

3-Jun-11	Basketball	Hockey	Sports Medicine & Rehab	Intensive
8:00-10:00	TOM MYERS - Anatomy Trains and Myofascial Fitness			
10:00-10:15	BREAK			
10:15-11:15	RAY EADY Isometrics to improve Speed and Strength	RUSS DeROSA Training and Developing the Boston College Athlete	DIMURO/TOOMEY Fostering a Collaborative Relationship with Medical & Fitness Professionals	TOM MYERS Applying The Anatomy Trains Concept To Body Acceleration
11:30-12:30	BRIAN MCCORMICK Strength & Conditioning Coaches & Mvmt Skill Education	BRIJESH PATEL It's Not All About the Sets & Reps		
12:30-1:30	LUNCH PROVIDED BY BSMPG			
1:30-3:30	CLARE FRANK - Muscle Balance and Dynamic Stability			
3:30-4:00	BREAK			CLARE FRANK Muscle Balance In Performance Training
4:00-5:00	BRENDON ZIEGLAR Weightlifting and Basketball: The Why and the How	JIM SNIDER Hockey Specific Dry Land Speed Training	PAUL CANAVAN ACL Injury Prevention: A New Paradigm for Effective Intervention	
5:30-7:00	Reception at Symphony 8 Restaurant sponsored by:			OPTOSOURCE



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4-Jun-11	Basketball	Hockey	Sports Medicine & Rehab	Intensive
8:30-9:30	PETE VIITERITTI - Contemporary Concepts In Modern Manual Medicine			
9:45-10:45	GEORGE MUMFORD Playing the Inner Game of Basketball	JOE MAHER Developing A Habit Of Speed Training Through A Training Year	DR. NORMAN MURPHY New Concepts in Foot Function & Gait Analysis Assessments & Treatment	SHIRLEY SAHRMANN Examination for Mvmt System Syndromes of the Lumbar Spine
11:00-12:00	JONAS SAHRATIAN Work Capacity Methodologies for Basketball	CAL DIETZ Triphasic Undulated Block Method of Human Development	DAVE NOLAN Rehabilitation of the Running Athlete	DR. NORMAN MURPHY Hands On
12:00-1:30	LUNCH ON OWN			
1:30-3:00	SHIRLEY SAHRMANN - The Hip As a Factor in Low Back Pain			
3:15-3:30	BREAK			
3:30-5:00	CHARLIE WEINGROFF - Trying to Define the Core			



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