



Spring 2012

# Linkage



***Friendly Faces:***  
*Affordable Living Community Managers*  
*Bring Passion to the Job*

**ERH**

Episcopal Retirement Homes

2011 Annual Report

# Table of Contents

## Your Home

Yellow Dot Program .....	3
Meet the Board .....	4

## Feature

Friendly Faces .....	6
----------------------	---

## 2011 Annual Report

Welcome .....	9
2011 Overview & Financial Report .....	10
2011 Ministry Report & Donor Profiles.....	12
Living Legacy Society .....	17
2011 Community Partnerships .....	18
Introducing Jason Graff, M.D. ....	Back Page

*On the Cover: Affordable Living Community Managers bring passion to their jobs. From left: Regina Love, Teresa Bistor, Lindzey Webb and Tammy Herlihy Photo by Jonathan Willis*

## ERH Communities & Services

**Premier Retirement Communities**  
*Deupree House*  
*Marjorie P. Lee*

Like us on 

**Affordable Living Communities**  
*Cambridge Heights*  
*Canterbury Court*  
*St. Paul Village*  
*St. Pius Place*

**Services**  
*Deupree Meals on Wheels*  
*Living Well Senior Solutions*  
*Parish Health Ministry*



## ERH Board of Directors

Trish Martindell, Chair

Richard N. Adams, Dr. Corning Benton, Kit Duval,  
The Rev. Bruce Freeman, Tate Greenwald, John Harris, Jr.,  
Thomas W. Kahle, Esq., Harry Kangis, Aldy Kuertz, Jane Kuntz,  
Keith Lawrence, Jeffrey P. March, Dixon Miller, Esq.,  
Dr. Mark Meyers, The Rt. Rev. Kenneth Price, Thomas M. Regan, C.  
Miles Schmidt, Jr., Michael T. Schueler, Gates Smith, Robin Smith,  
Linda Stetson, Lucy Ward, Mary West, Elizabeth Williams, The Rev.  
Anne Warrington Wilson, Randal C. Young

## ERH Foundation Board of Directors

William C. Knodel, Chair

Richard Adams, Chester R. Cavaliere, Ben Blemker, Bob Edwards,  
Tate Greenwald, Robin Smith, R. Douglas Spitler, Ellen Zemke

---

*We Welcome Your Comments!*

The Linkage Editor  
Episcopal Retirement Homes  
3870 Virginia Avenue • Cincinnati, Ohio 45227  
(513) 271-9610, [marketing@erhinc.com](mailto:marketing@erhinc.com)

Editors: Ken Paley, John Cummings, Megan Kron

*Linkage is Available Online!*

To better serve you, Linkage magazine is available via email and on the Episcopal Retirement Homes website at [www.EpiscopalRetirement.com](http://www.EpiscopalRetirement.com). If you would like to be removed from the Linkage mailing list, please call (513) 271-9610.

*Make A Donation Online!*

For your convenience, donations are now accepted online at [www.EpiscopalRetirement.com](http://www.EpiscopalRetirement.com) under Charitable Giving.

Linkage is a resource to address issues and interests of older adults, providing a link between ERH's programs and the community. For 60 years, Episcopal Retirement Homes has been a not-for-profit, financially sound organization dedicated to improving the lives of older adults from all faiths through innovative, quality services based upon their values and delivered by highly experienced, deeply committed professionals.



© Copyright 2012 by Episcopal Retirement Homes, Inc. Nothing shown or written may be reproduced in any form without written permission from the editors.



# Safety First

Yellow Dot program alerts first responders to vital information *by Rick Bird*

**D**eupree House resident JoAnn Plotkin enjoys driving and the freedom it affords her. But she also requires oxygen. And that's presented a worry.

"I have often thought, 'What would happen in an accident?'" Plotkin says. "Would people know to make sure I got more oxygen? Or to turn off the motor of the car?"

Then Plotkin came across a news story about the Yellow Dot program being implemented in Alabama and other scattered U.S. communities. It was simple and sensible: A yellow dot decal in the left corner of a car's rear window alerts first responders that there is vital medical information in the glove box concerning the driver.

Plotkin wondered: Why can't we do this here? She approached Laura Lamb, Vice President of Residential Housing and Healthcare at Episcopal Retirement Homes.

"I thought: This is a no-brainer," Lamb says. "It would be a huge service to the community and our residents. We brought staff and residents together, and there was instant enthusiasm."

The group acquired the stickers and information packet format used in Alabama, the only statewide program in the country. ERH then created all of their materials in-house and picked up the printing tab.

It is the first Ohio Yellow Dot campaign. Since the launch last November, 5,000 packets have already been distributed, mainly in the Hyde Park area, through churches, community groups and sign-up sessions at the Deupree and Marjorie P. Lee residences.

While the program focuses on seniors, it is available to anyone with a medical condition who needs first responders to quickly be aware of critical information for heart problems, diabetes, allergies or other issues.

"In an accident, it's the first hour that's important," Plotkin points out.

Since the Yellow Dot signals to rescue personnel exactly where to look, valuable time is saved. It is similar to the Vial of Life, where first responders have become accustomed to checking the refrigerator when entering a home in an emergency.

Lamb has educated local responders about the Yellow Dot program, speaking to Cincinnati police and recording an informational video that has been distributed to fire stations.

At this point, the program in Ohio is strictly a grassroots effort, thanks to Plotkin and Lamb. A bill that would require the Ohio Department of Transportation to implement it statewide has not yet moved forward.

"It's not an expensive program," Plotkin says. "We are hoping that they will take notice of what we are doing in Hyde Park with ERH and use us as a model for the whole state. At a personal level, I am very pleased we have it. It certainly gives me a lot more reassurance about driving."

Community groups or individuals interested in distributing Yellow Dot packets may contact Laura Lamb at 513-272-5555, ext. 6606.

*Above: Deupree House residents Bill Victor and JoAnn Plotkin helped fuel a new safety program that alerts first responders to medical conditions of Ohio drivers.*

# Meet The Board

The Episcopal Retirement Homes (ERH) Board of Directors makes it a priority to serve the ERH mission: enriching the lives of older adults in a person-centered, innovative and spiritually based way.

“ERH has struck a perfect balance between being mission-driven and having a very well-thought-out business strategy,” says Trish Martindell, Chair of the board and former Procter & Gamble executive.

In this issue—and upcoming issues—of Linkage, you’ll meet the dynamic and passionate volunteer board members who help drive ERH.

*By Whitney Harrod // Photographs by Gary Kessler*



## Linda Stetson

Member of the Board of Directors

**Occupation:** Retired from the National Multiple Sclerosis Society where I served as Chapter President of the Ohio Valley Chapter for five years.

**Area of expertise:** I have worked with seniors for much of my career. My experience ranges from medical social work across the continuum of care, including hospital administration, holding a nursing home administrator’s license (expired) and doing nonprofit work with the MS Society.

**How long have you been with ERH?** I have been on the board for one year.

**Why do you volunteer time on the board?** The nonprofit agencies I’ve worked for depended on committed and energetic volunteers to fulfill their missions. My interests and experiences have been largely devoted to seniors, so the ERH board was a great fit for me to give back.

**Most rewarding part:** Being a part of an organization that respects and values seniors and working every day to support them in a way that honors their dignity. Too often, seniors become invisible and irrelevant, but ERH strives to celebrate each resident’s uniqueness, gifts and contributions.

**Something people may not know about you:** I love to cook and entertain at home. We often host family and friends. Most recently, I was Director of Planned Giving at the Cincinnati Zoo and Botanical Garden. I am also coordinating care for my 80-year-old mother and 82-year-old mother-in-law.



## Bruce Freeman

### Vice Chair for Leadership

**Occupation:** Rector of the Church of the Redeemer in Hyde Park

**Area of Expertise:** I'm good at raising the obvious questions that everyone else is thinking but won't ask. And I bring the eyes of a pastor to ERH.

**How long have you been with ERH?** About eight years. I have been on the board for six years and have enjoyed it immensely. As rector of a local church, I have had a lot of connection with the many ministries of ERH.

**Why do you volunteer on the board?** I truly believe in the mission of ERH and have witnessed the excellence of this organization in following its mission. I can actually make a difference in the lives of seniors in my community, while having fun with talented staff and board members.

**Most rewarding part:** The stories of seniors whose lives have been enhanced by the care of our many ERH ministries. In particular, the residents who can live assured that they have a permanent home with ERH and will not need to leave for financial reasons.

**Something people might not know about you:** I love bird watching, running in the Flying Pig Half Marathon and ice hockey.

**Favorite destination in Cincinnati:** Ault Park. I admire this small bit of nature in the midst of the city.



## Kit Duval

### Chair of Fund Development

**Occupation:** I've been retired since 2001 from Talbert House where I was the director of development. Prior to that, I worked for The Friends of the School for Creative and Performing Arts as executive director.

**Area of Expertise:** I bring experience in fundraising, marketing and public relations. I also enjoy using my people skills with ERH residents.

**How long have you been with ERH?** As a life-long Episcopalian, I have been working with the Episcopal Church for as long as I can remember. I joined the ERH board in 2003.

**Why do you volunteer on the board?** The need at that time was for fund development consultation, which I was happy to do. Since then, the department and its skillful staff have flown by my expertise. Nonetheless, I am happy to continue helping where needed.

**Most rewarding part:** Observing the residents and their enhanced and happy lifestyles. It is a joy to be a part of an organization that puts the quality of life for seniors at the top of its goals.

**Something people may not know about you:** I'm an ardent sports fan! (Take me to a baseball game or football game and you are my friend forever.) I also volunteer with Stepping Stones, which helps improve the lives of adults and children with disabilities. I currently chair its annual fundraising event, Bloom.



# Friendly Faces

## Affordable Living Community Managers Bring Passion To The Job

by Rick Bird // photography by Jonathan Willis

**E**piscopal Retirement Homes now operates four affordable living communities in Ohio: Cambridge Heights (Cambridge), Canterbury Court (West Carrollton), St. Paul Village (Madisonville) and St. Pius Place (South Cumminsville). ERH is proud to offer rent-subsidized affordable senior-living communities that go above and beyond to provide a variety of options and services not often found in other HUD (Housing and Urban Development) communities for low-income seniors.

One thing becomes clear when talking with the community managers of the four communities—they see their jobs as a refreshing two-way relationship. They each take great pride in providing a stable, caring and safe community for low-income seniors. But they also are quick to point out what they get back in terms of wisdom and life's lessons from the seniors they have come to know.



### Teresa Bistor

#### Cambridge Heights

**Experience:** Five years with ERH with 30 years working in senior care; former Executive Director of the Cambridge Senior Citizens Center and held positions with Adult Protective Services in the Department of Job and Family Services.

**What skills do you bring that are unique?** I have a passion for the issues that residents face on a daily basis and an ability to connect based on years of experience working with this population.

**What is most rewarding about your job?** The opportunity to assist others in day-to-day activities and directing residents to resources that can help them with their personal, economic, social and spiritual needs. That is always rewarding. I bring knowledge of local resources and contacts.

**You come to work each day because...** I have a real interest and compassion for the people we serve. There is a real commitment to providing the best housing for our residents. I just appreciate ERH's ongoing support in providing what we need to maintain a quality, independent-living apartment complex.



## Tammy Herlihy

Canterbury Court

**Experience:** Five years with ERH; previously worked in market rate communities and apartment manager positions.

**What do you find most rewarding?** Our residents have so much wisdom to offer. I grew up with my grandparents, so I had a respect and love of seniors in general.

**Have you learned anything at this job?** I have a whole new perspective on aging. Previously, 70 was old to me. We have a 101-year-old resident who works out on the treadmill everyday. Residents have already put me to shame, because many of them are more active than I am. I found out life's what you make it. I'm not afraid to age anymore.

**Coming to work is great because...**It's like one big family. I desperately love it. It doesn't feel like work. We have a lot of parties for the residents. The staff is stable and caring.



## Lindzey Webb

St. Pius Place

**Experience:** The newest ERH manager with seven months on the job; previously worked at a privately-owned assisted

living facility in sales and as director of the memory care unit; mother of three and avid gardener.

**How is St. Pius different from your previous position?** With 18 apartments, it's just more close-knit. I know all the residents by name and I know their kids, their grandkids and what's happening in their lives. It's a caring atmosphere, much more personable.

**What is the best part of your job?** I love it all. I had been dealing a lot with family counseling. Here I feel I get to know seniors at their best. They are so active and involved in the community.

**What do you feel you have accomplished so far?** We now have a St. Pius council. The residents are very excited about it. We have been through voting and electing officers.



## Regina Love

St. Paul Village

**Experience:** One year with ERH; 12 years managing senior apartments and other market units for Cincinnati Metropolitan Housing Authority.

**Do you bring any special skills?** I have an extensive knowledge of HUD regulations. That is very critical to this job.

**What is most rewarding?** Being able to provide assistance. Recently, I came in on a Saturday; I didn't have to, but I am a workaholic. I saw one of the residents and sat and talked to him for the morning. Just that little chat brought so much joy to my heart. And it's nice to know I can make a difference just by being here to listen. You get to hear a lot of different stories, their backgrounds. It's a help to our residents, and to me, to listen to them. There are a lot of lessons to learn from the residents, because they have been through so much.

**I enjoy going to work because...** The atmosphere and the people are very different from any place I had worked. It is very resident-oriented. That makes a difference in the whole environment.

## Dear Friends,

Last year marked the beginning of a new era in American society—the start of the Age Wave. For the first time, baby boomers began turning 65 at the incredible rate of one every 7.7 seconds. Although many of the baby boomers will not need ERH’s services for several years, ERH’s 60 years of service to Southern Ohio’s elders has established a firm foundation to ensure that we will be available for future generations.

By all measures, our results in 2011 were outstanding. In fact, it was a banner year. Many of our accomplishments are noted throughout this year’s annual report. But we are not resting on our laurels. Our board and management have recognized that there are many future challenges to address, such as the highly competitive retirement community market, changing expectations for the elders we serve, the transformation of the health care delivery and payment systems, and the growing number of limited-income elders in need of quality affordable housing. And so we embarked on a process of scenario planning to identify and address these major trends.

At ERH, we embrace challenges, seeking to understand them and to discern where ERH may leverage its strengths to pursue solutions in areas where it is likely we will succeed in extending our mission. Through this process we have chosen to focus our efforts in the following areas:

- Substantially expand dignified, service-rich Affordable Living for limited income elders.
- Enhance and strengthen our continuing care retirement community services and brand.
- Be a leader in preparing for health care transformation.
- Extend our philanthropic efforts to cultivate funding for additional services for Affordable Living residents.
- Enhance our organization’s effectiveness by investing in our leadership and strengthening our processes and systems.

Our commitment to enriching the lives of elders is unwavering. It is our reason for being; our calling to servant ministry for those who have given so much to our country and our communities and now benefit from our support in their later years. In remaining true to our mission, we continue to enhance services, establish new programs and complete renovations to keep our residences comfortable and functional for the residents who call our communities home.

As always, we are grateful for the support of our many donors and volunteers who commit their time, talent and treasure, which permits us to provide compassionate, person-centered services for older adults.



**Trish Martindell**  
Chair, ERH Board of Directors



**R. Douglas Spitler**  
President and CEO

# 2011 Overview and Financial Report

## Balance Sheet

for the Years Ending December 31, 2011 and 2010

Assets	2011	2010
Current Assets	13,494,000	10,689,000
Marketable Investments	23,706,000	28,169,000
Fixed Assets	78,697,000	73,984,000
MPL Endowments	18,497,000	19,384,000
Other Assets	7,412,000	3,012,000
<b>Total Assets</b>	<b>\$141,806,000</b>	<b>\$135,238,000</b>

Liabilities	2011	2010
Current Liabilities	4,975,000	6,474,000
Unamortized Entrance Fees	15,449,000	15,773,000
Long-Term Debt	38,886,000	39,876,000
Other Liabilities	7,410,000	2,781,000
<b>Total Liabilities</b>	<b>\$66,720,000</b>	<b>\$64,904,000</b>

Net Assets	2011	2010
Permanently Restricted	20,549,000	21,097,000
Temporarily Restricted	130,000	146,000
Unrestricted	54,407,000	49,091,000
<b>Total Net Assets</b>	<b>\$75,086,000</b>	<b>\$70,334,000</b>

<b>Total Liabilities &amp; Net Assets</b>	<b>\$141,806,000</b>	<b>\$135,238,000</b>
---	----------------------	----------------------

## Total Individuals Served / Contacts Made

32,186

*Parish Health Ministry\**

319

*Meals on Wheels clients*

401

*Affordable Living*

298

*Independent Living*

48

*Assisted Living*

180

*Nursing Care*

33,432

*Total*

\*Contacts made through health screenings, referrals and other activities

2011 Contributions and  
Legacy Commitments

Good Samaritan Mission annual gifts..... \$571,909  
Major gifts & commitments ..... \$558,172

**Condensed Statement of Revenue and Expenses**  
for the Years Ending December 31, 2011 & 2010

	2011	2010
Operating Revenue	26,661,000	26,070,000
Operating Expense	(28,465,000)	(27,812,000)
Net from Operations	(1,804,000)	(1,742,000)

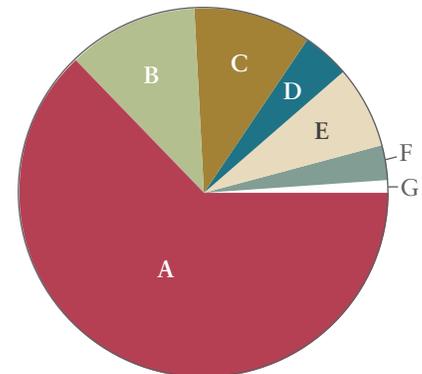
	2011	2010
Non-Operating Revenue	2,409,000	3,998,000
Limited Partner Equity	4,147,000	1,072,000
Total Change in Net Assets	4,752,000	3,328,000

**2011 Ministry Costs**

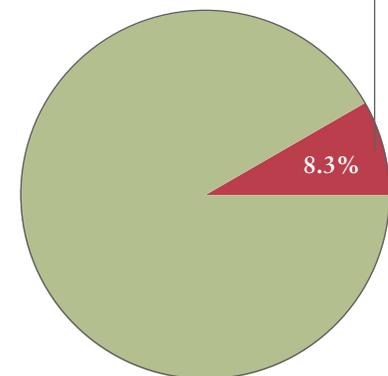
for the Years Ending December 31, 2011 & 2010

Ministry Item	2011	2010	Difference	2011 %	2010 %
A - Resident Financial Aid	1,566,000	1,184,000	382,000	66%	61%
B - PHM	201,000	206,000	(5,000)	9%	11%
C - Wellness	230,000	191,000	39,000	10%	10%
D - Affordable Living	99,000	129,000	(30,000)	4%	7%
E - Spiritual Care	173,000	128,000	45,000	7%	7%
F - Volunteers, inc MOW	68,000	62,000	6,000	3%	3%
G - Staff Assistance & Partners in Care	16,022	13,000	3,022	1%	1%
<b>Total Ministry Costs</b>	<b>2,353,022</b>	<b>1,913,000</b>	<b>440,022</b>	<b>100%</b>	<b>100%</b>

**2011 Ministry Costs**



**Total Ministry Costs as a percentage of Total Operating Costs**



Total Operating Costs	28,465,000	27,812,000
<b>A-G - Total Ministry Costs as a percentage of Total Operating Costs</b>	<b>8.3%</b>	<b>6.9%</b>

*This condensed financial information was extracted from the 2011 Episcopal Retirement Homes, Inc. financial statement, a copy of which is available in the president's office.*

# 2011 Ministry Report

Not-for-profit organizations have a rich tradition of providing services and programs that directly benefit the communities and constituents they serve. Since its inception in 1951, Episcopal Retirement Homes (ERH) has been reaching out through its mission to improve the lives of older adults.

## FINANCIAL ASSISTANCE

Residents of ERH communities know they will never be asked to leave if they fall on hard financial times. Contributions to the Good Samaritan Mission Fund allow ERH to make and keep that promise.

William Hueneke grew up during the Great Depression in Over-the-Rhine as the youngest of eight children. A man of modest means and strong work ethic, he and his wife Edith saved their entire lives to establish a private charitable foundation with Huntington Bank. Bruce Ross, trustee of the foundation shares, “Bill and Edith’s philanthropic passion lines right up with the resident scholarship fund at ERH. Most appealing is that 100 percent of the funds go directly to those in need and not toward operating costs.”

### 2011 Financial Assistance

Private pay subsidy (8 residents) .....	\$256,000
Medicaid subsidy (31 residents).....	\$1,309,476
Meals on Wheels (5 clients).....	\$9,420
Partners in Care Fund (22 residents) .....	\$6,325
Staff Emergency Fund (18 employees).....	\$9,697
Hyde Park Center for Older Adults subsidy.....	\$10,600
Staff tuition assistance (3 employees) .....	\$9,690
We Should Do Better Campaign .....	\$33,000
Services provided by Volunteers .....	\$218,394
<b>TOTAL.....</b>	<b>\$1,862,602</b>

## AFFORDABLE LIVING

ERH is proud to offer rent-subsidized affordable senior living communities that provide a variety of options and services not often found in communities for low-income seniors. Our philosophy is that older adults deserve to live with dignity and enjoy life in a safe and enriching community, regardless of their income level.

Medpace, an international company that conducts clinical trials for major pharmaceutical and medical device

companies, is expanding its headquarters next to St. Paul Village. The company moved into its new corporate headquarters on the grounds of the old Nutone campus in October, 2010. By the end of 2012, Medpace will move into two more new buildings on the same campus. Recently, Medpace made a very generous \$15,000 donation that will help purchase much-needed furniture for the common areas at St. Paul Village.

“Medpace is committed to being a good neighbor,” says Kay Nolen, General Counsel for Medpace. “Our move to Madisonville has been wonderful for Medpace and has allowed us to help in the revitalization of the community. Our donation to St. Paul Village is another way we contribute.”

Medpace presented the gift to staff and residents at a recent event. ERH looks forward to a continued partnership with Medpace and the rest of the Madisonville community.

### 2011 Affordable Living

Residents served.....	401
Cost of services not funded by HUD.....	\$99,000



Kathy Ison, ERH VP Affordable Housing; Kay Nolen, General Counsel, Medpace and Inell Cox, St. Paul Village Resident Committee



*ERH residents volunteer in the Council for Life Long Engagement education project to share their wisdom and expertise with local students.*

**COMMUNITY OUTREACH**

ERH models good stewardship toward the surrounding local community by providing a variety of outreach programs.

The Council for Life Long Engagement (CLLE) is an action-learning project that creates positive interactions between grade school students and elders over a period of time, furthering the education of young people. CLLE encourages and enables elders to share their knowledge and talents with school children to reverse the negative aspects of ageism. In 2011, CLLE continued its partnership with Nativity School in Pleasant Ridge and expanded to two new schools—St. Mary’s in Hyde Park and Mt. Notre Dame High School.

Recently, ERH played a more active role in Martins Ferry as the community’s need for support grew. In 2011, the local food pantry, now called The Daily Bread, moved to a new location and expanded its operating hours. Volunteers stepped up to clean, paint, stock and serve the community. Under the guidance of ERH’s Parish Health Ministry more nurses are involved with taking blood pressures and providing other health screenings during the expanded hours, too. In addition, Holy Trinity hosted another Christmas party for the Martins Ferry community, made possible through the generosity of ERH staff, board members and residents. The donated gifts brought joy to so many. The collection of toys was more than generous—children were able to receive one gift at the party, and parents were able to take home an additional gift to give the children on Christmas morning.

**2011 Community Outreach**

<i>Number of residents involved in CLLE.....</i>	<i>117</i>
<i>Number of students involved in CLLE.....</i>	<i>517</i>
<i>CLLE volunteer hours .....</i>	<i>354</i>
<i>CLLE steering team hours .....</i>	<i>468</i>

<i>Average number of people per month at The Daily Bread.....</i>	<i>545</i>
<i>Average number of families per month at The Daily Bread.....</i>	<i>205</i>
<i>Martins Ferry toys donated .....</i>	<i>200</i>
<i>Martins Ferry monetary donations .....</i>	<i>\$803</i>

**VOLUNTEERS**

Each year, ERH volunteers donate thousands of hours of their time and talents toward ensuring that ERH meets its mission. They help staff with tasks ranging from filing and mailing to taking photos and delivering meals. Most volunteers are from the local community and residents’ family members. Residents also play a vital role in volunteerism at ERH.

Aldy Kuertz has been a resident at Marjorie P. Lee since 2006. Over the past five years, Kuertz has been busier than ever and volunteers much of her time to Marjorie P. Lee and Episcopal Retirement Homes through her participation in several committees. For Kuertz, this type of volunteering is a way of life. “Volunteering has always played a big role in my life,” Kuertz says. “I love to give back.” And she does. Kuertz represents Marjorie P. Lee residents as a member of the ERH Board of Directors. She is a member of the Good Samaritan Mission resident

## ✦ 2011 Annual Report

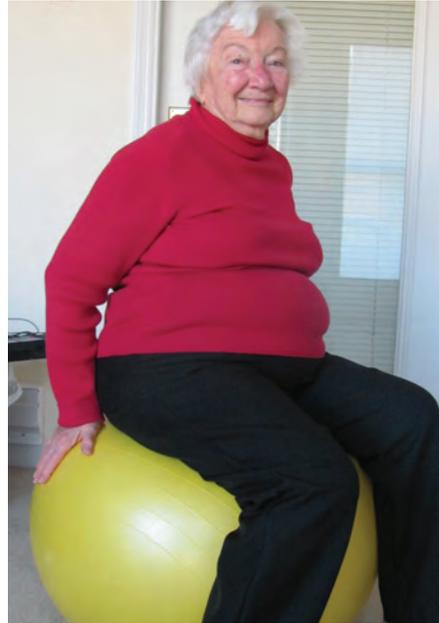
committee and serves as a member of the annual gala committee every year. She also enjoys her involvement in ERH's Preferred Customer Program and the Council for Life Long Engagement. Through this type of resident involvement, ERH is better able to serve the residents in each of its communities.

### 2011 Community Outreach

Total hours.....	16,159
Meals on Wheels .....	40.3%
ERH Board of Directors .....	10.7%
Corner Store.....	9.9%
Cambridge Heights & Canterbury Court .....	15.3%
St. Paul Village & St. Pius Place.....	7.5%
Marjorie P. Lee, Deupree	
Cottages & Deupree House .....	16.3%
Auxiliary members .....	110
Auxiliary donations.....	\$6,225



Aldy Kuertz, Marjorie P. Lee resident



Vivian Templin,  
Parish Health  
Ministry donor

### PARISH HEALTH MINISTRY

Parish Health Ministry extends our mission and ministry outside the walls of our retirement communities and into the surrounding communities of Southern Ohio. Working with 75 churches in the region, this extension of ERH encourages congregations to renew their role in health care through advocacy, education and wellness programs.

Vivian Templin has been involved in Parish Health Ministry (PHM) from the very beginning of the program. "I enjoy the speakers, conferences and healthy eating programs, such as 'Portion Plate,'" Templin says. "I can't urge people enough to have a PHM program in their parish, because it makes people health conscious. The PHM presence in the church gives people the encouragement to say 'I can do that!'" Templin exercises in the gym three times per week, watches her diet and doesn't smoke. "I've been able to reduce the number of pills I'm on," Templin says. She not only supports PHM through the work she does at her church, she has also been a donor to PHM for many years. "I believe in Parish Health Ministry so much," she adds. "I know that it's one place my gift can make a small dent in the program."

### 2011 Parish Health Ministry

Congregations .....	75
Contacts.....	32,186
Volunteers .....	655
Hours of service .....	16,487
Cost .....	\$201,000



*Patch Adams, MD visited with residents and gave ERH staff and community caregivers lessons on “The Joy of Caring.”*

**COMMUNITY EDUCATION**

ERH staff often share their expertise on a variety of senior living topics with community organizations and groups across Greater Cincinnati and throughout Southern Ohio.

Doctor, international speaker, clown and social activist Patch Adams visited Cincinnati on Saturday March 5, 2011. Dr. Adams shared his thoughts on “The Joy of Caring” during a morning session with more than 500 people at The Community of the Good Shepherd, and later spoke about “Living a Life of Joy” at a Deupree House dinner. Dr. Adams also visited the Deupree Cottages to take part in a clowning event.

Dr. Adams explored burnout prevention and discussed how joy-infused caring re-energizes health professionals and caregivers. He also discussed ways to transform the culture of all health care disciplines so that caregivers work together to be “patient first” rather than “system first.” This ideology is closely aligned with the care-giving philosophy of ERH’s Person-Centered Care, which enables people to live life on their own terms at all levels of care.

**2011 Community Education**

<i>Number of attendees at Patch Adams’ “The Joy of Caring”</i> .....	525
<i>Number of attendees at Patch Adams’ “Living a Life of Joy”</i> .....	125
<i>Total number of attendees at ERH educational events</i> .....	757
<i>Total number of attendees at ERH’s Parish Health Ministry events</i> .....	388

**CHAPLAINCY**

ERH provides each of its communities with chaplains who serve the spiritual needs of the residents and those around them. The job of the chaplain can be a very challenging one since residents are often dealing with life-altering events and serious life and death issues. With these challenges, though, comes a potential for overwhelming joy as chaplains walk through life’s journey with residents—listening, comforting and giving guidance during a time when it is most needed. The ministry of the chaplain is not only for the benefit of our residents, but also staff, volunteers, resident families and the wider community. Wherever we can enrich lives, sat-



*Bible study with Fr. Steve Cuff*



*Dr. Galen Warren delivering Meals on Wheels*

**MEALS ON WHEELS**

Through Deupree Meals on Wheels, ERH provides older adults on the east side of Cincinnati with warm, nutritious meals delivered to their homes. Up to 350 meals are delivered per day by compassionate and caring members of our team or dedicated volunteers. Most of our volunteers have been with the Deupree team for 17 to 28 years, demonstrating an extraordinary dedication to the program and people served. It’s an important social contact for elders who could otherwise easily become isolated.

A few years ago, Galen Warren, M.D. read about Deupree Meals on Wheels and thought, “Wow, that’s something I can do.” Now, every Wednesday, Dr. Warren makes time in his busy schedule to deliver meals to seniors in the local community. Dr. Warren explains, “I feel like I’m doing something for others, and I’m helping out people in need.” In his third year as a volunteer for Deupree Meals on Wheels, Dr. Warren has seen first-hand the difference he is able to make in the lives of the seniors on his route. He has noticed that many seniors have a disability or are ill, and it is not easy for them to get around. He takes comfort knowing that his visits not only provide nutritious, hot meals, but they can also ease the loneliness that many seniors experience. Not only does Dr. Warren volunteer weekly, he also makes a donation each year to the program. “I know there is a need, and I’m glad I’m able to help.”

isfy spiritual needs and nurture souls, it is our mission to offer our service.

Ruth Upson deeply believed in the value of spiritual learning from one another and our life experiences. She chose to support the Deupree House Bible study with a gift from her estate. The weekly event continues to draw together an interfaith community for study and conversation. Participants enjoy sharing how the insights from the Scripture impact their faith and wellness in mind, body and spirit.

**2011 Chaplaincy**

Worship services.....	452
Bible study sessions.....	408
Counseling sessions.....	2,052

**2011 Meals on Wheels**

Meals .....	82,229
Clients.....	319
Neighborhoods .....	24

*If you would like to support our mission in 2012, your gift—financial or otherwise—is always appreciated. For more information on how you can help shape ERH’s ministry, contact Diane Decker, Director of Fund Development, at 513.272.5555 ext. 4283 or visit our website at [episcopalretirement.com](http://episcopalretirement.com).*

# Living Legacy Society

Individuals giving through their estate

Lori and David Asmus

Mrs. Marjorie Austin

Carol and Corning Benton

Mrs. Ellen A. Berghamer

The Rt. Rev. and Mrs. William G. Black

Miss Virginia A. Bohn

Mr. and Mrs. Jon B. Boss

Jill and Ken Burkman

Anna K. and George G. Carey IV

Mr. and Mrs. Donald Y. Carpenter

Joy and Chet Cavaliere

Orsen "Chris" Christensen

Mrs. Olga S. Clark

Mr. and Mrs. A. Burton Closson, Jr.

Miss Irene E. Ehrmann

Jack and Helen Fix

Mary Beth and Jim Foxworthy

Mrs. Eugenia W. Freeman

Dr. James M. Garvey, Jr.

The Rev. Canon Jim Hanisian  
and Alex Chesson

Mrs. Elizabeth T. Hatcher

Bob and Judy Heaton

Mr. and Mrs. Charles B. Hedrick

Theodore and Barbara High

Mrs. Harry K. Hines

Mrs. Lee B. Hollister

Mrs. Phyllis S. Hopple

Kathy Ison

Mr. Charles M. Judd

Harry Kangis and Julia Hawgood

Mr. James Kingery

Lana and K. Jay Kittenbrink

Mr. and Mrs. Jeffrey S. Lamb

Miss Pat Landen

Robert H. LaShelle

Mr. and Mrs. Robert G. Linkins

Mary Beth and David Lowry

Mrs. George H. McClure

Mrs. Helen B. Merchant

Mr. Dan Meyer

CeCe and Tom Mooney

Mrs. Eunice Murphy

Mr. Hans Neubroch

Philip G. Osborn

Ken and Pam Paley

Joan Trittipio Perkins

Mrs. Betty W. Pippert

Mr. and Mrs. John W. Plattner

Sue and Tom Pontius

The Rev. and Mrs. William E. Rathman

Miner Raymond

Mrs. Sylvia Wicker Reid

Mrs. Mamie E. Rooks

Mr. and Mrs. Paul J. Scheper

Mr. and Mrs. James H. Scott

Elizabeth C.B. and Paul G. Sittenfeld

The Reverends Bruce Smith  
and Susan Warrenner Smith

Mrs. Kay Smith

Doug and Kathy Spidler

Mr. John F. Stevenson

Mrs. Delle Ernst Taylor

Dr. and Mrs. Thomas U. Todd

Pat and Bill Victor

Mrs. Mary E. West

Anne and Sam Wilson

# 2011 Community Partnerships

As part of its mission to improve lives, ERH actively develops and supports ministries that benefit thousands of individuals each year. For a complete listing of the 2011 donors, please visit [episcopalretirement.com](http://episcopalretirement.com). To request a copy of the donor list in print, please contact the Fund Development office at 513.272.5555 ext. 4283.

## Foundation Partners

Anonymous (2)  
Elizabeth Hardin and Wallace L. Jones Fund  
of the Greater Cincinnati Foundation  
The William Hueneke Foundation  
The Kuntz Foundation of the Dayton Foundation  
The H.B., E.W. and F.R. Luther Charitable  
Foundation, Fifth Third Bank and Narley L. Haley,  
Co-Trustees  
The Overbrook Foundation  
Walter A. Pfeifer Foundation  
PNC Foundation  
Rindsfoos Foundation  
The Robison Family Foundation

## Organizational Partners

### Gifts \$5,000 and above

Blackstone Group, LLC  
*Cincinnati Magazine*  
Episcopal Diocese of Southern Ohio  
Fresh Market  
Henkle Schueler & Associates  
Medpace  
Model Group, Inc.  
Ohio Capital Corporation for Housing  
PNC Financial Services Group

### Gifts \$4,999 and below

Aarrowood Plants & Flowers  
Aglamesis Brothers

Alliance Rehab  
Alzheimer's Association  
ASI Modulex, Inc.  
Bahl & Gaynor Investment Counsel  
Baker & Hostetler LLP  
Bartlett & Co.  
Bayer Becker  
Mr. David J. Brainin  
Bricker & Eckler  
Brunner's Lawn and Services  
Bucktrouts  
Charter One/Citizens Bank  
China Gourmet  
Collier Nursing Services  
Commercial Construction & Maintenance  
DeBra-Kuempel  
Elden Good Funeral Home Inc  
Evaluation Associates  
Family Bridges Home Care  
Fifth Third Bank, Private Client Group  
Frost Brown Todd LLC  
Geo. H. Rohde & Son Funeral Home  
Graydon Head  
Just Business  
Kathman Electric Co., Inc.  
KKG Studios  
Kucia and Associates LLC  
LPK  
Mr. Jerry C. Malsh  
Maverick Productions / *Best Magazine*

Millennium Business Solutions  
 Mitchell's Fish Market  
 MRA  
 Mud Worldwide LLC  
 Mullaney Medical, Inc.  
 Multi-Craft  
 National Episcopal Health Ministries, Inc.  
 Next Step Networking, Inc.  
 Optimus EMR, Inc.  
 Pinnacle Group  
 Plante & Moran, PLLC  
 Premiere Vending Inc.  
 Prestige AV & Creative Services  
 Red Capital  
 Ridge Stone General Contractors  
 RJ Beischel Building Co.  
 Schiff, Kreidler-Shell, Inc.  
 SFCS Inc.  
 Skilled Care Pharmacy  
 Specialized Environmental Sampling  
 StrataMark Dynamic Solutions  
 Tesco Elevator Company  
 Waite, Locey & Associates, LTD.  
 Walters Associates, Inc.  
 Welcome Home  
 Wine Merchant  
 Ziegler Senior Living Finance

## Parish Partners

### Gifts \$1,000 and above

Calvary Episcopal Church, Clifton  
 Christ Church Cathedral, Cincinnati  
 Christ Episcopal Church, Dayton  
 Episcopal Church of the Redeemer,  
 Cincinnati  
 Episcopal Diocese of Southern Ohio  
 Hyde Park Community United Methodist Church,  
 Cincinnati  
 St. Mark's Episcopal Church, Upper Arlington

### Gifts up to \$999

Anderson Hills United Methodist Church, Cincinnati  
 Christ Episcopal Church, Glendale  
 Christ Episcopal Church, Xenia  
 Church of the Good Shepherd, Cincinnati  
 Church of the Nativity of Our Lord, Cincinnati  
 Community United Methodist Church, Circleville  
 ECO Area Ministry, Cambridge  
 Episcopal Church of The Ascension  
 & Holy Trinity, Wyoming  
 First Baptist Church, Middletown  
 Forest Chapel United Methodist Church, Cincinnati  
 Gloria Dei Lutheran Church, Crestview Hills, KY  
 Grace Baptist Church, Cedarville  
 Knox Presbyterian Church, Cincinnati  
 Presbyterian Church of Wilmington  
 Shepherd of the Valley Lutheran Church,  
 Apple Valley, MN  
 St. Andrew's Episcopal Church, Dayton  
 St. Andrew's Episcopal Church, Evanston  
 St. Anne Episcopal Church, West Chester  
 St. Boniface Church, Cincinnati  
 St. Christopher Episcopal Church, Fairborn  
 St. James Episcopal Church, Cincinnati  
 St. James Episcopal Church, Zanesville  
 St. James of the Valley Catholic Church, Wyoming  
 St. John the Baptist Catholic Church, Harrison  
 St. John United Church of Christ, Cincinnati  
 St. John's Episcopal Mission, Columbus  
 St. Joseph Catholic Church, Dale, IN  
 St. Mark Episcopal Church, Dayton  
 St. Patrick Episcopal Church, Lebanon  
 St. Patrick's Episcopal Church, Dublin  
 St. Paul's Episcopal Church, Oakwood  
 St. Peter & St. Paul UCC, Cincinnati  
 Sts. Peter and Paul Church, Reading  
 St. Simon of Cyrene Church, Lincoln Heights  
 St. Stephen's Episcopal Church, Columbus  
 Trinity Episcopal Church, Newark

# ERH

Episcopal Retirement Homes

3870 Virginia Avenue  
Cincinnati, OH 45227-3427  
www.EpiscopalRetirement.com

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
CINCINNATI, OH  
PERMIT NO. 5782



## May we introduce... Geriatrician Jason Graff, M.D.



Jason Graff, M.D. is co-director of The Christ Hospital Center for Health and Aging and has recently been appointed medical director of the Deupree Cottages in Hyde Park.

Dr. Graff is board certified in both internal medicine and geriatrics. He completed his internal medicine residency at The Christ Hospital and joint geriatric fellowship program at The Christ Hospital and the University of Cincinnati College of Medicine.

Dr. Graff is committed to his work with dementia patients and finds that the Deupree Cottages offer a unique opportunity to work with residents in memory support. He looks forward to tailoring treatments through individual programs and maximizing therapy with physical activity and wellness. His favorite part of work? The opportunity to learn so many different things from his patients. He values their wisdom and enjoys the interaction they share together.

[LEARN MORE ABOUT DR. GRAFF AND HIS PHILOSOPHY OF CARE IN THE SUMMER ISSUE OF LINKAGE.](#)