- Use a hands-free device to help reduce distraction and maintain focus.
 Safety-conscious drivers can use features such as speed dial.
- Place the phone where it allows the driver to maintain eye contact with the road.
- > When feasible, pull safely off the road to make a phone call.
- > Use a phone with memory dial to minimize dialing.
- > Let voicemail handle incoming calls if traffic or road conditions require your undivided attention. You can return them later.
- Avoid or delay calls that involve intense concentration. If the subject matter is going to deter your attention away from the road, the call should be made at another time.
- In addition to cell phone usage, please exercise extreme caution while adjusting vehicle controls. Protect yourself, your family, and other motorists from suffering a tragedy due to inattentive driving.
- Pay attention to the road and changing traffic conditions; safety should always come first. End a phone call if traffic becomes heavy or road conditions are hazardous.
- > Make calls from your car only when necessary.
- > Ask a passenger to place or take a call, or let calls go into voice mail.
- > Never take notes or look up phone numbers while driving.
- Make use of services such as directory assistance with call completion. These services reduce distraction for motorists by looking up numbers and dialing them.