



## FOR IMMEDIATE RELEASE

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### **New Workshop on Main Line Helps Parents Support Children through Divorce**

**Bryn Mawr, PA, April 23, 2014** – A new free workshop will be held for Main Line parents to support and nurture their children through separation and divorce. April 22<sup>nd</sup> and April 29<sup>th</sup> at The Middleton Center at Bryn Mawr Presbyterian Church, from 7-8:30pm Mothers, fathers, as well as extended family members are encouraged to attend this 2-part series.

“It’s so helpful for parents to have a safe place to hear authentic children’s voices (using the documentary, *Split*) and to hear what it feels like from their perspective,” says co-facilitator, Stephanie Newberg, M.Ed, LCSW, a Bryn Mawr psychotherapist and counselor specializing in helping parents through all stages of divorce.

“If a marriage doesn't work for parents, it is a relief to know that parents can still work for their children.” says Sandi Sherr, M.Ed, co-facilitator, and custody and parenting mediator at Main Line Family Law Center.

“The quality of the interaction is unique in this setting. Stephanie and Sandi create a safe place for participants to be vulnerable and heard,” believes Reverend Joyce Krajian, Director of the Middleton Center at Bryn Mawr Presbyterian Church.

Plans are being considered as to how best to continue to meet the need of the growing number of mothers and fathers on the Main Line through separation and divorce.

**About [Main Line Family Law Center](#)** – Main Line Family Law Center provides personalized, compassionate support and guidance to the increasing number of couples [seeking a positive way](#) to end their marriage without spending away their life savings. Offices are located in Radnor, Media, Bala Cynwyd, Center City, Philadelphia, Malvern and Plymouth Meeting. Visit Main Line Family Law Center at [www.myhealthydivorce.com](http://www.myhealthydivorce.com).

**About the Middleton Center** - The mission of the Middleton Center - a specialized ministry of Bryn Mawr Presbyterian Church - is to help people navigate the turning points of their lives and to live more fully and effectively. Counselors offer professional care with a pastoral concern, integrating the disciplines of psychotherapy with religious beliefs and/or spiritual development. Visit [www.middletoncenter.org](http://www.middletoncenter.org)