

Questionnaire on Self-Regulation for Older Elementary Students
(completed by the student)

Name: _____ Date: _____

	Never True	Sometimes True	Mostly True	Always True
I cry more often than my classmates				
I feel so angry I could scream				
I slam doors when I am mad				
I have a hard time sitting in my seat				
I get easily distracted by my classmates				
I have a hard time completing my school work				
Other children do not want to play with me				
Adults seem angry at me				

Note for scoring (would not be visible to the student):

If four or more scores are in the Mostly True or Always True further investigation is warranted.

Teacher Questionnaire on Self-Regulation for Older Elementary Students
 Completed by Teacher: _____

Name of Student: _____

Date: _____

	Never True	Sometimes True	Mostly True	Always True
Child cries easily				
Child has a short fuse and is easily frustrated				
Child is easily upset when things do not go as planned				
Child acts impulsively				
Child is easily distracted by classmates				
Child has a hard time completing school work				
Child often gets in trouble for talking out of turn				
Child has a hard time seating in his seat				

If four or more scores are in the Mostly True or Always True further investigation is warranted.

Teacher Questionnaire on Self-Regulation for Older Elementary Students
 Completed by Parent: _____

Name of Child: _____ Date: _____

	Never True	Sometimes True	Mostly True	Always True
Child cries easily				
Child has a short fuse and is easily frustrated				
Child is easily upset when things do not go as planned				
Child acts impulsively				
Child is easily distracted by siblings or friends				
Child has a hard time completing Homework and chores				
Child often moves from one activity to another				
Child has a hard time seating in his seat during meal times				

If four or more scores are in the Mostly True or Always True further investigation is warranted.