

# 7 Habits of the Highly Effective Instructor

Ross Bentley & Brian Ghidinelli



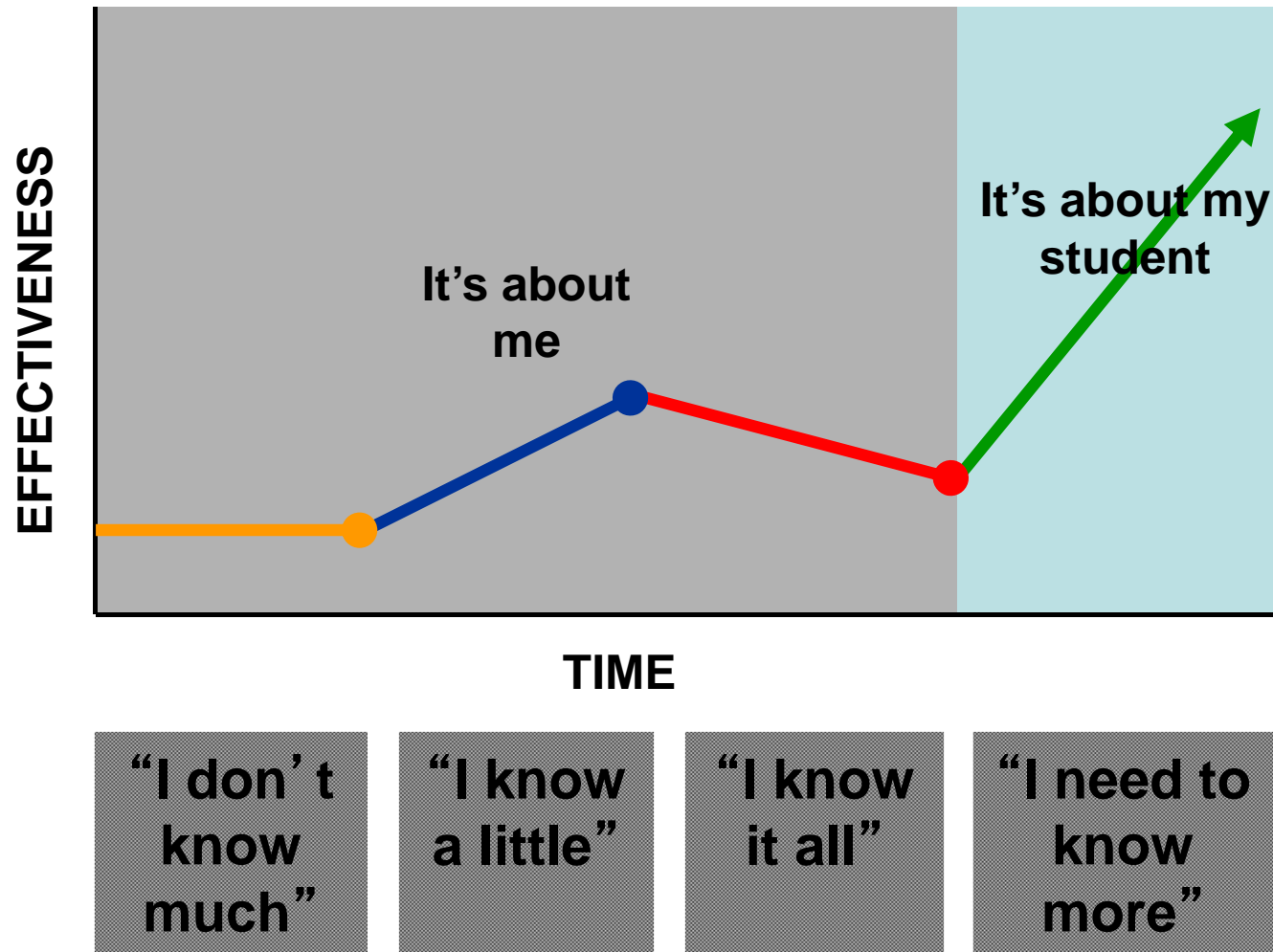
# Habits?

- Habits are “mental programs”
- We do what we do because we’re programmed to do so
- We don’t do what we want because we either don’t have the right program, or...
- We access the wrong program



# #1

## They Know What It's All About





# **#2**

## **They Take Responsibility & Control**

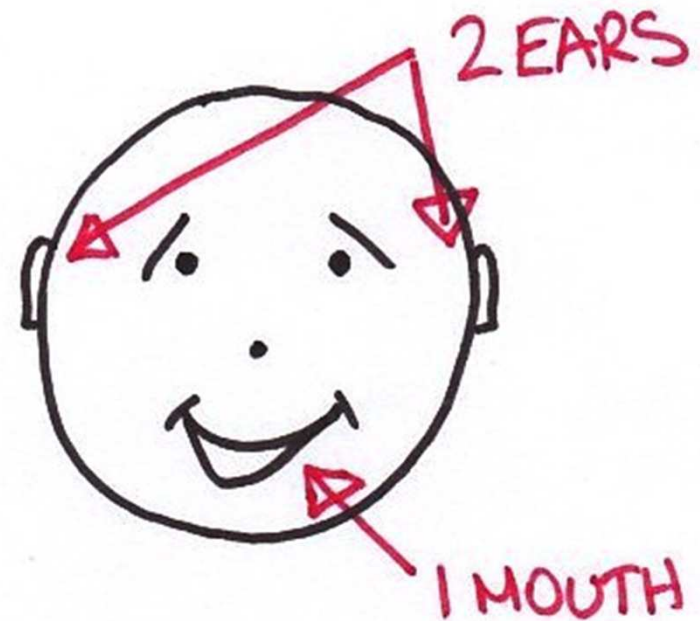


- **Who's responsible?**
- **Who's in control?**

# #3

## They Communicate With Their Mouth, Ears & Body

- 2 ears, 1 mouth, so... Ask, listen, coach - draw out their knowledge, rather than just stuffing it in
- Body language, gesturing... Yours and student's
- Change cadence, volume when talking



*"He who knows, does not speak. He who speaks, does not know." - Lao Tzu*

# #4

## They Tell Their Students What To Do, Not What Not To Do

- Don't think about a pink elephant
- You cannot not think about something

*“Try not. Do or do not. There is no try.” - Yoda*





# #5

## They Provide Clear, Well-Defined Objectives

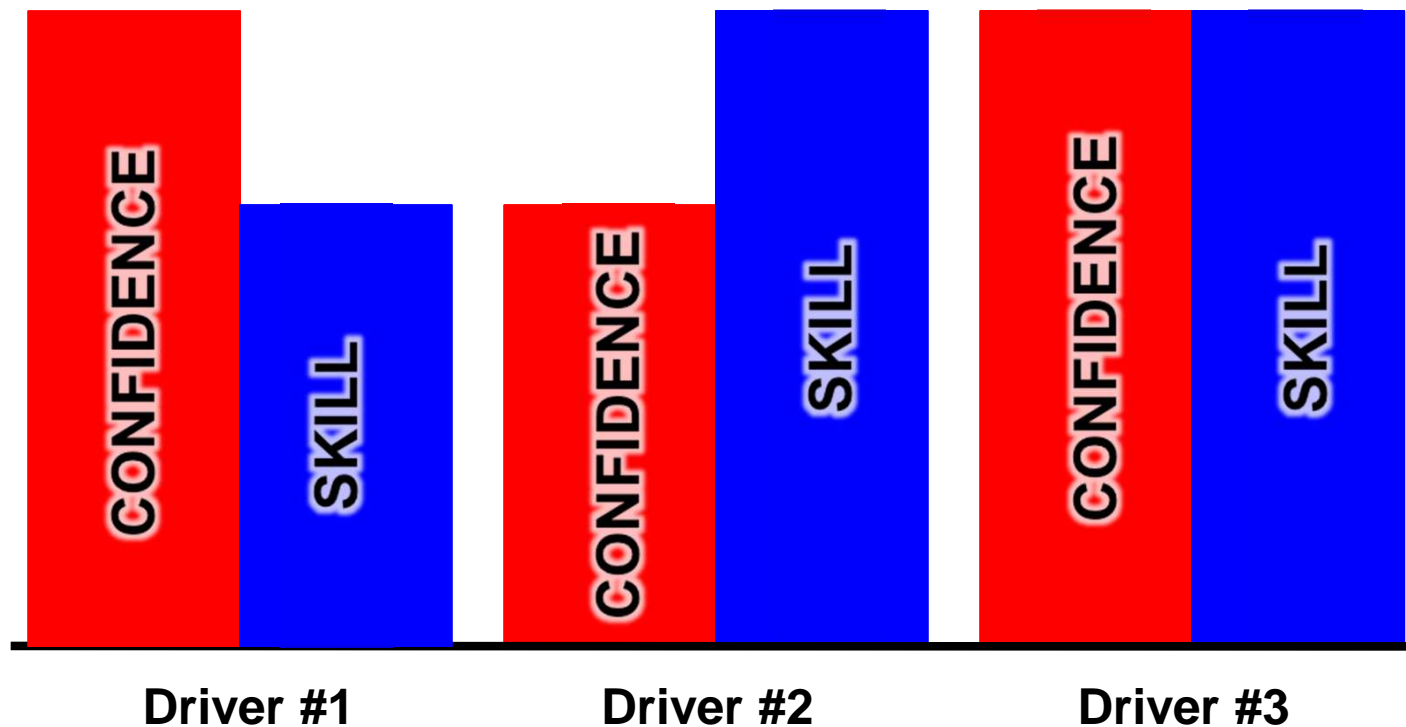
- No more than 3

*“It's not what is poured into a student that counts, but what is planted.” - Linda Conway*



**#6**

# **They Manage Their Student's Confidence, Skills & Challenge**

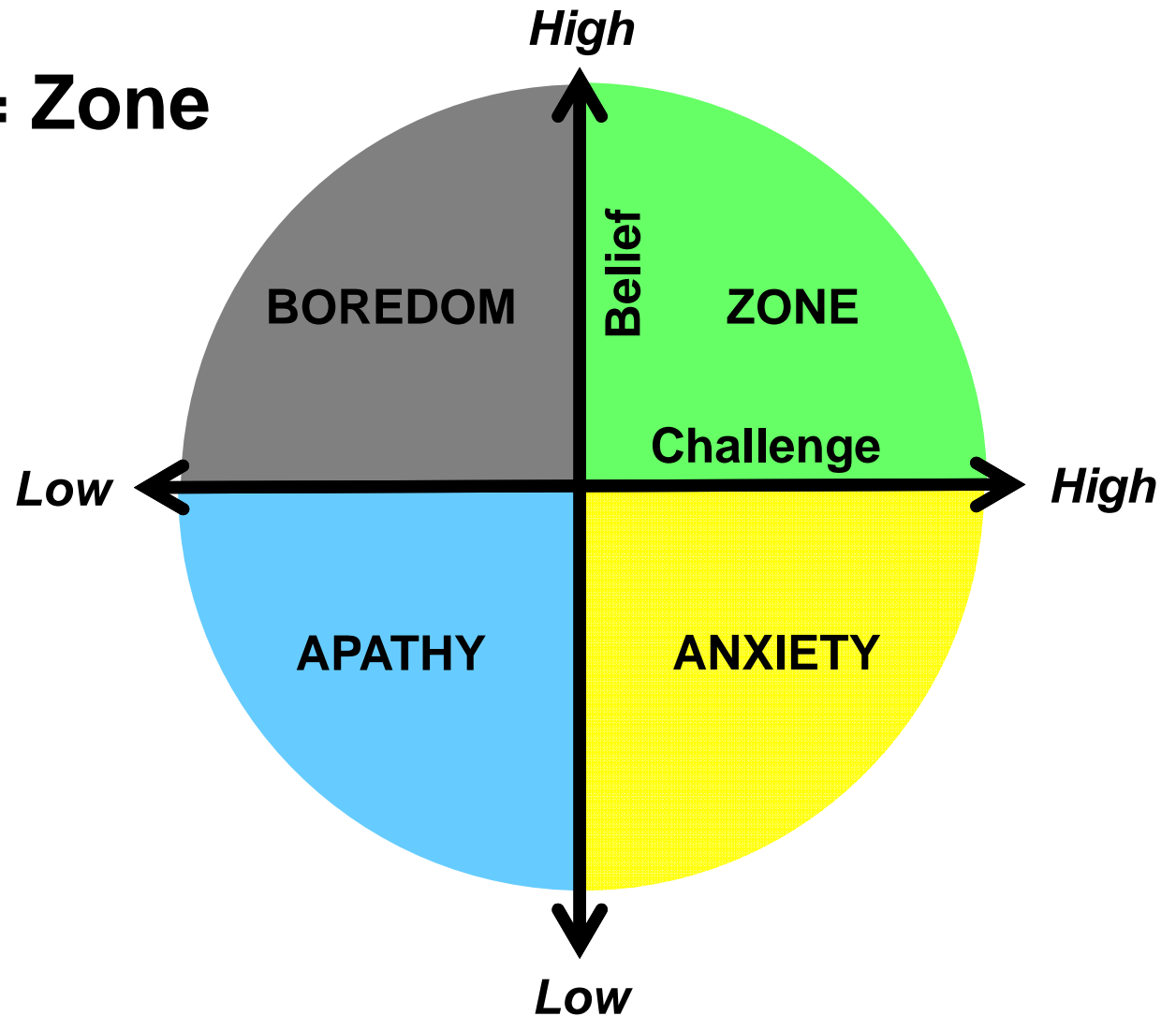




**#6**

# **They Manage Their Student's Confidence, Skills & Challenge**

**Challenge + Belief = Zone**

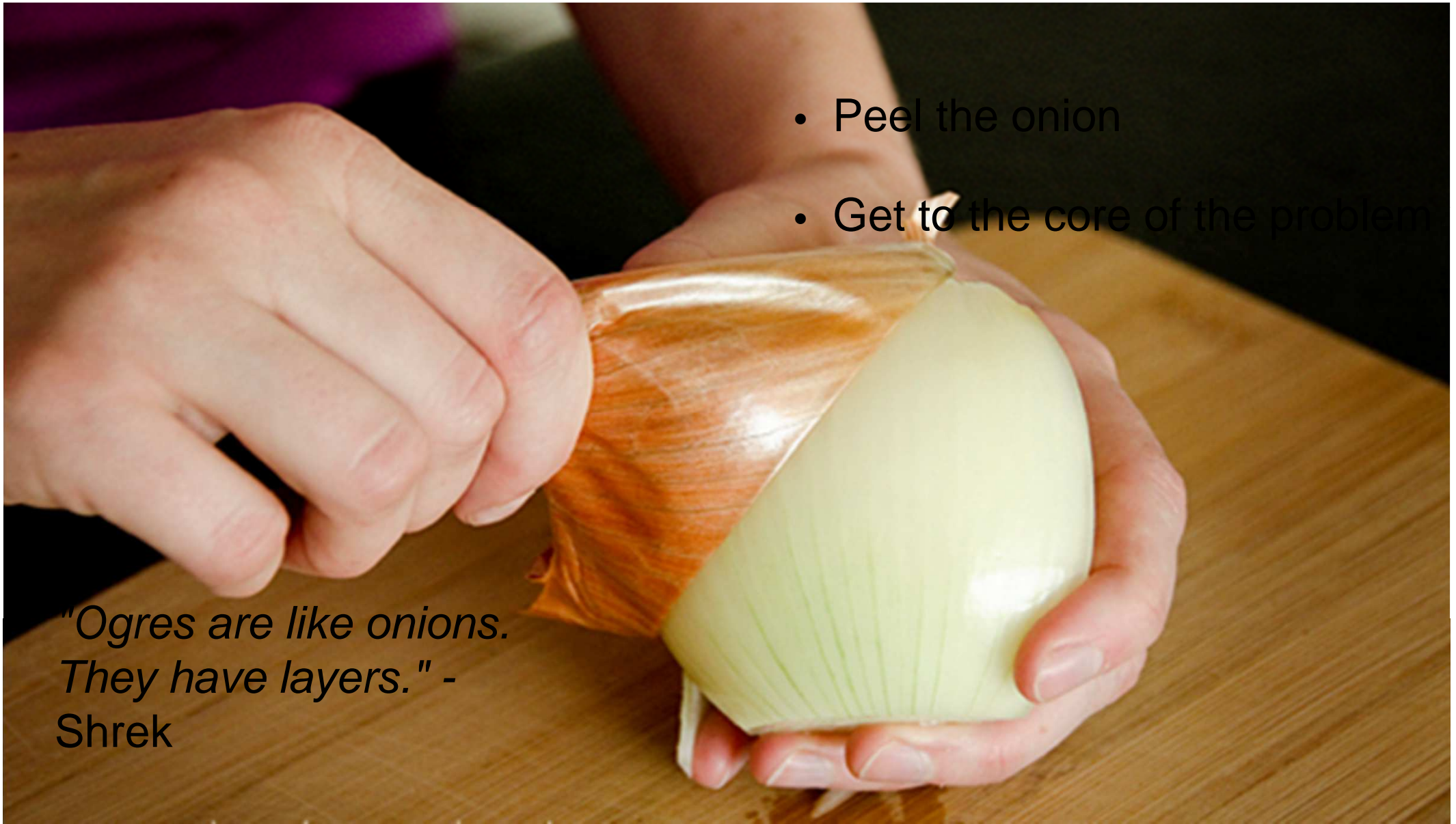


# #7

## They Focus On The Solution, Not The Problem

- Peel the onion
- Get to the core of the problem

*"Ogres are like onions.  
They have layers." -  
Shrek*



# Bonus:

## They Know When To Stop

- Students have a limit...
- Respect it





# Thanks / Q & A

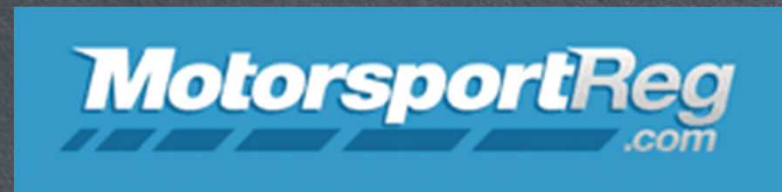


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[ross@speedsecrets.com](mailto:ross@speedsecrets.com)

[facebook.com/DriverCoach](https://facebook.com/DriverCoach)

twitter @speedsecrets



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HPDEs w/ student log books  
and more.

[brian@pukkasoft.com](mailto:brian@pukkasoft.com)

twitter @ghidinelli

