



Journeying through Grief

Respectfully and compassionately helping others in their grief process is a complicated, sometimes difficult process. After some of our partnering churches had expressed a desire for an actual program to address grief, ERH Parish Health Ministry partnered with The Stephen Ministries to offer “Journeying through Grief” – a simple, well-written, accessible program for those who have lost a loved one.

The program consists of a series of four books, each written to address the needs and difficulties experienced at specific times during the first year following a loss. The program also includes letters to send to the person who has lost a loved one, as well as a program overview, bulletin information and “points to consider” when implementing the program in your church.

The program is being offered to all partnering churches. For those churches who already have a bereavement ministry, the program has been a welcome addition; for those without an existing bereavement ministry, it’s been a great place to start.

For more information, please contact your PHM Coordinator.