

# Women Who Lead (Bali)

Re-evaluating career decisions? Starting new projects or businesses? Stepping up to a new level of leadership? **Women who Lead** will equip you with new insights and practical skills to sharpen your professional practice as a leader. Designed by Natalie Turner, CEO of The Entheo Network and Director of **Women who Lead**, the Programme is a highly interactive, peer to peer learning space which offers on-going professional development for senior women in positions of leadership in small businesses, the corporate world or public sector.

The intent of **Women who Lead** is to create time and space for women to engage deeply and creatively around issues relevant to them, both professional and personal. The goal is that the experience will be transformative in nature both for the individual and the group. My belief is that to lead with power and influence, not to mention a deep sense of integrity and authenticity, we need to have a strong sense of self, be able to tune into our bodies and learn how to listen to and trust our intuition.

**Women who Lead** is designed so that you can work on current or new project ideas and/or leadership challenges. As well as drawing from the collective intelligence of other participants, you will make new connections and build strong relationships that will be of benefit to your personal and professional lives. The retreat is designed around a fusion of facilitated conversations, creative interaction around the theories of leadership, change and innovation, building practices for emotional and personal wellbeing and time for formal and informal networking.

Hosted at The Banyan Tree: [www.banyantree.com/en/ap-indonesia-ungasan-bali/banyan-tree-spa/overview](http://www.banyantree.com/en/ap-indonesia-ungasan-bali/banyan-tree-spa/overview), a brand committed to health, nourishment and wellness, we have purposefully designed the retreat to cultivate time for reflection, pampering and enlivening the senses so that you can breathe in and experience the taste and beauty of the southernmost tip of Bali.

## Your Host

**Natalie Turner** is an experienced innovation and leadership development specialist. As the Founder and CEO of The Entheo Network [www.entheo.com](http://www.entheo.com), she has worked for and consulted with some of the world's leading organisations including DBS, LEO Pharma Asia, Syngenta, Singapore Airlines and CISCO Systems helping them build innovation systems, culture and capabilities as well as generating new ideas to help them grow their teams and businesses. Natalie is also an international speaker on innovation, entrepreneurship and leadership and an experienced business facilitator, trainer and motivational speaker.

As a second line of business, Natalie is also the Founder of Energise Life, a lifestyle brand [www.energiselife.jeunesseglobal.com](http://www.energiselife.jeunesseglobal.com) that builds awareness of the science of health and aging through the promotion of innovative products from Jeunesse Global, the fastest growing direct sales company in the world. Natalie has three degrees; a BA Hons in Politics & Legislative studies, an MSc in Economics and Social Psychology and an MBA. She is also a Master Practitioner in Group Dynamics and Non-Verbal Communication. She is a UK National that now lives in Malaysia and works in Singapore, across Asia and in Europe.



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Entheo Registered Number: 201016398E

## Draft Session Overview

Friday 9th & Saturday 10th October

Time	Focus Point
<p data-bbox="87 296 365 331">Friday Evening - 7.30pm</p> <p data-bbox="87 367 332 403">Ju-Ma-Na restaurant</p>	<p data-bbox="592 296 1242 367"><b>Welcome Drinks and Dinner</b> Beverages include soft drink, juices, house wines, local beer.</p>  

<p><b>Saturday - 7:00 – 9:30 am</b></p> <p><b>Bambu Restaurant</b></p>	<p><b>Breakfast</b></p>
<p><b>8:30 – 9:30</b></p> <p><b>The White Dove Garden</b></p>	<p><b>Optional yoga class with Banyan Tree instructor</b></p> 
<p><b>Morning Sessions</b></p> <p><b>Ju-Ma-Na terrace</b></p> <p><b>10 – 1pm</b></p> <p><b>Refreshments include coffee, tea or juices and cookies.</b></p>	<p><b>Leading Change</b> To have a clear sense of where you are right now in your life with regards to change and the implications for leading self and others.</p> <p><b>Creating from the Future Backwards</b> To introduce the concept of the ‘Future Self’ and how it can stimulate new ideas for giving clarity on leadership direction. New insights into self and the awakening of new ideas, dreams and desires.</p> 
<p><b>1pm to 3pm</b></p> <p><b>Tamarind area</b></p>	<p><b>Indonesian lunch</b></p>
<p><b>Afternoon Session</b></p> <p><b>3pm – 6pm</b></p> <p><b>Tamarind Restaurant (indoor)</b></p> <p><b>Refreshments include coffee, tea or juices and cookies.</b></p>	<p><b>Facilitated Discussions</b></p> <p><b>Creative Visioning</b> - The creation of cover stories of your future self as it relates to leading others. To start to see a picture of what the future could be like.</p>



**6pm to 8pm**

**Journaling & Reflection to consolidate the day's learning and insights supports.**

**Spa Pavilion**

**Massages and spa at the Spa Pavilion.**



**8pm**

**Evening Meal**

**Bambu Restaurant**

**Rijsttafel Dinner**



## Sunday 11<sup>th</sup> October

<p>Sunday 7:30 – 9:00</p> <p>Bambu Restaurant</p>	<p>Breakfast @ leisure</p>
<p>8:00 – 10:00</p> <p>Central area close to main swimming pool</p>	<p>Balinese cooking class</p>
<p>Morning Session</p> <p>10:00am to 1:00pm</p> <p>Refreshments include coffee, tea or juices and cookies.</p>	<p><b>Designing from the Future Backwards</b> - To explore why we often fail in getting the traction we need to make ideas happen. To think through the capacities, skills or structures that can actually help us move towards the future. Generative action planning.</p> <p><b>Leading and Pioneering the New - The Six 'I's of Innovation</b>® To apply the Six 'I's® innovation methodology to help you think through next steps for your projects or emerging ideas. To assess your confidence level on different aspects of innovation so you know where to improve your innovation leadership.</p>
<p>1:00 – 2:30</p> <p>Pool Bar</p>	<p>Lunch</p> 
<p>Afternoon Session</p> <p>2:30 – 4:00</p> <p>The Chapel</p> <p>Refreshments include coffee, tea or juices and cookies.</p>	<p><b>Creating a Support System</b> To introduce practices that can help you to live a more grounded and balanced life so that you can lead from a place of strength. The session will explore how you can create a support system so that you can operate at your very best. To explore areas such as health, fitness, mindfulness and self-care as potential supports. Journaling &amp; Reflection to consolidate learnings and explore next steps on your journey. Close of retreat.</p> 

*\* This is a draft session plan. We reserve the right to amend content and timings.*

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## Your Accommodation – An Eden on the Southernmost tip of Bali

With 403 square metres of expanse encompassing lavish bedroom leading onto steps that flow into pool and a charming timber walkway across tranquil pond bridging villa entrance to courtyard and living area, this villa is certain to exceed every expectation. Epitomizes the best of modern luxuries and Bali's unique character, offering a private and peaceful environment. Follow through the natural stones over the landscaped lotus pond to our villas comprising of living and dining areas, an enclosed jet pool and a private 10 metre private infinity pool. The spacious bathroom creates an inner sanctum filled with quiet beauty, evoking a sense of peace and tranquillity. Villas offer views overlooking a picturesque lush tropical garden. <http://www.banyantree.com/en/ap-indonesia-ungasan-bali/pool-villa-garden-view>

### Booking

If you require more information please contact: Natalie Turner +65 97280834 [natalie.turner@womenwholead.net](mailto:natalie.turner@womenwholead.net)



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