

# The Academic Mindsets



## Mindset #1: Growth

- Effort Equals Increased Intelligence and Ability
- Persist Even with Setbacks
- Believe in Continued Growth



## Mindset #2: Self-Efficacy

- Believe in Success
- Goals Are Attainable
- Must See a Clear Path to Reach Goal



## Mindset #3: Sense of Belonging

- Feeling of Belonging to the Learning Community
- Connect Learning with Social Rewards
- Belonging Equals Engagement, Which Leads to Pushing Their Potential



## Mindset #4: Relevance

- Work Has Value And Purpose
- Value the Skills and Knowledge They Are Attaining
- Find Work Relevant and Interesting