

## Withdrawal Symptoms

### Selective Serotonin-Reuptake Inhibitors (SSRI)

Includes:

Fluoxetine (Prozac)  
Fluvoxamine (Luvox)  
Paroxetine (Paxil)  
Sertraline (Zoloft)

Citalopram (Celexa)  
Escitalopram (Lexapro)  
Duloxetine (Cymbalta)  
Effexor (Venlafaxine) (SNRI)

### Withdrawal Symptoms:

- Abrupt withdrawal from high doses may occasionally cause a syndrome consisting of-
- > **Somatic Symptoms:** dizziness, lethargy, nausea, headache, fever, sweating, malaise, incoordination, insomnia, vivid dreams;
- > **neurological symptoms:** paresthesias, dyskinesias, "electric-shock-like: sensations, visual discoordination;
- > **psychological symptoms:** anxiety, agitation, crying, irritability, confusion, slowed thinking, disorientation; rarely aggression, impulsivity, hypomania, mania.

Most likely to occur 24-48 hours after withdrawal (re-institute drug and taper more slowly)

Incidence related to half-life of antidepressant - reported most frequently with paroxetine, least with fluoxetine.