



DATE \_\_\_\_\_

**PATIENT PROFILE**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Preferred name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender: \_\_\_\_\_

**A note to our patients:** Please complete this two-sided questionnaire as thoroughly as possible in order to aid your physician in your diagnosis and treatment. This is a confidential record of your medical treatment and will not be released, except when you have provided us with written authorization to do so. Thank you.

**PRESENT HEALTH CONCERNS**

| Please list most important health concerns in their order of significance. | Prior diagnosis of this problem? If so, what? | Physician who diagnosed your condition? |
|--|---|---|
| 1  |   |   |
| 2  |   |   |
| 3  |   |   |
| 4  |   |   |

What goals do you have for your visit at the clinic today? \_\_\_\_\_  
\_\_\_\_\_

Have you ever consulted a Naturopathic physician, an Acupuncturist, a Nutritionist or a Counselor before?  
(please circle)

Do you have any questions about our clinic or the care that you've chosen today? \_\_\_\_\_  
\_\_\_\_\_

Please list prescription medications that you are currently taking, with dosages:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

List vitamins, minerals, herbs, homeopathic remedies, etc. that you are currently taking, and include dosages:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

Please list any severe or **life-threatening allergies**: \_\_\_\_\_

Explain: \_\_\_\_\_

**Personal Habits:**

Please circle any of the following substances that you use regularly: Tobacco Coffee/black tea/cola  
Alcohol Recreational drugs

Do you follow any particular diet regimens or restrictions? If yes, please describe: \_\_\_\_\_

Do you exercise regularly?  Yes  No What type? \_\_\_\_\_

How long? \_\_\_\_\_ How often? \_\_\_\_\_

**Past History:**

Hospitalizations: \_\_\_\_\_

Serious Illnesses and Injuries: \_\_\_\_\_

Date of last visit to your physician \_\_\_\_\_ Date of last blood tests: \_\_\_\_\_

**Personal and Family History:**

Please check the “yes” box next to each condition that applies to you or one of your family members. Please note whether condition applied to family member in the past or currently by denoting a “P” for past or “C” for current. Indicate the relationship or the word “self” in the “Relationship” column.

|                           | YES | RELATION | DATES RESOLVED<br>Past(P)/Current(C) |                     | YES | RELATION | DATES RESOLVED<br>Past(P)/Current(C) |
|---------------------------|-----|----------|--------------------------------------|---------------------|-----|----------|--------------------------------------|
| Alcoholism/Drug Addiction |     |          |                                      | Headaches           |     |          |                                      |
| Allergies                 |     |          |                                      | Heart Disease       |     |          |                                      |
| Anemia                    |     |          |                                      | Hepatitis           |     |          |                                      |
| Arthritis                 |     |          |                                      | High Blood Pressure |     |          |                                      |
| Asthma                    |     |          |                                      | Kidney Disease      |     |          |                                      |
| Cancer                    |     |          |                                      | Mental Illness      |     |          |                                      |
| Depression                |     |          |                                      | Stroke              |     |          |                                      |
| Diabetes                  |     |          |                                      | Tuberculosis        |     |          |                                      |
| Eczema                    |     |          |                                      | Other               |     |          |                                      |
| Epilepsy                  |     |          |                                      |                     |     |          |                                      |

**Social History:**

Please circle those that apply: Single Married Significant other

Do you have any children? Yes No Please list their age(s) \_\_\_\_\_