

LIFE ESSENTIALS

Spiritual Growth

Additional Study - Milestone 1



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MILESTONE
ONE

THE IMPORTANCE OF
SPIRITUAL GROWTH

What does it mean to grow spiritually? Why does it seem so hard to grow? How long does it take? These are questions that can create an enormous amount of confusion on the matter of how Christians grow spiritually. Understanding the purpose of spiritual growth is critical to our development as Christians. Second Peter encourages us to “grow in grace and knowledge of our Lord and Savior Jesus Christ.”

This milestone begins our journey. We will explore the importance of spiritual growth in the life of a Christian.

KEY VERSE

"...like newborn babes, long for the pure milk of the word, that by it you may grow in respect to salvation..."

- 1 Peter 2:2

BIBLE REFERENCES

1 Peter 2:2

John 3:30

2 Peter 3:18

Isaiah 43:7

1 Corinthians 10:31

Luke 18:29-30

2 Corinthians 3:13

Romans 8:28



BEGIN THE JOURNEY

1. Read chapter 1 in Life Essentials.
2. Read Key Verse 1 Peter 2:2.

1 Peter 2:2

“Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation,” (NIV)

According to Life Essentials, how is spiritual growth defined?





DAY TWO



1. Begin to memorize the Key Verse 1 Peter 2:2.
2. Read 1 Peter 2:2 & John 3:30.

1 Peter 2:2

“Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation,” (NIV)

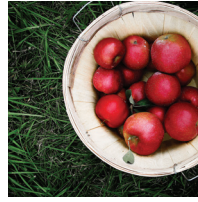
John 3:30

“He must become greater; I must become less.” (NIV)

According to Life Essentials, there are two crucial reasons that validate the need for spiritual growth. What are those reasons?



DAY THREE



1. Practice writing the Key Verse 1 Peter 2:2 to assist in memorization.
2. Read 2 Peter 3:18.

2 Peter 3:18

“But grow in the grace and knowledge of our Lord and Savior Jesus Christ. Him be the glory, both now and to the day of eternity!” (NIV)

Based on 1 Peter 2:2, Peter gives us the goal for spiritual growth. In your own words, describe the goal.



DAY FOUR



1. Practice writing the Key Verse 1 Peter 2:2 to assist in memorization.
2. Read 2 Peter 3:18.

2 Peter 3:18

“But grow in the grace and knowledge of our Lord and Savior Jesus Christ. Him be the glory, both now and to the day of eternity!” (NIV)

What is the desired result of spiritual growth according to 2 Peter 3:18?





DAY FIVE



1. Practice reciting the Key Verse 1 Peter 2:2 to commit it to memory.
2. Read Luke 18:29-30; 2 Corinthians 3:13; Romans 8:28.

Luke 18:29-30

"²⁹ Truly I tell you," Jesus said to them, "no one who has left home or wife or brothers or sisters or parents or children for the sake of the kingdom of God ³⁰ will fail to receive many times as much in this age, and in the age to come eternal life." (NIV)

2 Corinthians 3:13

"We are not like Moses, who would put a veil over his face to prevent the Israelites from seeing the end of what was passing away." (NIV)

Romans 8:28

"And we know that in all things God works for the good of those who love him, who[a] have been called according to his purpose." (NIV)

Explain the benefit of growing God's way revealed in 2 Corinthians 3:13.



TAKEAWAYS

- The goal of spiritual growth is that we grow in respect to salvation.
- We give God glory by growing spiritually.
- Spiritual growth is progressively allowing Christ to live His life in and through us.



