

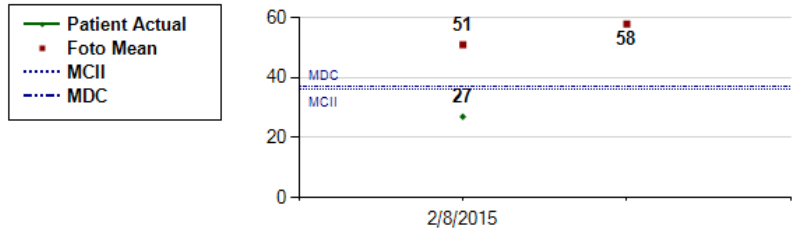
Red Cedar Physical Therapy - Red Cedar Physical Therapy
INTAKE FUNCTIONAL STATUS SUMMARY (2/8/2015)

Patient: TEST, SERIOUS	Risk-Adjustment Criteria		
ID# : TEST444	Care Type: Orthopedic	Gender: Female	
Date of Birth: 10/15/1987	Body Part: Lumbar Spine	Comorbidities: Two or Three	
Initial DOS: 2/8/2015	Severity: Very Severe (Intake FS: 27)	Payer: Preferred Provider	
Body Part: Lumbar Spine	Age: 27	Fear Avoidance: Elevated	
Impairment: Spine Pathology	Acuity: 22 - 90 days	Surgery Status: None	
Surgery Type: Not Applicable			

Functional Status Measures:	Intake Score	Interpretation of FS Scores/Stages Value
Patient's Physical FS Primary Measure	27	Patient's intake functional measure is 27 out of 100 (higher number = greater function). This FS measure places the patient in Stage 2 and means the patient exhibits extreme difficulty performing usual work or household activities.
Risk Adjusted Statistical FOTO*	51	Given the patient's risk-adjustment variables, like-patients nationally had a FS score of 51, Stage 3 , at intake.

MCII = 9 (Points of change that is important to the patient)

MDC = 10 (Represents the smallest threshold to identify points of change that is greater than measurement error)



Rehabilitation Resource Predictor*	Predicted Value	Interpretation of Predicted Value										
Points of Physical FS Change	31											
Discharge FS Score	58	Given this patient's risk-adjustment variables, and the actual Intake FS score, FOTO predicts this patient will experience at least an increase in function of 31 points (to 58 or higher), putting them in the Stage 4 level or higher at discharge.										
Visits per Episode	12	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>Stage: 1</td> <td>Exceedingly limited with routine functions</td> </tr> <tr> <td>Stage: 2</td> <td>Exhibits extreme difficulty performing usual work or household activities</td> </tr> <tr> <td>Stage: 3</td> <td>Exhibits moderate difficulty performing usual work or household activities</td> </tr> <tr> <td>Stage: 4</td> <td>Exhibits little difficulty performing usual work or household activities and hobbies</td> </tr> <tr> <td>Stage: 5</td> <td>Back to normal life performing rigorous daily activities</td> </tr> </table>	Stage: 1	Exceedingly limited with routine functions	Stage: 2	Exhibits extreme difficulty performing usual work or household activities	Stage: 3	Exhibits moderate difficulty performing usual work or household activities	Stage: 4	Exhibits little difficulty performing usual work or household activities and hobbies	Stage: 5	Back to normal life performing rigorous daily activities
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Stage: 5	Back to normal life performing rigorous daily activities											
Duration of Episodes in Days	48											
Satisfaction Score	97.3 %											

* The above predictions are calculated for
 1) patients who have previously utilized rehabilitation services from FOTO's national aggregate database and
 2) using sophisticated analyses to risk adjust for the impact of ten important variables known to influence outcomes including Care type, Body Part/Impairment, Severity, Age, Acuity, Gender, Surgery, Fear Avoidance, Payer, and Comorbidities.

What Does This Mean For Improving Function

This chart displays the patient responses to the functional activities contained in the intake survey that generated the intake FS score. The activities are presented in the descending order of difficulty. Responses listed in the Intake column are the survey item levels of ability at intake. Given the change experienced by the comparative risk adjusted group in FOTO's data, it is anticipated the patient should be able to do the activities at the level indicated in the predicted column or higher at the completion of care, to place the patient in the predicted **Stage 4** functional level by discharge.

Patient responses to functional health questions that indicate dysfunction were as follows:

Activity (Question)	Amount of Limitation (Response) at Intake	Amount of Limitation (Response) predicted	Functional Limitation
With any of your usual work, housework, or school activities?	Extreme difficulty	No difficulty	Other PT/OT Primary - G8990
Driving for 1 hour?	Extreme difficulty	No difficulty	Other PT/OT Primary - G8990
Putting on your shoes or socks?	Quite a bit of difficulty	No difficulty	Self Care - G8987
Because of your back, how much difficulty do you have using a broom?	Extreme difficulty or unable to perform	No difficulty	Other PT/OT Primary - G8990



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Primary Body Part: Lumbar Spine

Initial DOS: 2/8/2015

Patient responses to functional health questions that indicate dysfunction were as follows:

Lifting a box of groceries from the floor?	Unable to perform activity	No difficulty	Carrying, Moving & Handling Objects - G8984
Standing for 1 hour?	Unable to perform activity	No difficulty	Changing & Maintaining Body Position - G8981
Going up or down 2 flights of stairs (about 20 stairs)?	Extreme difficulty	No difficulty	Mobility - G8978

If the patient reaches the anticipated level on the above activities, other **Stage 4** activities the patient should be able to perform include:

- Performing heavy activities around your home - A little bit of difficulty
- Moderate activities, like moving a table, pushing a vacuum cleaner, bowling, or playing golf - No, not limited at all
- Going on vacation - No, not limited at all
- Climbing several flights of stairs - No, not limited at all
- Walking around a room - No, not limited at all
- Walking more than a mile - No, not limited at all
- Walking several blocks - No, not limited at all
- Getting in and out of bed - No, not limited at all
- Walking one block - No, not limited at all
- Bathing or dressing yourself - No, not limited at all

Additional Intake Information Gathered for the Clinician

- **Physician Referral:** Other Referral: Familiar w RCPT
- **Patient reports other health problems as:** Diabetes Type I or II, High Blood Pressure, Other disorders
- **BMI:**28.2 (Height: 66 inches, Weight: 175 lbs)
- **Exercise prior to onset:** Patient completed 20 minutes of exercise seldom or never
- **Prescription medicine:** Patient is taking prescription medicine for this condition
- **Surgery:** Patient reports no surgeries for this primary condition
- **Fear avoidance belief about physical activity:** 76(21) Scale: 0-100(0-24)

Additional Surveys

	<u>Intake</u>	<u>Scale</u>
Physical Fear	76(21)	0-100(0-24)
STarT Back Screening Tool	8	
Patient Specific Functional Scale		
Driving	5	0-10
Cooking	3	0-10

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Physical Fear**Physical Fear Results:**

**Fear Avd
Belief About
Phys Activ**

Intake	76(21)
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Patient responses to Physical Fear were as follows:

Question	Response at Intake
I should not do physical activities which (might) make my pain worse	Completely Agree
I cannot do physical activities which (might) make my pain worse	Somewhat Agree
Physical activity might harm me	Somewhat Agree

STarT Back Screening Tool**STarT Back Screening Tool Results:**

	Total Score	Risk Group	Psychosocial Sub Score
Intake	8	High	5

Patient responses to STarT Back Screening Tool were as follows:

Question	Response at Intake
Overall, how bothersome has your back pain in the last 2 weeks?	Very Much
My back pain has spread down my leg(s) at some time in the last 2 weeks.	Agree
I have had pain in the shoulder or neck at some time in the last 2 weeks.	Disagree
It's really not safe for a person with a condition like mine to be physically active.	Agree
In the last 2 weeks, I have dressed more slowly than usual because of my back pain.	Agree
In the last 2 weeks, I have only walked short distances because of my back pain.	Agree
Worrying thoughts have been going through my mind a lot of the time in the last 2 weeks.	Agree
I feel that my back pain is terrible and that it's never to get any better.	Agree
In general in the last 2 weeks I have not enjoyed all the things I used to enjoy.	Agree

Patient Specific Functional Scale**Patient Specific Functional Scale Results:**

	Driving	Cooking
Intake	5	3

Pain Assessment Summary**Intensity**

In the last 24 hours the level of pain was rated at:	8/10
In the last 30 days, the level of least pain was rated at:	5/10
and the level of most pain was rated at:	10/10

Interference

Patient reports that pain always keeps the patient awake at night

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Character

Qualities of Pain

Patient reports that the pain feels

- Throbbing
- Stabbing
- Sharp

The intensity is

- Moderate
- Severe
- Severe

Influence of Activity

The pain is increased by

- Bending
- Sitting
- Standing
- Walking
- Running
- Lifting
- Pushing or pulling
- Lifting overhead

The pain is reduced by

None

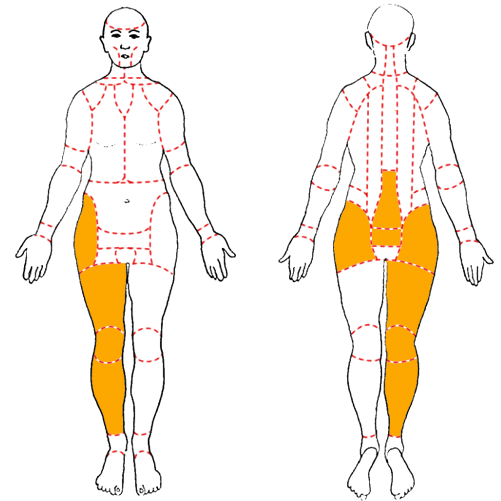
Frequency / Duration

Patient reports that pain is constant

Location

During Intake patient reports pain is located in the following areas:

- Back of right hip
- Back of left hip
- Tail bone area
- Lower Back
- Back of right upper leg
- Back of right knee
- Back of lower right leg
- Front of right upper leg
- Front of right knee
- Front of lower right leg
- Front of right hip



Patient History

GENERAL HEALTH

No allergies reported by patient

Previous Medical History

Patient reports having previous experience with the following health problems:

Hypertension, High Cholesterol, Diabetes

Patient reports recently or currently having habits:

Alcohol

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CURRENT PROBLEM HISTORY

Accident Patient reports current problem is the result of having an automobile accident on 12/05/2014
Weight Change Patient reports no recent significant change in weight
Tests **Patient reports being told the following about this test**
 X-rays There was a problem
 MRI There was a problem
Treatments Patient has had no treatments for the current problem to be addressed by rehabilitation

Medication

Prescription - Patient is taking the following prescription medications for the current problem to be addressed by rehabilitation:

Pain killer _____

Muscle relaxer _____

Non Prescription - Patient is taking the following nonprescription medications for the current problem to be addressed by rehabilitation:

Ibuprofen _____

Patient is not pregnant and has previously delivered 2 children

Next Doctor's Visit is scheduled for 03/15/2015

Patient reports living situation as: at home alone

Preferred learning style: Verbal, Reading

Patient Goals

Patient Goal 1: _____

Patient Goal 2: _____

Patient Goal 3: _____

Patient Goal 4: _____

Onset/History of Illness

CMS G-Codes

FOTO Lumbar Spine Survey

CMS G-Code Options**

Functional Limitations Assessed in FOTO Lumbar Spine Survey

Current Status	Goal Status	D/C** Status	Asked	Descriptor
G8978	G8979	G8980	1	Mobility: walking & moving around functional limitation
G8981	G8982	G8983	1	Changing & maintaining body position functional limitation
G8984	G8985	G8986	1	Carrying, moving & handling objects functional limitation
G8987	G8988	G8989	1	Self care functional limitation
G8990	G8991	G8992	3	Other physical or occupational primary functional limitation

**Only report if this is a one time visit

CMS Impairment/Limitation/Restriction for FOTO Lumbar Spine Survey

	Status	Limitation	G-Code	CMS Severity Modifier
Intake	27%	73%	Current Status	CL - At least 60 percent but less than 80 percent
Predicted	58%	42%	Goal Status*	CK - At least 40 percent but less than 60 percent
			D/C Status	CL **only report if this is a one time visit

*Based on FOTO predicted change score



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* Mean, Risk Adjusted, Intake Composite FS measures from FOTO aggregate database.

** As indicated by the ICF assignments to the survey items in the FOTO survey used.

