

**Playing Meditation in the Development of Expertise and Expert Performance
(George T. Mumford)
Resource List**

The 8th Habit	Stephen R. Covey
The Cambridge Handbook of Expertise & Expert Performance	K. Anders Ericsson & Others
Good Business	Mihaly Csikzentmihali
Focused for Soccer	Bill Beswick
Sacred Hoops: Spiritual lessons of a Hardwood Warrior	Phil Jackson
More Than a Game	Phil Jackson & Charlie Rosen
Finding Flow: Psychology of Engagement w/Everyday life	Mihaly Csikzentmihalyi
Outliers: The Story of Success	Malcolm Gladwell
Red and Me: My Coach, My Lifelong Friend	Bill Russell
The Power of Full Engagement	Jim Loehr & Tony Schwartz
Introducing Neuro-Linguistic Programming: Psychological skills for understanding and Influencing people	Joseph O'Connor John Seymour

Audio Tapes & Study Guides

Accelerated Learning Techniques Brian Tracy with Colin Rose Nightingale-Conant Corporation, 7300 North Lehigh Ave, Niles, Illinois, 60714 Phone: 1-800-323-5552

The Psychology of Achievement Brian Tracy Nightingale-Conant Corporation, 7300 North Lehigh Ave, Chicago Illinois, 60648 Phone: 1-800-323-5552