GROUP WARM UP

- 1. As kids, we all played games where we'd see who could take the most pain or inflict the most pain. It especially seemed to happen a lot between siblings! Tell about any experiences you remember... or have tried to forget.
- 2. Pastor Shane touched very quickly on the ideas of justice vs. revenge when he told the account of David and Saul... Talk about how the two relate.

OPENING PRAYER

DISCUSSION QUESTIONS

- 3. Pastor Shane spoke about the need to release the hurt or the resentment we hold against others who have wronged us. If you do an honest self-inventory, how "heavy" are those resentments weighing on you today?
- 4. Read Matthew 6:12 together. What is your reaction to this command by Jesus? How are you doing in day-to-day life carrying it out?
- 5. If we read a few verses later, we get great motivation for taking this pretty seriously! Read Matthew 6: 14-15 and each of the following Scriptures to see just what God calls us to do when we've been hurt:
 - Mark 11:25
- Luke 6:37
- Colossians 3:13
- 6. Why do you think God made forgiving others a condition of His forgiveness of us?
- 7. Pastor Shane and other teachers have talked about anytime we're unwilling to forgive others is like a poison to us. How have you seen this to be true in your life (or in others)? Does this idea give you any insight into the previous Scriptures and why God places the "forgive and you will be forgiven" condition on us?
- 8. What holds us back from extending that kind of forgiveness and release of the hurts and wrongs others have inflicted on us? Where can we find the strength to do what He calls us to do?

<u> Action Step</u>

When we extend forgiveness it doesn't justify the wrong, it doesn't provide God's forgiveness for their actions, that's up to them and the Lord. Nothing can undo the past, but release and forgiving can allow Jesus to do something about the condition of our <u>own</u> heart. Forgiving others makes a way for our own healing to begin and a fresh work of God in our lives. Deal with any unforgiveness you're harboring!

Closing Prayer

