

What Can I Say to Convince Them to Stop?



WHEN A LOVED ONE IS ABUSING DRUGS OR ALCOHOL

Why is it so difficult to get a loved one to stop abusing drugs and alcohol? What can a family member do in response to this serious problem?

This workshop is offered for family members and others who are concerned about a loved one's substance use and want answers to these and other questions.

WORKSHOP PARTICIPANTS WILL:

- Learn new ways of interacting with a friend or loved one regarding their use of substances
- Learn what to avoid when talking with a loved one who abuses drugs or alcohol
- Connect with helpful resources

Date: Tuesday, January 27, 2015
Time: 6:30—8 PM
Location: Central Campus—Central Middle School
305 Vicksburg Lane, Room A205
Plymouth, MN 55447
Fee: FREE
Sponsor: The Retreat



Preregistration is not necessary.

For additional information call Sherry Gaugler-Stewart at 952.767.0334 or Ellie Hyatt at 952.476.0566.