Dana’s Delight

In the midst of one woman’s unimaginable suffering, God sows the seeds of new life.
The Secret is Out
by Melinda Delahoyde, President

Political battles over abortion have raged for more than three decades. Care Net aims for a more immediate solution: we reach out directly to pregnant women who need our help.

For a long time, these efforts didn’t even register a “blip” on the radar of Planned Parenthood and other abortion advocates. Times have changed.

Success Creates New Challenges

The sheer number of women we serve annually — just over 340,000 per year — virtually guaranteed that the other side would have to take notice. Especially since 9 out of 10 women who visit a pregnancy center choose life. In fact, last year Time magazine credited pregnancy centers for contributing to America’s rapidly declining (down 25% in two decades) abortion rate.

Success, however, comes with a price. In the past few years, a number of pro-abortion politicians have attempted to weaken our outreach to women with cumbersome laws and regulations. And we know more challenges are coming.

Entering a New Season

We’re entering 2009 with a profound sense of urgency to prepare for these challenges. Our pressing goals:

1. Continue increasing and improving our services to women struggling with unplanned pregnancies, so even more choose life.
2. Use the media more effectively to speak to the community and defend the sanctity of life and our ministry.
3. Plant more centers in underserved urban areas and college towns — where abortion centers generate the most “business.”

You’ll find a more thorough description of these goals on page 11 of this Care Net Report.

In the meantime, we must never forget what these efforts really mean for women struggling with unplanned pregnancies: the literal difference between life and death. As always, this magazine is a testament to that truth — proof of the wonderful difference you and I can make in the lives of women who have all but given up.

Melinda W. Delahoyde
Dana’s Delight

In the midst of one woman’s unimaginable suffering, God sows the seeds of new life.

Throughout her life, Dana endured unthinkable cruelty and hardship. But in the midst of her relentless hardship she found hope and precious new life.

by Jeff Meredith

When Dana found herself lost in Utica, New York, one night five years ago, the man who offered to help seemed nice enough.

But it was a trap.

He brutally raped her on the side of the road. It was a new low for a woman who had endured abuse and hardship her whole life. Yet in her darkest moment, God sowed the seeds of her redemption.

Troubled Childhood

Dana suffered almost unimaginable cruelty growing up. Her mother physically and emotionally abused her, and her brother began molesting her when she was a little girl. And when her parents divorced and she moved in with her dad, he married a woman who despised her. Long before she was an adult, Dana was living on the streets.

By her early 30s, Dana had been married three times: including an adulterer, and an alcoholic who...
persuaded her to move to Alaska with him — only to be devastated when he turned up in jail after a drunk driving arrest.

The day he was scheduled for release, he was rearrested for a prior DWI and extradited to Utica, New York. Dana followed him to Utica, where she spent most of her lonely days at the jail waiting for visiting hours.

It was after a long day at the jail that the rape occurred. She had just moved to a new apartment and didn’t know how to drive home. Police never caught the rapist.

Without friends or support, Dana suffered severe anguish. She would cry for days, entertain suicidal thoughts, and wash herself with bleach to “deal” with the rape.

Two Shocking Discoveries

Two months after the rape, Dana received the biggest shock of her life. She was pregnant.

“I just about fainted,” she says.

Her husband urged her to abort the child, and her doctors also insisted abortion was her “best” option. So did her therapist. The pressure “made me feel like an outcast — like I was carrying something evil.”

It seemed like circumstances couldn’t get worse. But then, out of the blue, a woman she had never met before called and said she was her husband’s wife. That seemed utterly impossible. But when she confronted him, he admitted it was true.

A Fateful Decision

With her “marriage” in tatters and pressure building on all sides to end her pregnancy, Dana felt lost. She wasn’t sure what she needed, but she thought she might find it at a church. So one night, she decided to drive until she found one.

When she stumbled into Calvary Gospel Church, she introduced herself to the pastor and met his wife. That kind, gentle woman listened to Dana’s story. And she told her she knew people who could help.

The very next day, the two of them went to a Care Net pregnancy center. Dana remembers that when they arrived, for the first time in months she felt safe and relaxed. She spoke with a counselor named Amy, unloading all of the conflicting questions plaguing her: “What if I can’t love the baby? What if it looks like the rapist? Is it wrong to want to keep this child?”

There was a time when Dana was certain she needed to end her pregnancy with abortion. Today, her daughter Dalana has become the light of her life.
Amy listened and did something no one else had: she offered unconditional support. “I felt like she really wanted to help me,” Dana says. “I wasn’t judged or condemned. It made all the difference.”

Three Abortion Appointments

In the weeks and months ahead, Dana spoke repeatedly with Amy — sometimes in the middle of the night. She was always encouraged, but she still felt unsure. Three times she scheduled — and missed — abortion appointments. The first time, she came down with a cold. Then she was rear-ended on the way to her second appointment.

Finally, on the third try, Dana realized the abortion clinic workers just didn’t care about her. That’s when she tearfully chose life.

Overjoyed, she told Amy and the women at the Care Net pregnancy center. They rejoiced with her, doing everything they could to help. “They gave me maternity clothes, baby clothes — even a bassinet! — to help. And they let me work at the center, too,” Dana remembers. “I was in charge of keeping all the donated items organized.” She loved every minute of it.

These wonderful gifts — strengthened by prayer, counsel, and friendship — finally helped Dana realize that out of that horrible rape and her anguished life, “God was creating something good.”

Redemption Complete

The day her daughter Dalana was born, Dana felt overwhelmed with joy. As her labor ended and new life began, she suddenly understood what Amy had been sharing with her about God’s unconditional love.

Shortly after giving birth, Dana sent a note to Amy saying, “Thank you for sticking by me. I love my baby so much. If I had gone through with the abortion, I would be feeling so much despair. Instead I have so much love. I have never been happier.”

Less than a year after Dalana’s birth, Dana met a man who not only loves her, but her daughter, too. They’ve been married for four years now, and he’s adopted Dalana. And today, Dana can say with total certainty that despite the unbelievable difficulty of her life, “I would do it all again for my baby.”
Yvonne and her husband were homeless and constantly fighting. Then she discovered she was pregnant ...

by Jeff Meredith

Childbirth is stressful under the best of circumstances. But when a family is struggling with extreme poverty and other hardships, the prospect of raising a child can seem overwhelming.

Two years ago, Yvonne Aguero’s life was spiraling out of control ... fast.

First, her husband lost his job. Then, on her way to work one day, she was in a bad car wreck. With finances already tight, they couldn’t afford to fix the car — and she could no longer commute to work. As a result, Yvonne says, “We were living at a motel — and we were not getting along at all. There were a lot of fights.”

Then Yvonne discovered she was pregnant.

“I Wanted to Die”

The young couple didn’t know what to do. Yvonne didn’t want an abortion, but she already had two children she couldn’t take care of who were living with her mother. And as her husband said, “I can’t see having a baby in these conditions.”

Yvonne’s family offered to help ... but only if she agreed to abort her baby. Yvonne knew abortion was wrong. But how could she argue, when she could hardly take care of herself — let alone the children she already had? “It was the most hopeless feeling I’ve ever had in my life,” she says. “I wanted to die. I didn’t see any way out.”

Even at her darkest moments though, Yvonne was certain “I can’t live with an abortion. This child is mine and it’s a blessing.”

Life-Affirming Discovery

Then Yvonne stumbled across a Yellow Pages ad for Family Resource Center, a Care Net pregnancy center in Covina, California. The center is relatively small — it’s only three years old — but it serves an increasing number of clients each year.

“We give pregnant women positive options in place of abortion,” says Carol Smith, Director of the center. “We talk to them about adoption, about foster care, and about parenting their babies.”

She explains why this is so important: “Abortion is the American Holocaust. Do you realize we have wiped out a generation with abortion? It is unbelievable that people do not see this or understand it.”

“But that just shows you how the media has so ingrained in them that there’s nothing wrong with abortion,” Carol says. “They do not get the picture that this is a child.”

Just as important, the Center offers women ongoing help after childbirth, too. That way, Carol says, “We take away the fear of not being able to take care of their babies.” By attending classes, women earn free supplies like diapers, formula, baby clothes, and other items.

Yvonne calls her daughter Charlie a “miracle,” and it’s no wonder — the child has brought new joy to her life and helped reunite her family.

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Today, Yvonne is so happy she chose life for Charlie. But when she was homeless and unemployed, she couldn’t imagine the positive options to abortion until she went to a local pregnancy center.

When Yvonne discovered these resources were available for her, she called to make an appointment right away. Almost immediately after meeting with her Care Net counselor, Dalel, Yvonne’s life began to look up. “Everything Dalel said was calming,” she recalls. “It was the first time in a long time I felt peaceful.”

Indeed, Dalel assured her: “God will take care of you.”

**A Positive Relationship**

Despite the crushing stress in Yvonne’s life, that first meeting gave her the confidence she needed to choose life. The day after that meeting, Yvonne’s situation already began to improve. That’s when she and her husband were accepted to a shelter for families, and they were reunited with her two older children.

When Yvonne gave birth to her daughter — she named her Charlie — it helped heal the rifts with her husband and family. “She’s brought all of my family back together. She’s been a blessing to her dad. It’s just amazing.”

No wonder she calls Charlie a “miracle.”

Throughout her ordeal, Yvonne has leaned heavily on the Care Net center. “Anytime I’ve needed anything,” she says, “I’ve been able to call or come in and they do their best to get whatever we need.”

Carol and her team at the pregnancy center are quick to deflect credit. “The Lord is working for us and He is the one who is doing it,” she says. “We give Him the credit.”
J

Jennifer Dobbs is passionately pro-life because she understands firsthand the devastating emotional consequences of abortion. They almost destroyed her own life.

“When I was just 15,” she says, “I learned I was pregnant. I didn’t know what to do, so I asked several of the adults in my life for guidance. Every one of them told me to get an abortion, because my child wasn’t really a baby.”

“I knew that wasn’t true,” she adds. “But how could I argue with grownups?”

Not long after, she terminated her pregnancy. But that was never the “choice” she wanted to make. “What I wanted was the truth. I knew my baby was alive. But there was no one there to share that with me.”

Five Years of Overwhelming Pain

One year later, Jennifer found herself pregnant again. This time, she refused to have an abortion. She married the child’s father and gave birth to a beautiful baby girl.

But the joys of motherhood — while genuine — were overwhelmed by the emotional pain and guilt she carried from the abortion.

Redemption and a New Purpose

But in the midst of those struggles, God moved. When her daughter was four years old, “The Lord met me where I was, in my sadness and sin. He washed away the guilt and shame I couldn’t deal with,” Jennifer says.

Then the Lord spoke clearly to her: “He wanted me to help others receive that same forgiveness for past abortion — and speak the truth about that procedure no one had shared with me.”

So in 1999, when Jennifer learned a pregnancy center was opening in her hometown of Selma, Alabama, she jumped at a chance to get involved.

Given her experiences, it was natural that she led the post-abortion program. But over the years she took on more and more responsibility. And in 2007, she was named the next Executive Director of her center.
When Jennifer Dobbs was just a young teenager, she ended a pregnancy with abortion. She has dedicated her life to helping other women avoid that tragic “choice.”

Sharing Truth in Love

Despite Jennifer’s personal experience with abortion, dealing with women struggling with pregnancy can still be challenging. “When a woman is leaning towards abortion, she has decided that her life is more important than the baby’s,” she says.

How do you reach her? For starters, Jennifer underscores the point that “we never pressure or condemn people if they want to have an abortion. We just educate them. We need people to know the truth — this is a unique, living child — and I’ve found that most of the time, they want to hear it.” She adds that sharing the truth always includes presenting the Gospel.

Helping People See the Truth

Over the years, Jennifer has also found that fetal models — accurate to the size and weight of an unborn child — are extremely powerful tools. “It’s amazing to watch clients’ eyes open, and their hearts melt, when they see an accurate replica of their unborn baby.”

She remembers how one young woman — pushed by her father — was fairly insistent on terminating her pregnancy. In the course of her counseling, she showed him the fetal model so he could see precisely what his unborn grandchild currently looked like. Almost immediately, he saw the truth.

“It’s easy to deny a baby’s humanity when you can’t see it,” says Jennifer, “but not when you’re holding an exact model in your hands. It just opened his eyes.”

His daughter was moved to compassion, too. She chose life.

Ongoing Challenges

Today, Jennifer wants anyone with a heart for women and the unborn to know: “Pregnancy centers need more volunteers!” While she’s blessed with a few very faithful helpers, Jennifer says it can be overwhelming “answering phones, fundraising, cleaning toilets, running to the post office, and doing everything else the job requires.”

Caring women and men with even four hours a week to give could make an immeasurable difference in the lives of men and women struggling with an unplanned pregnancy.

As Jennifer says, “You may have the chance to speak the truth that forever changes her life.”
A Year in Review

HIGHLIGHTS of Care Net’s annual impact …

CARE NET and our network of pregnancy centers exist to ensure that every pregnant woman receives the emotional, material, and spiritual support she needs to choose life. By God’s grace — and thanks to the generous support of caring, generous friends who have embraced our mission — our capacity to serve more women has increased substantially in recent years. But so has the need we’re meeting.

Our 1,100 pregnancy centers serve more than 340,000 women annually.

✦ More than 90% of women who visited a pregnancy center chose life for their unborn babies.

✦ Our 24/7 Option Line (800-395-HELP) ministered to more than 200,000 people; 64% were abortion-vulnerable women.


✦ More than one million teenagers were given an abstinence-only presentation.

Number of Clients Served in Care Net Centers

* Statistics based on most recent available analysis.

Your generous support helps to provide hundreds of thousands of women with the compassion and resources they need to make responsible choices.

“They shall speak of the glory of your kingdom of man your mighty deeds, and the glorious
Gratitude

Emails from Option Line* Clients

“I called every social service agency that I could find in the phone book. I had exhausted all of my options and felt completely frustrated and hopeless. I finally asked the last person on my list if they knew anyone who could help me, and she told me about (my local pregnancy center) . . . The staff was exceptionally helpful . . . I felt like they cared about me and the needs of my family and they were not judgmental of my situation . . . Thank you for offering me hope in my time of hopelessness.”

“We are so glad there is a place like [our pregnancy center] for all those like us who need help. We will never forget all you have done for us! You have no idea how desperate I was when I came to you and the mistake I could have made [abortion]. You are so good, full of love and an answer from God!”

* Option Line is a joint venture between Care Net and Heartbeat International.

Strategic Planning for the Year Ahead

Three essential steps to continue building America’s culture of life in 2009

1. Promoting: Care Net will expand innovative advertising on the Internet, cable TV, roadside billboards, and bus shelters to display our Option Line phone number and website. Staffed by trained phone consultants that connect abortion-vulnerable women to their nearest pregnancy center, the Option Line is a crucial link in our effort to save more lives. Nine out of ten women who visit a Care Net pregnancy center choose life.

2. Preparing: Using cutting-edge research, on-site training, professional guidance, specialized resources, and various other forms of support, Care Net will equip our centers to serve clients with the highest standards and best practices. Because they face more and more public criticism from abortion advocates, we’re also training center directors to effectively defend the sanctity of life and their ministry outreach in the public square.

3. Planting: Abortions in inner cities and many college towns are at epidemic levels. In many cities, they outnumber live births. Sadly, Hispanic and African-American women account for 52% of all abortions — while making up just 25% of the female population. Because more than 70% of abortion clinics are located in urban neighborhoods, Care Net is working to plant pregnancy centers in these communities. We are currently working with over 30 underserved communities in various stages of pregnancy center development.

and tell of your power, to make known to the children splendor of your kingdom.” Psalm 145:11-12
New Protections for Pro-Life Health Care Workers

Health and Human Services Secretary Michael Leavitt recently announced that the Bush Administration would strengthen job security for health care workers — including doctors — who opposed abortion. “Freedom of conscience is not to be surrendered upon issuance of a medical degree,” Leavitt explained.

Planned Parenthood and the ACLU were quick to protest. “Women’s ability to manage their own health care is at risk of being compromised by politics and ideology,” declared Cecile Richards, President of Planned Parenthood. And Louise Melling, Director of the ACLU’s Reproductive Freedom Project, added: “The rule leaves open the possibility that — based on religious beliefs — institutions and individuals can deny women access to birth control.”

Leavitt, however, quickly explained that “Nothing in the new regulation in any way changes a patient’s right to any legal procedure.” The rules simply ensure that doctors at hospitals that receive taxpayer money can’t be forced to violate their own moral and religious beliefs — a basic First Amendment guarantee.

APA: No Lasting Consequences for Abortion

Are women who end pregnancies with abortion more likely to have psychological problems later in life? The question has become a major hot-button issue in the abortion debate.

According to a flawed and misleading report recently issued by the American Psychological Association, the answer is clearly “No.” Late last summer, the APA released research claiming no compelling proof existed to suggest women who had an abortion risk substantially increased emotional issues because of their abortion — including a greater likelihood of suicide.

What makes the report so unsound was the scope of its research: It was based on just one pro-abortion study. On the other hand, pro-life forces are armed with a wealth of evidence: research, personal testimonies (see page 8 of your Care Net Report), and even implicit acknowledgement from the U.S. Supreme Court’s Gonzales v. Carhart ruling, which upheld the federal ban on partial birth abortion.

Planned Parenthood’s Taxpayer Funding Under Attack

“Mr. Speaker, I rise tonight to ask a very serious question: Why is Congress, why are we, subsidizing the abortion industry?”

So asked Congressman Chris Smith of New Jersey in a major address to the House of Representatives. It’s only the latest evidence that America’s leaders are finally beginning to realize they have no business subsidizing Planned Parenthood.

Representative Smith continued with a series of startling facts about the nature of Planned Parenthood’s “business”: “It may come as a surprise to at least some of my colleagues and the American people that the babies lost and women wounded by abortion are disproportionately African-American and Hispanic.

“A study in 2005 found that 62 percent of Planned Parenthood abortion mills are located in African-American communities. And when Hispanics are included, that percentage rises to over 70 percent.

“Of course, every human life is sacred regardless of race, gender, disability or condition of dependency. Every human life is of infinite value. But the disproportionate number of minorities who are aborted in Planned Parenthood clinics begs the question.”

Planned Parenthood has never made a serious effort to answer the Congressman’s concerns.
New York City: America’s Abortion Capital

Three years before Roe v. Wade, New York City leaders passed ultra-lenient abortion laws — quickly transforming the “Big Apple” into the abortion capital of the country. That’s a tragic distinction it still holds today.

Seven percent of America’s total annual abortions occur in New York City. In many neighborhoods, abortions equal live births. And as New York magazine reported, “In absolute terms, there are more abortions performed on minors, more repeat abortions, and more late abortions (over 21 weeks) in New York City than anywhere else in the country.” Many of these are funded by taxpayers.

While abortion advocates routinely argue access to contraceptives will lower the abortion rate, free birth control is widely available throughout the city.

As is so often the case, the city’s African-American population is especially hard hit: While African-Americans make up a quarter of the population, they account for almost half of the abortions. As a result, for the first time since the Civil War, New York City’s African-American population is declining.

* Sources available upon request.

Britain Targets Pregnancy Centers

The Parliament of the United Kingdom will soon debate a bill that actually encourages abortion and human cloning — while potentially threatening pregnancy center volunteers with prison if they talk a woman out of abortion in a way the government labels misleading.

The Human Fertilization and Embryology Bill could provide abortion advocates the chance to prosecute pro-life health care workers. Some worry the mere mention of abortion-related health risks — such as the increased risk of psychological problems — could leave pregnancy center workers in violation of the law.

Even more alarming, according to the Society for the Protection of Unborn Children — a UK-based pro-life group — amendments on the bill could “leave women more vulnerable to pressure to submit to an abortion.”

If the bill passes, it could serve as “model legislation” for America’s abortion lobby.

Miracle Baby Survives Abortion

“I was on the [birth control] pill when I became pregnant. Deciding to terminate at eight weeks was just utterly horrible but I couldn’t cope with the anguish of losing another baby.”

That’s how Jodie Percival of Nottinghamshire, England, explained her decision to abort her third child. After losing her first son to a serious kidney ailment and giving birth to a second with similarly life-threatening — though so far, nonfatal — kidney problems, she felt the risk of bringing another child into the world was too great.

But only a few weeks after the “abortion,” Jodie felt movement. She went in for a doctor’s appointment, and was shocked to learn she was still pregnant. While she was angry at first, medical staff confirmed that the child — despite kidney problems — is likely to lead a normal life.

Now, Jodie says, “I just couldn’t believe that this child had got through it all and looked so perfect. I still struggle to believe just what he has fought through. Now he’s here I wouldn’t change it for the world.”
### Care Net

- Does not accept taxpayer funding
- Served 340,000 women — more than 90% of pregnancy clients chose life
- Never refers for abortion
- Does not engage in political campaign intervention
- Believes all life is sacred and made in God’s image
- Supports abstinence-only sex education, urges parental involvement in teens’ lives
- Wherever possible, provides women access to free ultrasounds so they can see their unborn children

### Planned Parenthood

- Received $336 million in taxpayer funding last year
- Performed 289,650 abortions last year
- Over recent years, has averaged more than 100 abortions for every 1 adoption referral
- Action Fund has committed $10 million to elect pro-abortion candidates
- Multiple centers accepted donations for aborting black children
- Supports sexual “experimentation” and abortion for minors — without parental notification
-Opposes laws that ensure women have an opportunity to see their ultrasound

As you can see, the differences between Care Net and Planned Parenthood are as dramatic as the difference between life and death. Thank you for making our lifesaving ministry possible.

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### 2008 Care Net Donor Survey Results Revealed

*We asked, you answered.* Last summer, we polled Care Net supporters on a number of pressing issues related to the abortion debate. Now, we’ve finished response tabulation. To access the fascinating results, simply visit [www.care-net.org](http://www.care-net.org).
If America is a Christian nation... what does that really mean?

Our Founding Fathers, and subsequent rulings from our Supreme Court over many generations, have decreed: America is a Christian nation. Our very Constitution is based, undeniably, on the Judeo-Christian Bible, the revealed word of God.

Did you know, however, there’s only one actual definition of “religion” in that Bible? You can search from Genesis 1 to Revelation 21, and you’ll find only this one definition:

“Pure religion and undefiled before God the Father is caring for the fatherless and the widows in their affliction ... and keeping oneself unspotted from the world.” (James 1:27)

Jesus Set the Example

And in this, as in all things, the humble Carpenter from Nazareth set the clearest example of what God is like — and what He wants from us. Over the hills, through the villages, into the bustling city streets and synagogues of Jerusalem, He was constantly surrounded by children, clamoring to touch and hear Him, and He sharply rebuked even His disciples who wanted to keep the kids from gathering at Jesus’ feet, and even jumping up in His lap!

Their angels are constantly in the presence of God, and anyone who even offers one of these precious little ones a drink of water will be blessed by our Father. He loves them and sees Himself in them!

After all, He knew full well that his own mother had been a teenaged girl when she became pregnant — with Him — and that His earthly and heavenly Fathers had tenderly cared for and protected and nurtured Him from birth to young manhood.

How We Can Follow Christ’s Example

That’s why I love Care Net and contribute to the support of this divine — yes, divine — grouping of centers of care and nurturing and counseling and pure love.

Every time a confused, frightened, young woman comes to a Care Net facility for help because of her unplanned pregnancy, there is a picture of the manger scene in Bethlehem long ago. Gathering around every young mother-to-be, in this time of crisis and decision, are caring and loving human angels, ministering and helping and supporting her in the protection of her child.

We need to be part of that group, that gathering, at least financially. We’re partnering with God in populating earth — and eventually heaven. And He’s watching.
She was so poor, “Lydia”* couldn’t even afford electrical power for her tiny apartment. When she learned she was pregnant, she feared abortion was her only “realistic” option.

While searching the Yellow Pages for help, she discovered Care Net’s Option Line** ad. A trained phone consultant encouraged her, and set up an appointment for her with a local pregnancy center.

When she arrived, a counselor began to lovingly show her that she had positive options besides abortion. They helped her prepare for the practical issues of caring for another baby. And they referred her to a ministry that helps needy families with utility bills.

It took time and prayer, but Lydia finally chose life! Today, she is the proud mom of a beautiful baby.

“Lydia” had believed abortion was her only option. But at a Care Net pregnancy center, she received hope and help she needed to choose life with confidence. Today, she is delighted she did.

Please call us at 1.800.518.7909 or visit www.care-net.org to learn more about how you can help us provide women like Lydia life-affirming alternatives to abortion.

Mission Statement: To promote a culture of life through the delivery of valuable, life-affirming, evangelistic ministry to people facing unplanned pregnancies and related sexual issues.

* Name changed to protect identity.
** Option Line is a joint venture between Care Net and Heartbeat International.