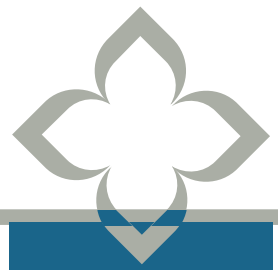


C.L.L.E.

council for life long engagement



Applying What We Learn

Last week, fifth graders in Mrs. Kathman's class got to the heart of the matter. Dr. Corning Benton, resident at Marjorie P. Lee Retirement Community, joined the class to discuss the circulatory system and hearts. Do you know the heart rate of a hummingbird compared to a human or race horse? Does heart rate correlate to size? The students learned all this and more. They learned that heart rates do correlate to size and formed a hypothesis after analyzing the data, the bigger the size the slower the heart rate.

The students had an opportunity to listen to the heart beats of healthy and impaired hearts. Have you ever heard a waterbug's heartbeat? Quite interesting! The students listened to the difference between a healthy heart and those with heart conditions such as an arrhythmia. One of the students asked the most important question of the day... "What can I do so my heart never sounds like that?" The lecture took a slight detour into the benefits of healthy eating and living habits. What a great way to end the lecture - going from what your heart does for you to applying that learning to what you can do to take care of your heart. That is learning at its best!



Dr. Benton describes normal heart sounds.



Jack Garry and other students react positively to Dr. Benton's analogies. Dr. Benton's examples made learning fun and meaningful.

Are You Interested?

If you would like to be a part of the CLLE programs in the classroom, please contact Laura Lamb at llamb@erhinc.com or at 272.5555 ext. 6606.