

# A chair that embodies

COURTESY HERMAN MILLER INC.



Herman Miller Inc., the iconic modern furnishings company that markets the Eames lounge, has released its newest chair for the home office or corporate cubicle.

As work environments focus more on computer screens, designers Jeff Weber and the late Bill Stumpf created this chair, called the **Embody**, to enable more movement for those who are at their desks throughout the day. “Embody is a health-positive seating experience,” explains Weber. Nearly six years were spent researching and designing the chair. Laboratory experiments involved kinematics, preferred postures, pressure distribution, seated tasks and metabolics. The chair is priced at \$1,595 and is available in Columbus at **Continental Office Environment**.

The chair’s back is inspired by the human spine, adapting to each person’s unique curvature; thus, improving blood flow and eliminating discomfort. Its narrow design allows arms to move freely and its multi-layered construction and accompanying technology allow the chair to conform to small movements and create an even distribution of weight.

“Up until now, chairs have simply been designed to prevent injuries to the back and neck, but have never taken the next step to enhance our health,” explains Rachel Friedman, executive vice president of marketing and sales at Continental Office Environment. “The Embody chair takes that step to increase blood and oxygen flow.”

The last Herman Miller digitally influenced office chair, called the Aeron, became part of New York’s Museum of Modern Art after its release in 1992. Stumpf, who died in 2006, designed the Aeron chair with Donald T. Chadwick.

—Alex Hurst