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**OSHA 10
General Industry Voluntary Compliance Program
29 CFR 1910**

- Applicability:** All personnel that have to be aware of various dangers in their workplace.
- Prerequisites:** None
- Frequency and Duration:** This training program requires 10 hours of instructor time to complete over 2 days. The first day is 8 hours; the second day is 4 hours. There is no Refresher course mandated by OSHA.

Purpose and Overview:

Safety Training Services, Inc. presents this comprehensive training program intended to provide instruction on a variety of mandatory and optional topics in General Industry Safety and Health to entry level participants. This 10-Hour program is presented with a mixture of classroom instruction and hands-on exercises.

Team Development skills are emphasized in all aspects of this course. After attending the 10-Hour course, students will have covered:

- Introduction to OSHA (mandatory)
- Walking/Working Surfaces (mandatory)
- Exit Routes, Emergency Action Plans, Fire Prevention and Protection Plans (mandatory)
- Electrical Hazards (mandatory)
- Personal Protective Equipment (mandatory)
- Hazard Communication (mandatory)

In addition to the mandatory subjects, 2 elective subjects and 2 optional subjects will be covered. Classes can also be customized, job specific, to the attending audience:

- Hazardous Material Flammable/Combustible (elective)
- Machine Guarding (elective)
- Confined Space Entry Awareness (optional)
- Lock Out/Tag Out (optional)

Training Materials: Those attending this training program will receive a training manual, wallet card, and a certificate of completion.

FOR MORE INFORMATION OR TO REGISTER FOR CLASS CALL US TOLL FREE 1-877-724-2744