NEW RELEASE I BOOKS I LIFESTYLE

Grow Your Own Vegetables: Digging and Planting

Develop your own **vegetable garden** with advice from gardening expert **Rachelle Strauss**, from digging & planting, seed types, essential tools and more.

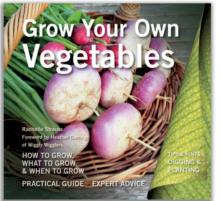
Search terms: digging and planting, growing vegetables, vegetable garden

Grow Your Own Vegetables is an informative and **user-friendly guide** to self-sufficiency – providing advice for beginners as well as offering useful information throughout your healthy journey. You'll find **concise instructions** on how to grow a varied vegetable garden, covering all the essentials such as: garden arranging, preparing soil, deciding what to grow and how to best look after a range of crops.

This guide also features chapters discussing cultivation practices, organic growing, pest control and much more. **Engaging facts** are told via bullet points throughout the text, ensuring that you don't miss out on a wide selection of short and useful tips. *Grow Your Own Vegetables* finishes with a **comprehensive directory** of vegetables to grow in your newly prepared garden, divided by classification and including storage advice and serving suggestions.

Written by an expert in environmental gardening practices, Rachelle Strauss, *Grow Your Own Vegetables* is an invaluable book for anyone looking to **create and maintain** their own vegetable garden.

Product short link: www.flametr.com/FTGrowVeg







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