

Fall
2010

Complimentary Copy

linkage

Tennis, Anyone?

*Deupree Resident
Paul Flory Honored*

Voted Best

Marjorie P. Lee, St. Paul
Village, Deupree House

Stars In Her Eyes

MPL's Carol Starrett
Goes Hollywood



ERH

Episcopal Retirement Homes

linkage

TABLE OF CONTENTS

| | |
|--------------------------------|------------|
| Readers Choice Honors..... | 3 |
| Three Speak at Conference..... | 4 |
| Korean Students Visit..... | 4 |
| Affordable Housing..... | 5 |
| Paul Flory Honored..... | 6 |
| MPL: More to Love..... | 8 |
| Cooking up Rapport..... | 9 |
| Singular Sensation..... | 10 |
| Going Hollywood..... | 12 |
| Art, Guest Chef & More..... | 14 |
| Patch Adams to Visit..... | 15 |
| A Donor Story..... | Back Cover |

WE WELCOME YOUR COMMENTS!

The Linkage Editor
Episcopal Retirement Homes
3870 Virginia Avenue
Cincinnati, Ohio 45227
Phone: (513) 271-9610
Editors: Ken Paley
John Cummings
Megan Kron

© Copyright 2010 by Episcopal Retirement Homes, Inc. Nothing shown or written may be reproduced in any form without written permission from the editors.

LINKAGE IS AVAILABLE ONLINE!

To better serve you, Linkage magazine is available via e-mail and the Episcopal Retirement Homes website at www.EpiscopalRetirement.com. If you would like to be removed from the Linkage mailing list, please call (513) 271-9610.

MAKE A DONATION ONLINE!

For your convenience, donations are now accepted online at www.EpiscopalRetirement.com under Charitable Giving.

Linkage is a resource to address issues and interests of older adults, providing a link between ERH's programs and its service area. For more than 50 years Episcopal Retirement Homes has been a not-for-profit, financially sound organization dedicated to improving the lives of older adults through innovative, quality services based upon their values and delivered by highly experienced, deeply committed professionals.



Corporate Board of Directors

Trish Martindell, Chair

Richard N. Adams
Kit Duval
The Rev. Bruce Freeman
Tate Greenwald
John E. Harris Jr., C.F.P.
Harry Kangis
Aldy Kuertz
Jane Kuntz
Bob LaShelle
Keith Lawrence
Andrea Lindell, Ph.D., R.N.
Jeffrey P. March

Dixon Miller
The Rt. Rev. Kenneth Price Jr.
Miner Raymond
Thomas M. Regan
C. Miles Schmidt Jr.
Michael T. Schueler
Gates Smith
Robin Smith
The Rev. Anne Warrington Wilson
Lauris W. Woolford
Ann Wurzelbacher

Foundation Board of Directors

William C. Knodel, Chair

Chester R. Cavaliere
Gerald J. DeBrunner
Tate Greenwald

H. Noel Horne
Michael C. Krug
R. Douglas Spitler

Episcopal Retirement Homes, Inc.
3870 Virginia Ave., Cincinnati, Ohio 45227
(513) 271-9610
www.EpiscopalRetirement.com

Cambridge Heights
1525 Elm St., Cambridge, Ohio 43725
(740) 432-4788
www.Cambridge-Heights.com

Canterbury Court
450 N. Elm St., West Carrollton, Ohio 45449
(937) 859-1106
www.CanterburyCourtDayton.com

Deupree House
3939 Erie Ave., Cincinnati, Ohio 45208
(513) 561-6363
www.DeupreeHouse.com

Deupree Meals on Wheels
3939 Erie Ave., Cincinnati, Ohio 45208
(513) 561-8150
www.DeupreeMealsonWheels.com

Living Well Senior Solutions
3870 Virginia Ave., Cincinnati, Ohio 45227
(513) 561-0222
www.LivingWellSeniorSolutions.com

Marjorie P. Lee Retirement Community
3550 Shaw Ave., Cincinnati, Ohio 45208
(513) 871-2090
www.MarjoriePLee.com

Parish Health Ministry
3870 Virginia Ave., Cincinnati, Ohio 45227
(800) 835-5768
www.ParishHealthMinistry.com

St. Paul Village
5515 Madison Road, Cincinnati, Ohio 45227
(513) 272-1118
www.StPaulVillage.com

St. Pius Place
3715 Borden St., Cincinnati, Ohio 45223
(513) 542-5888

ON THE COVER:

Deupree resident Paul Flory at the Lindner Family Tennis Center where the new 52,000 square foot Player Center has been named in his honor. Photography by Ross Van Pelt.



Marjorie P. Lee



St. Paul Village



Deupree House

ERH Leads The Way

Marjorie P. Lee, St. Paul Village, Deupree House Named Readers' Choice Winners

By Bob Driehaus



Episcopal Retirement Homes starts with a simple premise: "We don't think of it as the residents are living in our buildings, but rather that we are working in their home," says Ken Paley, Vice President of Marketing. "And that changes everything for the residents, their families and the staff."

The strategy, known as Person-Centered Care, has clearly paid off, as evidenced by a near-sweep in a recent Readers' Choice survey in the *Community Press* newspapers. The Marjorie P. Lee Retirement Community was ranked No. 1 on the East Side. ERH's Deupree House was ranked No. 2. And in the category of apartment complexes, St. Paul Village finished first.

In six communities, ERH serves retirees of all income levels. At Marjorie P. Lee and Deupree House, ERH offers a complete range of care, including independent living, assisted living, nursing care and memory support.

Located two blocks off Hyde Park Square, MPL recently underwent a two-year \$11.5 million renovation. It included a new fitness area, aquatics center, dining room with restaurant-style service, new events and therapy center, and upgraded care center.

Corning Benton says he lives at Marjo-

rie P. Lee because the staff and the location make it the best in town. "Most importantly, there is a continuum of care right here and financial security — no resident will be asked to leave for financial reasons," he says.

Deupree House, also located in Hyde Park, has such an appeal that it attracts the likes of Paul Flory, chairman of the Western & Southern Group Masters & Women's Open in Mason, Dr. Henry Heimlich and his wife, author Jane Heimlich and a concert organist who flies to New York City on weekends to perform at St. Ignatius Loyola.

St. Paul Village in Madisonville proves that the perks that help create a full life in retirement are attainable at all income levels. "We believe that older adults should enjoy their later years with dignity and have fun no matter what their income level," Paley says. "Where the state standards are safe and sanitary, we go above and beyond to turn these places into real communities."

Anna Comelison, a St. Paul Village resident, says the community feels like family. "I have lived at St. Paul Village for over 13 years and never thought that living here could be so fun. I feel like I am a part of the St. Paul Village community, not just living in an apartment complex."

A groundbreaking ceremony was held in October to kick off a major renovation project. The first phase of renovations is due to be completed in December 2011.

The renovations will bring St. Paul Village in line with Canterbury Court, which features a beauty shop, community kitchen, fitness center, greenhouse, gardens for residents, chaplaincy services and social services advisers.

Paley comments "I mean, how many affordable housing communities have their own Wii bowling team...with team shirts! My guess is that St. Paul Village will have a team in the near future just like their sister community Canterbury Court."

Another key to success at ERH is the not-for-profit status. "We are able to reinvest funds rather than pay shareholders and owners," Paley says.

With three Readers' Choice Awards and ERH's Top Work Place 2010 Award from Enquirer Media earlier this year, it all adds up to a great place to live or work. "I think the special thing is the relationship between the staff and the residents. It really is like one big family. It's just that some of those people are working here," Paley says. ■



Ken Paley



Paul Scheper



Emerson Stambaugh

Representing ERH

Speakers Share Expertise at Conference

When your expertise is recognized by your peers, it can be very rewarding.

That was certainly the case this summer when three employees of Episcopal Retirement Homes (ERH) were asked to speak at the AOPHA conference and trade show from Aug. 31 to Sept. 2 in Columbus.

AOPHA represents about 400 nonprofit long-term care facilities throughout Ohio. It's the state affiliate of the American Association of Homes and Services for the Aging (AAHSA), which advocates for industry needs before policymakers.

ERH speakers were: Ken Paley, Vice President of Marketing and Public Relations; Paul Scheper, CFO and Vice President of Staff Resources; and Emerson Stambaugh, Administrator for Deupree Cottages.

The conference centered on best practices in the long-term care industry. Paley spoke on differentiating your company and message in the marketplace. His topics included "your brand, your brand equity, and how to not to look like everyone else out there,"

he says.

Scheper calls it "an honor to speak at these conferences since it is a great way to represent ERH to the entire Ohio nonprofit senior living industry." He spoke about ERH's refinancing last year under a newly created opportunity called Bank Qualified Debt. Stambaugh explained the modernization of the Deupree House campus and the development of Deupree Cottages. The project, which involved a number of site challenges, recently earned national recognition from the Society for the Advancement of Gerontological Environments (SAGE).

He described how the design team overcame obstacles including a large hillside, limited space and zoning issues. The development on the Deupree campus was also recognized for involving residents in the design of the Cottages, which resulted in age-appropriate living spaces that look like private residences rather than nursing homes.

— NIKKI KINGERY

Home-like Care

Korean Nursing Students Impressed by ERH Environment

Nursing students from Yonsei University in Seoul, South Korea, visited the Deupree House and the Deupree Cottages in July to experience firsthand the innovative household and home environment approach to elder care.

"To say this is something they've never seen is an understatement," says Laura Lamb, Vice President of Residential Housing and Healthcare at ERH.

"South Korea is facing the task of rethinking elderly care as young people leave the country for jobs," Lamb says. "If you don't have a family to take care of you, you are sent to the hospital where there is no attempt at a home-like environment."

As a thank-you, the students presented gorgeous gifts of delicate hand-painted fans from Korea to ERH staff.

"Korea doesn't have a structured healthcare system for the elderly, so families are still the first providers of elderly care. The whole concept [of home-like elderly care provided outside the family] was foreign to them, and they were very open to the concept," Lamb says.

The Yonsei students came to Cincinnati as part of a partnership with the University of Cincinnati to learn about the management of healthcare systems in the U.S. In addition to Deupree House and Deupree Cottages, they visited other leading healthcare providers, including University Hospital, Cincinnati Children's Hospital Medical Center, Christ Hospital and Hospice of Cincinnati.

"This allows them to return home with a global perspective on healthcare systems,

which impacts their ability to transform nursing practice in South Korea," says Andrea Lindell, Dean of UC's College of Nursing and an ERH board member.

Judi Dean, Director of Nursing at Marjorie P. Lee, gave a presentation during the students' visit on the clinical aspects of long-term care and nursing operations.

"You could see how impressed they were and how excited they were to see the facility and hear about the operations," Dean says. "They were very interested in a lot of our clinical operations."

— KAITLIN WALTER AND COLLEEN WEINKAM



Korean nursing students toured the Deupree campus with Judi Dean and Laura Lamb.

UC COLLEGE OF NURSING

Affordable Housing: *BIGGER* and *BETTER*

By Colleen Weinkam

Affordable housing options at Episcopal Retirement Homes (ERH) are now more plentiful — and attractive — than ever.

On July 1, ERH assumed management of St. Pius Place, an affordable, residential apartment building for seniors in South Cumminsville. The 18-apartment community is a former schoolhouse, converted and remodeled by the nonprofit Working in Neighborhoods.

Also, this fall, crews broke ground on a \$10 million renovation project to update three of the five buildings at St. Paul Village. The facelift will include the conversion of most of the units into one-bedroom apartments, as well as the addition of two elevators, new cabinets and appliances, and common-use spaces, such as a greenhouse and a four-seasons room, walking trails and wellness facilities. A groundbreaking ceremony was held Oct. 25.

"We'll completely redo the appearance on the inside," says Jay Kittenbrink, Executive Director of Affordable Housing Development.



St. Pius Place in South Cumminsville.



New cabinets and appliances are among the improvements at St. Pius Place.



Many people and organizations who played a role in making the renovations at St. Paul Village possible took part in the groundbreaking at St. Paul Village. LtoR: Dave Opalek, Jay Kittenbrink, Hal Keller, Kathy Ison, Bonnie Spurling, Milton Dohoney, Mayor Mark Mallory, Steve Smith, Roxanne Qualls, Michael Cervay, Al Pleasant, Doug Garver, Mel Livingston & Trish Martindell.



MARK BOWEN

Kathy Ison, ERH Vice President of Affordable Housing and In-Home Services, with Cincinnati Mayor Mark Mallory at the St. Paul Village renovation groundbreaking ceremony.

When the renovation is completed next December, each unit will be entirely updated, and the buildings will run on a geothermal energy system.

As a bonus to the renovations, Kittenbrink notes, rates will soon be more affordable. St. Paul residents will pay according to their income more so now than in the past, thanks to subsidies ERH is requesting, in addition to funding for the capital improvements, under Section 202 of the U.S. Department of Housing and Urban Development. "It's surprising how many people are considered low-income, especially when you get to retirement age," Kittenbrink says, adding that 65 to 70 percent of people over the age of 65 qualify to live in affordable housing.

"This is a great opportunity to revitalize St. Paul Village so it can continue to serve the needs of residents in Cincinnati and Madisonville," Kittenbrink says. "St. Paul Village is a great anchor for the Madisonville community."

That integration into the community is something Kathy Ison, Vice President of Affordable Housing and in-home services, calls a cornerstone of the ERH mission.

Acquiring St. Pius Place adds to the ERH portfolio of communities, Ison says, but, more importantly, it also allows ERH to fur-

ther its goal of serving seniors in the area. At St. Paul Village, she points out as an example, ERH added a part-time activities coordinator to keep residents engaged, used grant money to buy exercise equipment so residents can stay healthy, and partnered with St. Andrews Church to keep residents involved in volunteer work.

There's also a bus at St. Paul Village that takes residents to the grocery store or to area activities, such as parks and plays. Ison says ERH hopes to bring similar services to St. Pius Place soon.

"We're trying to work with WIN and the neighborhood to get more volunteer services there so residents stay engaged," she says. "We hope they can age in place for as long as possible at St. Pius Place."

St. Paul Village and St. Pius Place are only two examples of ERH's approach of continuous improvement for its affordable housing programs. "In addition, ERH also owns and operates Canterbury Court in West Carrollton, Ohio and Cambridge Heights in Cambridge, Ohio, which both recently went through renovations," explains Ken Paley, Vice President of Marketing at ERH. "The affordable housing communities at ERH support the belief that older adults should live with dignity and enjoyment no matter what their income level might be." ■



ROSS VAN PELT

Paul Flory in front of his namesake—the new, multi-level Player Center.

Flory Aces Tournament

New Player Center Named For Longtime Chairman & Volunteer

By Joy Kraft

Paul Flory loves signs. If someone has to ask where to find something, they need a sign, he explains. Flory, 88, raised a tennis tournament from infancy at Coney Island in 1975 to today's Western & Southern Financial Group Masters and Women's Open at the Lindner Family Tennis Center in Mason.

Fittingly, there's no surer sign of finding the heart of the tournament's success than the name on the new 52,000 square foot Paul Flory Player Center which opened for the August 2010 tournament.

It's a luxurious place with a sunny players' lounge and food court, fitness facility, state-of-the art press "box" and luxury suites.

Flory, though, is a little embarrassed by the naming honor. "I said, 'Are you sure you want to do that?'" he says, in keeping with his I'm-just-a-volunteer profile. "I didn't think it should be done, but I was very flattered."

Though he's happy to gab about the tournament, it's tricky to get him to take any credit for his 35 years of "volunteering," as he calls it (he never took a salary), or the tournament's national reputation among fans and players.

It's all about other people.

The horn he toots has one tune — "masterful players, great volunteers, magnificent sponsors" — and he never forgets the fans. "Ours are the best," he says of

those who come from several states, loyal enough to sit under a sometimes-wilting sun that scorches the royal blue stadium seats.

And that's no big surprise to anyone associated with the event. Though son Bruce handles the reins as tournament director, Paul still goes to the downtown office every day from his home at Deupree House in Hyde Park "to do whatever needs to be done" and fret about ways to make the August tournament better for fans and players — better signs, easier entry, the right paint colors, fan accessibility ... the pesky details.

He's not one to hog the spotlight, or even pause for a second in its glare, and describes himself as more of a "behind the

scenes kind of guy, just a volunteer,” fixing what needs to be fixed, changing what needs to be changed to make it a better experience for fans, players, sponsors, the media. But before he took over as tournament director of the then Western Tennis Championships in 1975, tennis in Cincinnati was not at the top of its game and was struggling financially.

A tennis fan since his teen years, “I said I’d do it for just one year,” Flory says more than three decades later. He already had a full-time job since 1947 at Procter & Gamble, where he worked with programs for dentists and the medical profession.

“The people at P&G encouraged us to take part in the community,” he says. He took it to heart, enlisted neighbors Bill Keating, then-publisher of *The Cincinnati Enquirer* and Charlie Mechem, then chairman of Taft Broadcasting, which owned Coney Island. One kicked in publicity, the other built a temporary stadium at Coney, and the iffy event raised \$30,000 for Cincinnati Children’s Hospital Medical Center, which continues to benefit from the games to the tune of millions of dollars.

“It was interesting,” Flory says today of that first year. “I was intrigued.” So he continued to “volunteer” as director even after retiring from P&G in 1986.

His old neighbor Mechem volunteered acreage across I-71 from Kings Island, then owned by Taft Broadcasting and already a popular tourist attraction by 1979. The tournament then moved north, away from the pesky flood plain with room for expansion ... just in time to nab an important tournament date — the week before

the U.S Open — “when more players are more willing to play,” Flory says. He set out to make the August event an area destination with an attractive purse to further sweeten the pot for top players, thus drawing more fans.

“We had great players participating from the beginning. You need names that people recognize so they think ‘if he’s there it must be good.’ The fans reacted in such a positive way, and pretty soon we were competing with other cities on the tour. It fueled itself and the tour grew.”

“I could tell it had a great future,” Flory says, “because the fans were so supportive from the very beginning. The players were accessible and the fans could get up close and see them from a few feet away. They loved it.”

The tournament is now one of nine elite ATP World Tour Masters 1000 events and logged 233,775 in attendance in 2010, from 35,000 that first year. The original volunteer force, the backbone of the tournament, was 1,300 this year from about 100 in the beginning, according to Flory. In addition to Cincinnati Children’s Hospital Medical Center, charities benefiting from the event have grown to include the Barrett Cancer Center at University



ROSS VAN PELT

Flory relaxes in one of the box suites in the new Player Center.

Hospital and Tennis for City Youth, which shared roughly \$200,000 this year.

To prepare for the 2011 tournament (Aug. 13-21) that will see men’s and women’s competition simultaneously for the first time, the tennis center is expanding by 5.4 acres north and east of the grounds with six new courts, including a new television court and a new entry plaza.

Walking the grounds, Flory is thinking ahead as usual, troubleshooting the details, looking for input to make the experience perfect for players, fans, sponsors.

Earnestly, he leans in. “Tell me what you would like improved about coming to the tournament. Don’t be afraid to tell me any little thing. I want to make it better.” ■

LOVE OF THE GAME

“I personally love the game,” Flory says of tennis. “It’s so simple. If you are lucky enough to return the ball, eventually you win the point.”

He’s played since he picked up a racket with neighborhood kids near Dayton as a 16-year-old along with his late brother Bruce, “a much better player.”

“I was just an average player, and it’s always been easy to find someone to play at my ability level,” Flory says. He’s played through the years, solo and with his wife, all over town from the Cincinnati Tennis Club to the Lunken courts, Eastern Hills Indoors and Cold Stream.

And he’s never had a lesson, though he

encourages parents to give them to kids. “If you can develop good strokes, it’s a lot of fun.”

Though the equipment has changed since the ‘30s – wood to metal frame, white balls to chartreuse, tennis whites to tees, one-handed to two-fisted backhands, he has nothing but admiration for today’s equipment and players.

“The equipment is so much lighter. It’s wonderful and makes it easy to learn how to play and have good strokes. And the serving today is so powerful – and a few players can do it with either arm.”

“I still play a bit. Once you learn the skills you just don’t forget them.”



Flory with Roger Federer, the 2010 Men’s Singles champion

At Marjorie P. Lee, *the Sky's the Limit*

By Colleen Weinkam

Photography by Tom Uhlman

Things at Marjorie P. Lee keep humming along.

Less than a year after community members joined residents and staff in celebrating the completion of Phase I of the Jubilee addition to MPL — which included a new event center, Archea dining area, aquatic center and fitness center — everyone is now buzzing with the \$2 million updates brought by Phase II.

"It's an ongoing process," says Ginny Uehlin, Administrator of Health Services for MPL. "We just keep going."

Indeed. This summer, construction crews finished work on a new therapy suite, resident library, spa area and dining room. They also put finishing touches on one-bedroom apartments converted from studios and upgrades to the Lee Garden floors.

Craig White, Director of Therapy at MPL, says the realistic environment helps residents realize how much effort certain actions require. "They say things like, 'I didn't even think about these things. This is tough,'" he says. "It's really helped with skilled rehab, knowing what we need

to practice before a person goes home." The new therapy suite, which formerly required a trip to the basement, features a full bathroom, kitchen and entry to the outdoors. This allows patients to practice activities including getting a glass of water, cooking food on the stove, or getting in and out of the bathtub. Before, the actions had to be simulated.

The new library, which is operated and run by residents, contains floor-to-ceiling bookcases with hundreds of books, computers and a comfy leather chair and ottoman. "It looks like the chair you would sit in to read your paper in the morning," Uehlin says.

Also new is a designation between the floors of Lee Gardens. The two, 30-bed floors used to combine services for skilled rehab (the transitional care unit, or TCU) with services for long-term care and dementia. "We realized we have many people with many different needs on those two floors, and we have many staff members with different talents," Uehlin says. Now, those units each have a separate focus.

Lee Gardens were remodeled to separate the living and dining areas. Stone fireplaces are in place and new, flat-screen TVs adorn the walls. Uehlin tells the story of a female resident who was always cold. She was constantly layered in sweaters and rubbing her arms. "One of the most beautiful sights was seeing her pull a chair up to the fireplace and actually feel warm," she says. "You could just see she was cozy."

Also, new spas were created in Lee Gardens. The tub and shower room now has



MPL resident Bob LaShelle flipping through a 1937 newspaper in the new library which includes hundreds of books and a bank of computers.



Dining room in the Lee Gardens care center at MPL.



The therapy suite is now more convenient and comprehensive.

new tile, artwork, and a flat-screen TV. "The outcome is that individuals who previously struggled with bathing now can't wait to get in and take a relaxing bubble bath," Uehlin says.

Also at MPL is a new Shaw private dining room, which was created out of the old private dining room and library. It is smaller than the Archea dining room, allowing for a quieter, more intimate meal.

Also, six new assisted living apartments have been completed at MPL. Still in the works is a new craft room. ■

Aaron Hill *Cooks Up* Rapport

By Deborah Rutledge



Aaron Hill goes out of his way to get to know the residents at ERH, including the foods they like and dislike.

Aaron Hill is a relief cook for Episcopal Retirement Homes but his outlook, smile, and warmth are more significant than his skills in the kitchen.

"You have to treat (the residents) like you'd want your grandparents to be treated," Hill says. "It's not a 9-to-5 job — this is their home, so you've got to make sure they're happy and satisfied."

It helps to have Hill's instantly likable personality, which is a hit with residents and colleagues alike.

"He's a sweetheart," says Marissa Mills, a relief cook who has worked with Hill for four of his six years at ERH. "He's always in a good mood, always playful, and able

to lift you out of a bad mood."

And he's knowledgeable, Mills adds. He knows all his 30 or so care unit residents, including their likes, dislikes, dietary restrictions and conditions.

"It's important to remember who has allergies, who takes half portions or is diabetic," the 25-year-old Hill says.

There is a book detailing all these facts about the residents, but Hill also stays up-to-date by talking to his residents and co-workers.

"He knows his residents and is always willing to help them," says server Gavin Sanders. "He's not afraid to talk to them, where most people shy away from talking to people they don't know."

Hill says he likes to cook anything new

to the menu. What meal do residents enjoy most? Ribs, he says.

Hill's approach is infectious. "I've noticed that some of the other cooks that fill in for him try to interact with the residents," Sanders says.

What surprises Hill is how much attention his residents pay to him.

"The things you think they don't see, they see," Hill marvels. "If you're gone one day, they miss you, and if you have a big, jolly smile on, they notice that. They ask (what's bothering you) if you don't."

Picking up on social cues comes naturally to Hill, whose attentiveness, patience and compassion help him respond to the challenges faced by seniors.

"He has a very caring attitude," says Carol Tilford, Director of Dining Services at ERH. "He's lighthearted — he calls me 'Boss Lady.'"

It all makes for one stellar employee, who, by the way can also cook. And serve. And work well with residents, servers, cooks and nurse aides.

"He does all the jobs," Mills says.

In the future, Hill would like to continue his studies in computer technology. "Computers are really fun when you know the basics," says Hill, who envisions teaching residents how to do searches or set up e-mail accounts in order to stay in touch with their families.

For now, Hill is happy with his work and its unexpected rewards.

"One day, on my way to work, on Montgomery Road at a Walgreen's, a resident's son said to me 'I know you, you take care of my mom — you do an excellent job,'" Hill recalls. He was so flattered that "I totally forgot what I came in there for." ■

ONE SINGULAR SENSATION

Photography by Mark Lyons



Bob and Sylvia Edwards, One Singular Sensation's Honorary Chairs.



Dorsey and Edna Asbury, Marjorie P. Lee residents.

More than 280 guests enjoyed One Singular Sensation, Episcopal Retirement Homes' fifth annual gala at the Hyde Park Country Club on September 24. The event raised more than \$100,000 – the most money ever raised by an ERH event! Performers from Vito's Café in Fort Thomas delighted attendees with songs from Broadway musicals and the décor and "cigarette girls" made it a night to remember. The evening began with hors d'oeuvres and cocktails and continued with a gourmet dinner, silent auction, PNC Raffle, and dancing to the music of the John Keene Quartet. "It was great! Everyone at our table really enjoyed it because it was a good party and so much fun," said Sylvia Edwards. Sylvia and her husband, Bob Edwards, were the honorary chairs of the event. ERH is especially grateful to the corporate sponsors who really stretched their giving this year. PNC came in as the title sponsor, which contributed greatly to the 39% increase in corporate sponsorships.

One Singular Sensation benefits ERH's annual fund — the Good Samaritan Mission — which helps improve the lives of older adults throughout Southern Ohio. The fund provides money for resident financial aid, chaplaincy programs in our communities, and outreach programs such as Deupree Meals on Wheels and Parish Health Ministry. The Good Samaritan Mission enables ERH to keep its promise never to ask a resident to leave their ERH community for financial reasons. For more information on the Good Samaritan Mission, visit www.episcopalretirement.com and click on "Charitable Giving."



Richard Perry of PNC, title sponsor for the event, his wife, Tanya Perry, Greg Buchanan from PNC, Doug Spitler, ERH CEO and his wife, Kathy Spitler.



Amy King Ruggaber, Stacey Buescher, Colleen Hegge and Julie Gregory dressed as "cigarette girls" to help with the silent auction items.



Chet and Joy Cavaliere, Deupree House residents.



The Reverend Canon John Johanssen and his wife, Pam Johanssen, Giff Blaylock and Anne Reed, all representing the Episcopal Diocese of Southern Ohio.



Jason Riveiro, and wife, Hannah Riveiro of Model Group, Steve Smith of Model Group and his wife, Michelle, and Kathy Ison, ERH VP of Affordable Housing.

SPONSORS

TITLE SPONSOR



PRODUCERS LEVEL

Episcopal Diocese of Southern Ohio

DIRECTORS LEVEL

Frost Brown Todd LLC
Model Group
Ohio Capital Corp. for Housing
Premiere Vending, Inc.
Ridge Stone General Contractors
Schiff, Kreidler-Shell

CHOREOGRAPHERS LEVEL

Aglamesis Brothers

Bahl & Gaynor Investment Counsel
DeBra-Kuempel Service, Inc.
Henkle Schueler
Kathman Electric Company, Inc.
Loth, Inc.
Marjorie P. Lee Auxiliary
Multi-Craft
Peck, Shaffer & Williams
Plante & Moran, PLLC
Ziegler

Going Hollywood

ERH Makes It Happen: MPL Resident Attends Son's Awards Ceremony

By Colleen Weinkam

Carol Starrett's son, Scott, is a talented guy. He attended Stanford University for engineering and business and then went to Juilliard for graduate school to study musical composition. He's lived all over the world, in places such as Rome, London, New York and Los Angeles, and Carol has always visited him at every location.

So, it's no surprise the proud mom wanted to fly to Los Angeles this past June to see him honored as the top TV composer of 2009.

Unfortunately, making the trip turned out to be a much taller order than anyone anticipated.

Carol stopped traveling last fall when her health took a turn for the worse, and Scott put a moratorium on her visits to him and their trips together to Hawaii and Hilton Head Island.

At the time, Carol, 67, had been living with diabetes and its resulting complications for 35 years. She'd been diagnosed with end-stage renal disease and kept busy with doctors and dialysis three days a week. But then she began



Carol with her son, Scott, on the red carpet.

having trouble with her heart and learned she'd have to have bypass surgery. Luckily, that was when she met Peggy Slade-Sowders.

Slade-Sowders is Director of Episcopal Retirement Homes' Living Well Senior Solutions, a geriatric care management service. When Carol and Scott decided Carol's medical issues required more day-to-day supervision than Scott could provide living out of town, they hired Slade-Sowders to serve as a care manager and as a surrogate family member to oversee Carol's health needs.

"I receive outstanding care from Peggy," Carol says. "We just click all the way around."

After Carol's surgery, which led to more complications, pills and doctor visits, Slade-Sowders recommended Carol move from the nursing home where she was staying to Marjorie P. Lee. "She had a really, really rough time after the surgery," Slade-Sowders recalls, "and we knew that the care would be better at Marjorie P. Lee."

Carol made the move in November to the care center at MPL. Slade-Sowders continued to work with her rehabilitation and therapy after surgery. She attended doctor visits with Carol, asked medical questions and recommended testing. Under Slade-Sowders' watchful eye and the incredible care she received at MPL, Carol's health improved



Carol and Peggy relax in the hotel after a long day of traveling.

dramatically. Slade-Sowders' also ensured that Carol was adapting well to life at MPL.

Fortunately, that wasn't a problem.

Zooming around in her power wheelchair, with a sparkle in her eye and a smile on her face, Carol quickly became the social butterfly of MPL, attending swimming, watercolor and copper enameling classes, and going to "all the parties and activities." Her sunny disposition and positive attitude — she got her name because her mom was due on Christmas and she "was to be a Christmas carol" — were a magnet for many. Within a few months, she was fielding calls from new friends asking her to join them in the dining room and using her background as a counselor at Walnut Hills High School to help residents struggling with issues with their kids. "She's like Dr. Phil here," Slade-Sowders jokes.

But the moratorium on travel still held.

In the spring, Scott shared the good news with his mom that the American Society of Composers, Authors and Publishers would honor him that June as the top TV composer of the year for his work on Lifetime's *Drop Dead Diva*.

As Scott recalls, there was never a question as to whether Carol would attend. "She pretty much said, 'I'm coming,'" he laughs.

In April, Carol talked to her doctor and Slade-Sowders about logistics. They determined that if Slade-Sowders accompanied Carol, they could make it happen. Then began a six-week whirlwind of planning that included scheduling out-of-town dialysis, getting approval from medical specialists, shopping for clothes and lining up Carol's medications.

It was finally clear that Carol's dream to go to Los Angeles could finally become a reality.

When June 23 rolled around, Carol was sitting on a 747 jet bound for Los Angeles with a peanut butter and jelly sand-



Carol and her makeup artist, who also did her hair.

wich in hand and Slade-Sowders by her side. With Slade-Sowders there to check Carol's blood sugar, blood pressure and vitals, the trip went well. They checked into the Beverly Hilton with no problem.

The next day was a flurry of activity. ASCAP's 25th anniversary Film and Television Music Awards ceremony was scheduled for that evening in the hotel, and Scott hired a makeup artist to visit Carol in her room that afternoon.

"She (the makeup artist) asked me if I wanted to be gorgeous gorgeous or natural gorgeous. I said I wanted to look like a mom, not a Las Vegas showgirl." Carol smiles. "She thought that was cute."

Carol and Peggy hit the red carpet, dinner and awards ceremony with Scott. "Peggy and I were Scott's dates," Carol jokes, but turns serious when she talks about how she teared up when he was called on stage to receive the prestigious award: "I was very proud," she recalls.

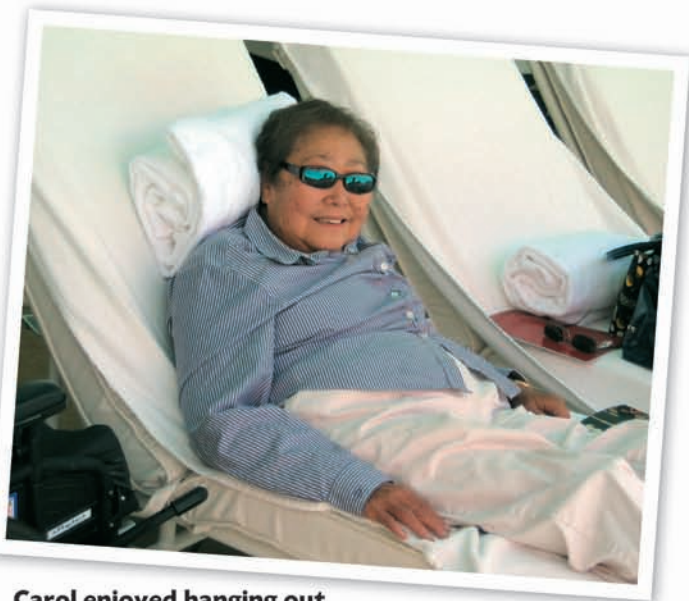
The group spent the next few days sightseeing and relaxing. They enjoyed breakfast on the terrace and lounged by the pool at the Beverly Hilton, visited Grauman's Chinese Theatre in Hollywood and the Getty Villa in Malibu. One day, they even drove up the coast to Santa Monica and had lunch at One Pico at Shutters on the Beach.

On June 27, Carol and Slade-Sowders said their goodbyes to Scott and boarded a flight home to Cincinnati.

The duo is now working on a new goal for Carol — getting her back on the active kidney transplant list — but whenever she wants, Carol can relive her trip in vivid detail.

One of Slade-Sowder's family members made a scrapbook for Carol, complete with pictures from their trip, a program from the awards ceremony with a large, black arrow pointing to Scott's name, and even a graphic of Carol's name in a Hollywood star.

"It was perfect," Carol says, flipping through the book. "We had such fun together." ■



Carol enjoyed hanging out poolside in Los Angeles.

What's Going On

ERH has a lot going on with its residential communities as well as in-home services. Check out these snapshots and you will see ERH is working hard and having fun!

EASTERN HILLS JOURNAL



Deupree Cottages resident John Stevenson stands in front of his painting of Cincinnati as seen from Mount Adams. After the art gallery exhibit, the painting will return to Marjorie P. Lee, where it will remain on display as a gift from John to the ERH community.



Priscilla Ziegel, a Deupree Cottages resident, holds her pastel painting of the view from her room at Christ Hospital during a stay. The painting had been in a box in her son's basement until recently discovered for the art gallery.

EASTERN HILLS JOURNAL



The Blue Wisp Big Band stopped by Deupree House for an evening concert outside on the terrace filled with food, dancing and fun.



Hamilton County Parks came to the Deupree Cottages for a special animal presentation. There was a live turtle, snake and owl, as well as furs from animals that live in Ohio, which residents were able to touch.



John Stevenson, a Deupree Cottages resident, celebrates his birthday in style with friends and fellow Deupree Cottages residents, Mark Draves and Devin Brain.



Janet Feldkamp, an RN and partner with Benesch Attorneys at Law in Columbus, advised adult children who were guests at MPL on handling legal, medical and financial matters of aging parents.



Deupree House guest chef Nicola Pietoso (left), owner of Nicola's and Via Vite with Pete Juszczak, Director of Dining Services at Deupree House

Save the Date!

**Saturday, March 5th, 2011
8:00 - 11:30 AM**



Whether you are a medical professional, a baby boomer taking care of a loved one, or someone interested in hearing Patch's message made famous in the 1998 movie starring Robin Williams, you won't want to miss this chance to hear the real Patch in person!

Online registration available soon at
www.episcopalretirement.com/patch.

ERH

Episcopal Retirement Homes
presents

*Living Well into the Future
with Patch Adams, M.D.*

Speaking on "The Joy of Caring"

Event Location:

The Community of the Good Shepherd
8815 East Kemper Road
Cincinnati, Ohio 45249

Proceeds to benefit  Parish Health Ministry

ERH

Episcopal Retirement Homes

3870 Virginia Avenue
Cincinnati, Ohio 45227-3427
www.EpiscopalRetirement.com

Non-Profit Org.
U.S. Postage
PAID
Cincinnati, OH
Permit No. 5782



A Donor Story

"Deupree House exceeds our expectations."

Anne and Sam Wilson are ecstatic about their lives at Deupree House. Residents since February 2007, they said they never expected to have so much fun at a retirement community. Recently, the Wilsons decided that they wanted to give back to Deupree. In consultation with Lori Asmus, Gift Planner at Episcopal Retirement Homes, they settled on a Charitable Gift Annuity (CGA) funded with appreciated stock. With the CGA, the Wilsons receive a 6.2 percent return, guaranteed income for life and a sizeable tax deduction. Most importantly, they chose to have their gift benefit their favorite part of Deupree House: the exercise classes they attend six days a week!

If you would like more information about legacy gifts, please contact Lori Asmus at (513) 271-9610 or visit www.EpiscopalRetirement.com.



Sam and Anne Wilson gave back to Deupree House after realizing how much fun they were having living in the retirement community.