton, President & CEO of Old Colony Hospice explains that "proceeds from the sale of these beautiful hand-crafted



"Heart for Hospice" Bracelet

Cooperative of Rosie's Place for designing this beautiful piece."

bracelets will help us to continue to offer the very best in hospice and palliative care to our patients and families. We are so grateful to the talented and caring woman of the Women's Craft

The Heart for Hospice bracelets may also be purchased by visiting our website: www.OldColonyHospice.org or in person at our offices in Randolph, Monday through Friday from 8:00am to 4:30pm.

For more information about The Women's Craft Cooperative of Rosie's Place visit www.rosiesplace.org/how_we_help/opportunity/social_enterprise



Old Colony Hospice has partnered with America Upcycles on an initiative to protect the environment and create charitable giving to our organization.

What is Upcycling? Electronic Upcycling extends the device's useful life with a mission to keep electronics out of landfills and create funding for non-profit organizations!

How will this benefit me and Old Colony Hospice? This is a no-cost program to both you

and OCH. You are getting rid of your unused electronics that are taking up space in your home or business while having a positive global impact on the carbon footprint! OCH will receive 50% of the proceeds from all products that are Upcycled.

What devices qualify? Almost any electronic device you can think of qualifies. Visit the following website for the details: www.americaupcycles.com/pdf/largecollections.pdf

Is it safe to send in devices

with data on them? YES!

America Upcycles has the highest level of processing, recycling, data destruction and security measures in the industry. They use the highest level of Department of Defense and HIPAA compliant data destruction software to ensure none of your personal information is ever compromised.

Can I ask my family and friends to donate too? YES! Please tell your family and friends to gather their unwanted or retired electronics. They can print free UPS shipping labels to ship from anywhere; drop off at OCH or at our Annual Memorial Walk

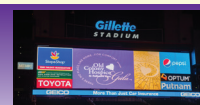
on Sunday, April 26th. Print free UPS shipping labels by visiting: www.americaupcycles.com/och

Businesses can save money, be green and be great corporate citizens- here's how: Do you own or work for a business with Corporate ITAD and would like to cut or reduce your recycling expenses? Does your company have a green committee? Do you want to offer a great employee or customer engagement opportunity? If you answered yes to any of these questions – sign up today at www.americaupcycles.com/email/och.html or call Linda Werman, Director of Philanthropy at 781-318-7370.



35th Anniversary Gala

Giving Compassionate Care Every Day Since 1979



The Old Colony Hospice and Palliative Care family came together at the Putnam Club, Gillette Stadium, Foxboro, MA to celebrate our organization's 35th anniversary and to recognize every day heroes who have been advocates to make end of life care better for the people we have the great privilege to serve.



At this event it was an honor to recognize individuals with our Compassion Medallion that was established in honor of our agency's 35 years of service to the community. The Compassion Medallion is awarded to those who have been advocates on behalf of the patients and families we serve. These honorees make it possible for us to give compassionate end of life care each and every day.



Compassion Medallion Recipients pictured below [left to right] with Toni Eaton, RN, BSN, MS President and CEO, Martin McGovern, Chairman of the Board, and Linda Werman, Director of Philanthropy include:

- (1) **Doris Cohen** - Old Colony Hospice Office and Event Volunteer;
- (2) **Jon Enos** - Enos Home and Medical;
- (3) **Peter Healy, President** accepting for **Dr. Mark Hodgman** - Beth Israel Deaconess Milton Hospital;
- (4) **Madeline O'Reilly** RN, BS, MS - former VP Clinical Services Old Colony Hospice;
- (5) **Lori Pigeon**, NP, MS - Signature Medical Group, Signature Healthcare;
- (6) **Steve Zulon** - Old Colony Hospice Patient Volunteer



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Visit our Blog

www.oldcolonyhospice.org/blog/

17th Stepping Out for Old Colony Hospice Memorial Walk and 5K

Giving Compassionate Care One Step at a Time

Date: Sunday, April 26, 2015

Time: 11:30am Registration ~ 12:30pm Walk/5K ~
1:30pm Post Walk Celebration

Location: Irish Cultural Centre, 200 New Boston Drive, Canton, MA

Sign up today at www.ochwalk5k.kintera.org and join us for a special celebration when we invite our families, staff, volunteers, friends and the community to join us to remember and honor loved ones with a 5K walk and run. Flat, well-marked, private course for walkers and runners or a 2 mile scenic wooded trail. Photo booth, great music, lunch from Texas Roadhouse, craft corner, and so much more. There is something for everyone. Bring the strollers, scooters and the whole family. The event goal is to raise \$85,000 to support families in our care today.

Generously Supported by: **Diamond Sponsor:** Enos Home Medical, Harbor One Bank. **Platinum Sponsors:** Conley Funeral & Cremation Service, Manning Personnel Group Inc., The Orlando Family; **Gold Sponsor:** Beth Israel Deaconess Milton Hospital, Chase Corporation, Don & Marilyn Rodman, Fraternal Order of Eagles Aerie #841.

Golf Classic XIII – A sell-out event!

Giving Compassionate Care One Swing at a Time

Date: Monday, July 27, 2015

Time: 11:30 Registration ~ 12:30pm Tee Off

Location: Wollaston Golf Club, Milton, MA – private, member owned 18 hole golf club

Old Colony Hospice rolls out the red carpet at our annual golf tournament when golfers come together to take a swing for compassionate care. Don't miss your chance to play in this premier tournament at the exclusive member only course, Wollaston Golf Club in Milton, MA. This event sells out every year so be sure to sign up early. The day includes 2 fabulous meals, golf with cart, gift for each golfer, use of the member amenities, raffles, auction, on-course activities, contests and so much more. A special feature is our Helicopter Golf Ball Drop when 1500 numbered golf balls fall from above on the 18th fairway and the 3 lucky winners go home with cash prizes from \$1500 - \$500. The event goal is to raise \$100,000 to ensure that we can continue to give patients what they need and deserve.

Generously Supported by: **Anchor Sponsor:** Enos Home Medical; **Titanium Sponsor:** The Boston Company Asset Management; **Silver Sponsor:** Sardinha Family Trust/Dunkin Donuts



SAVE THE DATE