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Fricassee of Escargots with Sweet Carrot puree, roasted shallots, and herb salad

1

Neutral oil
1/4 cup chopped carrots
1/4 cup chopped turnips
1 clove garlic, crushed
1 cup dry red wine
3 tbsp. Port

1/2 cup bone marrow, diced
2 tbsp. shallot, minced
1 tbsp. flour

1 1/2 cup veal stock
1/2 cup water
chervil, parsley, tarragon, bay leaf

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Fricassee of Escargots with Sweet Carrot puree, roasted shallots, and herb salad CONTINUED

2

1/2 pound carrot, mirepoix
2 cups cream
salt

6 large shallots
neutral oil
salt

2 tbsp. shallot, minced
24 Wild Burgundy Snails

croutons
fines herbes

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