



New PHM Program: Journeying through Grief

Respectfully and compassionately helping others in their grief process is a complicated, sometimes difficult process. After some of our partnering churches had expressed a desire for an actual program to address grief, ERH Parish Health Ministry partnered with The Stephen Ministries to offer “Journeying through Grief” – a simple, well-written, accessible program for those who have lost a love one.

The program consists of a series of four books, each written to address the needs and difficulties experienced at specific times during the first year following a loss. The program also includes letters to send to the person who has lost a loved one, as well as a program overview, bulletin information and “points to consider” when implementing the program in your church.

The program was kicked off at the Parish Health Ministry annual Lead Volunteer Appreciation Luncheon, and is being offered to all partnering churches. For those churches who already have a bereavement ministry, the program has been a welcome addition; for those without an existing bereavement ministry, it’s been a great place to start.

For more information on the program, please contact your PHM Coordinator.