



Real Experience. Real Training. Real Results.<sup>SM</sup>

**OSHA General Safety Programs  
First Aid / CPR / AED Training**

<b>Applicability:</b>	All personnel who may encounter a victim suffering from an injury resulting from either medical or traumatic causes.
<b>Prerequisites:</b>	None
<b>Frequency and Duration:</b>	This training program requires 8 hours to complete, and retraining is recommended to keep certification current.

**Purpose and Overview:**

Safety Training Services, Inc. will conduct an 8-hour training program on Basic First Aid / CPR / AED in accordance with EMS Safety Services (<http://www.emssafetyservices.com/>) guidelines that satisfies OSHA regulations. Hands-on exercises and section review questions reinforce training. Program requires written and skills testing. After attending this class, participants will know:

- How to use the EMS system.
- How to identify and care for breathing emergencies.
- How to identify and care for heart attack and cardiac arrest in adults.
- How to reduce the risk of heart attack.
- How to identify and care for life-threatening bleeding.
- How to identify different sudden illnesses, and injuries and provide care.
- How to care for different types of wounds.
- How to splint dislocations, strains, sprains, and fractures.

**Training Materials: Those attending this training program will receive an EMS Safety Services training manual and EMS Safety Services certification wallet card for First Aid/CPR/AED upon completion.**

Note: If you require a company specific program (such as American Red Cross or American Heart Association) we do have instructors on staff authorized to provide these courses on an as-needed basis. If you want to talk more about the differences in these programs – please call today.

**FOR MORE INFORMATION OR TO REGISTER CALL US TOLL FREE  
877-724-2744**