



HOPE RESIDENCE

A MINISTRY OF THE LUTHERAN
HOME ASSOCIATION



Where the care of the soul is the soul of care

THE LUTHERAN HOME ASSOCIATION:

HOPE RESIDENCE

Continue your story.

When we or our loved ones face intellectual, physical or developmental disabilities, life presents uncommon challenges to grow and connect to the world around us. At The Lutheran Home: Hope Residence, we help those facing disability find the freedom and security to become more socially active, build relationships, explore passions and seek greater meaning from life. So they can continue to write their own story—in their own way.

MISSION STATEMENT

To share Christ's love as we serve the spiritual, physical, intellectual and emotional needs of people entrusted to our care and others whose lives we touch.

BUILDING FUTURES. ENHANCING LIVES.

Located on a beautiful 22-acre continuum care campus in Belle Plaine, Minn., Hope Residence offers comprehensive, personal care for adults with intellectual, physical, developmental disabilities and other related conditions.

We provide an extensive array of services to support and enhance the lives of residents dealing with disabilities such as Down syndrome, cerebral palsy and autism.

Our person-centered care is tailored to meet the unique needs of each individual, focusing on their own personal growth and enrichment. Our experienced and compassionate staff is trained in the latest advances in care and can adapt services as needed.

From social activities to recreational programs, we provide the kind of supportive environment that allows individuals to increase their self-sufficiency, be active members in the community and develop meaningful friendships.

These are just some of the reasons Hope Residence is such a special community. We invite you to discover the rest—schedule a tour today!

SPIRITUAL CARE

Though we serve people of all faiths, Hope Residence offers Christ-centered care. All residents are invited to participate in our onsite chaplaincy services. An ordained pastor visits regularly and provides Bible classes, devotions, worship services and one-to-one spiritual counseling, if desired. Residents have the opportunity to attend church services in the community.

LIVING AREAS

The proper environment—both physical and social—is an important factor in successful developmental growth. At Hope Residence, we've designed four pleasant living areas that provide a home-like atmosphere and encourage social engagement while promoting self-sufficiency. Each living area offers:

- A resident program manager
- Direct care professionals
- A kitchen and dining area
- Outdoor patios and picnic grounds
- A common area with comfy seating and television
- Resident bedrooms with attached bathroom
- Full bathroom including one with a whirlpool

New residents are encouraged to bring personal items to decorate his/her bedroom or add a chair to the common area. Residents can cook their favorite meal in the kitchen; staff assists as needed. Meals are served in the dining area.

SENSORY ROOM

We recognize everyone needs time and space to relax. We provide a stimulating environment to engage or soothe residents, depending on their day-to-day needs. Our onsite sensory room, designed for just such a purpose, includes:

- A solar projector with rotating discs
- A large water wall
- A fiber optic waterfall
- A weighted blanket
- A sand tray
- Manipulative figures with different textures



RECREATION

At The Lutheran Home: Hope Residence, residents can choose to participate in a variety of social activities. The activities are designed to engage the residents and to build community and resident involvement.

Activities include:

- Special Olympic participation
- Church services
- Community outings
- Shopping
- Bowling
- State and regional fairs
- Plays and concerts

In addition, our common area offers a glider swing, bird sanctuary, fish aquarium, TV and fitness equipment. Residents enjoy sing-alongs, parties, Wii games, crafts and table games in the activity room. A two-person bicycle is available for supervised rides around town.

OUR CAREGIVERS

Hope Residence staff works with families, guardians and case managers to provide person-centered care. Staff provides the highest degree of quality care. The goal is to deliver excellent care to each resident as prescribed by the physicians and the individual program plan.

NURSING CARE

- Nursing staff onsite 16 hours per day, on-call 24/7/365
- Develop, implement and manage behavior and health management plans
- Administer medications, insulin, etc.
- Care for individuals with diabetes, epilepsy, oxygen, mental illness, physiological needs and dementia

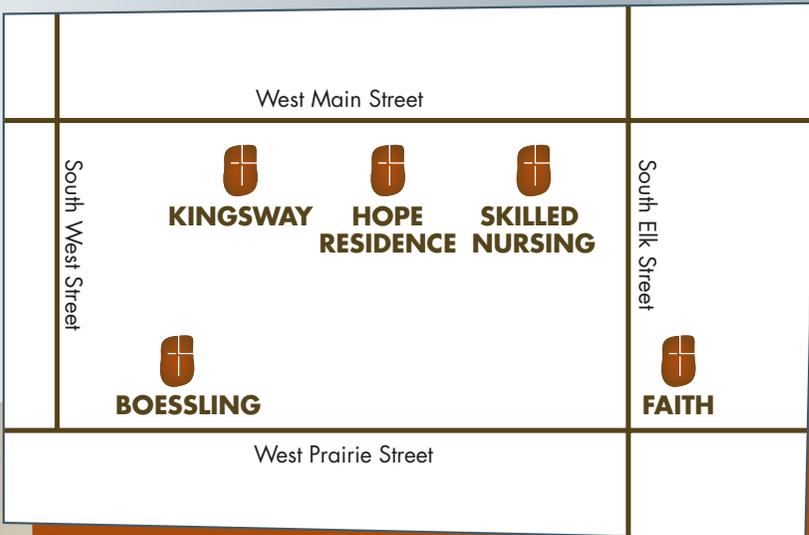
DIRECT SUPPORT PROFESSIONALS

- Assist resident with daily activities
- Coordinate and maintain resident schedule
- Adhere to resident behavior and health management plans
- Coordinate resident participation in community, vocation, church and campus activities
- Implement resident goals

OTHER AMENITIES

- Access to outside vacation opportunities
- Nautilus-equipped Wellness and Rehabilitation Center
- Occupational, physical and speech therapists
- Specialized nursing care and dental services
- Mayo-affiliated medical clinic on campus
- On-and-off campus transportation available





The Lutheran Home:
 Hope Residence
 611 West Main Street
 Belle Plaine, MN 56011
 Phone: (952) 873-2143
 Fax: (952) 873-2147

www.tlha.org

The Lutheran Home Association is a not-for-profit corporation owned and operated by an association of Wisconsin Evangelical Lutheran Synod (WELS) and Evangelical Lutheran Synod (ELS) congregations, "Where the Care of the Soul is the Soul of Care®."

