Erica was frightened when she learned she was pregnant. What would her parents say? What if they wouldn’t help? How could she raise a child? Clearly, abortion was her “best” option . . . until God brought her to a Care Net pregnancy center.

Erica was in high school when she learned she was pregnant — and she was scared to death.

“I thought my parents would go crazy and not help me,” she remembers. When she discussed her options with her boyfriend, they agreed “abortion was the easiest way out.”

Before she made the appointment to terminate her pregnancy, a friend told Erica about a Care Net pregnancy center. She decided to go.

Hope Begins to Overcome Fear
At the pregnancy center, Erica met with a caring woman named Patty who had also experienced an unplanned pregnancy. Patty remembers that Erica was “scared like a deer in headlights” on her first visit. But as they discussed the physical and emotional consequences of abortion, they really connected. With prayer, Erica’s perspective began to change.

Soon, the pregnancy was revealed to her parents. To Erica’s delight, they were supportive.
Fear Fuels Abortion Industry

Every day, 3,300 women end their pregnancies with abortion. Many of them reluctantly make that choice because they believe they have no other realistic option. There are . . .

- **Economic reasons:** Many women may fear that a child will condemn them to a lifetime of poverty. They may need to sacrifice careers, education, or other dreams.
- **Social reasons:** The shame of being an unwed mother can lead some women to terminate pregnancies.
- **Family reasons:** Many women report intense pressure to abort from spouses or boyfriends, parents, or other close relatives.

By age 45,
1/3 of American women have ended a pregnancy with abortion.

50% of pregnancies are unplanned
Of these, roughly 40% will end in abortion

80 percent of post-abortive women say they would have chosen life if they had support they needed during their pregnancy, according to research.

With Your Help, Care Net Offers Real Support that Overcomes Fear

<table>
<thead>
<tr>
<th>Year</th>
<th>Annual Number of Abortions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1973</td>
<td>744,610</td>
</tr>
<tr>
<td>1985</td>
<td>1,588,550</td>
</tr>
<tr>
<td>1995</td>
<td>1,359,440</td>
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<tr>
<td>2000</td>
<td>1,312,990</td>
</tr>
<tr>
<td>2005</td>
<td>1,206,200</td>
</tr>
</tbody>
</table>

*Year Roe v. Wade legalizes abortion on demand.

Care Net empowers women to choose life with confidence. Pregnancy centers offer women practical, emotional, and spiritual care they need.

The results are a God-ordained miracle: nine out of ten pregnant women served at a Care Net pregnancy center chose life!

**Learn more at www.care-net.org.**

“And call upon me in the day of trouble; I will deliver you, and you will honor me.”

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Join Care Net Online

If you’re on Facebook, Care Net has two great options to help you connect with the pro-life community. First, become a fan of our ministry and you’ll receive our updates automatically to your Facebook homepage. Or, join our group to share your ideas and opinions in our forum. Help grow the movement by inviting your friends to join too.

We also have a YouTube channel. Watch messages from Care Net, and see powerful videos on women who, in difficult circumstances, chose life.

To join, just visit www.facebook.com or www.youtube.com and search for Care Net. We look forward to seeing you there!
Who Does Planned Parenthood Fear?

If you visit Planned Parenthood’s website, you’ll quickly discover who they fear:

“[B]eware of so-called ‘crisis pregnancy centers’. . . . They have a history of scaring women into not having abortions.”

Only in Planned Parenthood’s world could “not having an abortion” be a bad thing. Frankly, I don’t know any woman who regrets choosing life — though countless thousands publicly regret their abortion.

The truth is, Care Net pregnancy centers offer ultrasounds, parenting classes, material assistance, spiritual guidance, and many other services that empower women to choose life. It’s nonjudgmental, hope-filled, Christ-centered support that inspires mothers with the confidence they need to carry their pregnancy to term.

By God’s grace, we’re winning: abortions are down 33% from their peak in 1980.

More Lies Scare Women

Let’s look at a few of Planned Parenthood’s other accusations against pregnancy centers:

“[They] teach that sexual expression before marriage is dangerous and has harmful physical, emotional, and social consequences.”

Here are the facts: One in four American female teenagers has a sexually transmitted disease. A study by the National Campaign to Prevent Teen Pregnancy reported that 77% of sexually active female teenagers wished they waited to have sex. These women are three times more likely to be depressed or to attempt suicide than abstinent peers.

But apparently, none of these are “harmful.”

Here’s another bizarre accusation:

“[They] may try to frighten you with misleading films and pictures to keep you from choosing abortion.”

Only in the world of Planned Parenthood could ultrasound or sonogram pictures be considered “misleading.” Clearly, this organization has a problem with people who use science to defend life.

Giving Women Hope

Thank you for your prayers and support, which help women overcome fear and make this ministry of life possible.

Melinda Delahoyde
What it Takes to Overcome Fear

Every year, more than one million American women terminate pregnancies. Fear is very often the driving force in their decision to abort. But each time it happens, a life made in God’s image is lost and a woman is forever changed.

Thanks to your support, Care Net exists to help women overcome fear that leads them to seek abortions. At their darkest hour, we offer them real life that is found only in Jesus Christ. And by God’s grace, we can overcome that deadly lie: “it’s not really a child yet.”

Help Reach Women Before Planned Parenthood Does

Abortion has declined to a 30-year low. According to Gallup’s 2009 Values and Beliefs survey, “this is the first time a majority of U.S. adults have identified themselves as pro-life since Gallup began asking this question in 1995.” Now it’s urgent we build on this momentum. Here’s how:

• Ensure the Option Line* (1.800.395.HELP or www.optionline.org) is always available for women. Every month, trained phone consultants offer 20,000 contacts accurate, life-affirming answers to pregnancy-related questions.

• Build new Care Net pregnancy centers to provide direct ministry to even more women, giving them the spiritual, emotional, and material tools they need to flee abortion.

• Look to continued prayers and support from friends like you to operate this ministry of life. Please continue supporting us if you can — a gift of any size is deeply appreciated, and does so much good.

*Option Line is a joint venture between Care Net and Heartbeat International.