

Curriculum Vitae

NAME: Mark Jack Cotlar, MD

PRESENT POSITION AND ADDRESS AND PHONE:

President
Strategic Medical Consulting, Inc.®
1427 West 86th, Suite 363
Indianapolis, IN 46260

Voice: 317-536-2603
Fax: 317-222-1419
Email: jcotlar@strategicmedconsulting.com
Web : www.strategicmedconsulting.com
Linkedin: <http://www.linkedin.com/in/jcotlar>

BIOGRAPHICAL

Born: March 1, 1951 in Houston Texas
Married: August 1979
Children: Daughters ages 29, 26 and 24

Home: Indianapolis, Indiana

EDUCATION

1969-1973 University of Texas at Austin; BA. Graduated with honors
1973-1977 Louisiana State University School of Medicine, New Orleans; MD
1977-1980 Scott and White Memorial Hospital, Internal Medicine Residency

PROFESSIONAL

2010 - present Medical Director of United Farm Family Life/United Home Life Insurance Companies
2007- present President, First Financial Resources
2007- present President, Strategic Medical Consulting, Inc.®
2001-2007 Vice President and Medical Director, Amerus Life Insurance Group (Indianapolis Life, an Amerus company), acquired by Aviva 11/06
1999-2001 Vice-President & Medical Director – Indianapolis Life Insurance Co.
1996-1999 Management position in the underwriting department
1995-1999 Full-time Medical Director – Indianapolis Life Insurance Company
1993-1995 Part-time Medical Director – Indianapolis Life Insurance Company
1993-1995 Northside Cardiology – Staff physician (Internal Medicine)
1992-1995 Part-time Medical Director – Indianapolis Life Insurance Company
1992-1993 Private Practice Partnership (Internal Medicine)
1990-1992 Meridian Medical Group – Staff physician
1990-present-Staff physician Methodist and St. Vincent Hospitals (Indianapolis)
1980-1990 Highland Hospital / HCA – Highland Hospital – Staff physician
Chief of Medicine (1985-1986)
Executive Committee (1985-1987)

1980-1990 Highland Clinic (Shreveport, LA) - Staff physician
Executive Committee (1985-1987)
Budget Committee (1986-1988)
Pension Plan Committee (1986-1990)

LICENSURE: Indiana # 01038105

BOARD CERTIFICATION:

American Board of Internal Medicine
American Board of Insurance Medicine

MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS:

American Academy of Insurance Medicine (AAIM)
2008- present Educational Committee member
2007- 2008 Scientific Committee member
1998-1999 Scientific Program Vice-chair
1999-2000 Scientific Program Chair
1999-present Case Study Assistant editor of the Journal of Insurance
Medicine
2000-2006 Board of Insurance Medicine
2000-2006 Member of the Executive Council of AAIM American
2000-2007 – Genetics Issues Committee
2000-2007 – Medical Issues Committee
2003-2004 – Vice Chair of Genetics Issues Committee
2005-2006 – Co-chair of Genetics and Medical Issues Committee
2009-present Member of the Educational committee of AAIM

PUBLICATIONS and PRESENTATIONS:

*Various presentations to underwriting groups and producer groups including the
International Forum, February 2011*
*Giant Cell Arteritis Complicated by Aortic Aneurysmal Disease, Journal of
Insurance Medicine 2006;38:136-138*
Faculty for Triennial education conference for the American Academy of
Insurance Medicine, February, 2006
Presentation: Rheumatoid Arthritis. Metropolitan Underwriting Discussion Group
(MUD), New York City, January 23, 2006
Myocardial Bridging – Journal of Insurance Medicine 2004;36:355-338
Faculty for Triennial education conference for the American Academy of
Insurance Medicine, 2003
Attention Deficit and Hyperactivity Disorder (ADHD); Life Insurance Implications.
Journal of Insurance Medicine 2003;35:51-56
*Androgen-Androgenic Steroids (AASs), the Athlete and Mortality. Journal of
Insurance Medicine 2001;33:251-256.*
*Bridging the Underwriter and the Applicant. Journal of Insurance Medicine
2000;32:109-111*
*Hypertension in the Elderly. Vol 6, Number 1; April 1999. American United Life's
Medical Rounds.*

September 27-28, 2000 – Indianapolis Life Client Company Forum
“Bridging the Underwriter and the Applicant”
“The Older Age Underwriting Manual”
It Pays to Stay in Shape. Indiana Runner. May 1996

CIVIC ACTIVITIES

2009 - present B'nai Torah Congregation – Executive Board member
1998 - present Hasten Hebrew Academy – Board member
1995 - 2004 Volunteer teaching for Methodist – I.U. Internal Medicine
Residency program
Jimmy Carter Habitat for Humanity International – participant in home building
projects
Houston, Texas – June, 1998
Manila Philippines – March, 1999
Americus, Georgia – September, 2000
South Korea- September, 2001

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