

## Best Sunscreen

**SkinHealth Face and Body**

**Sunscreen SPF 30 With Zinc, \$65**

Sunscreens touting high SPF numbers aren't exactly big news. But this SPF 30 lotion also packs a 7 percent concentration of micronized zinc oxide, a physical sunblock that's as close to shade-in-a-bottle as you can get. There are other zinc-based products on the market, but what puts SkinHealth's version above the rest is that it's light enough to wear under makeup. "It doesn't leave a telltale white film on your skin the way a lot of other zinc-based sunblocks do," says dermatologist-judge Grace Pak, M.D. Not only does this sunscreen contain a potent cocktail of antioxidants (including vitamins A, C, and E and green-tea extract), it also delivers

them where you need them. How? It uses liposomes, tiny pocketlike vessels that carry ingredients to the dermis—the living part of the skin—where they go to work. "This is very tricky to do," Pak says. "You might find this kind of technology in makeup and skin-care products, but rarely in sunscreens." Pak also likes the fact that SkinHealth's sunscreen is free of fragrances, mineral oils, lanolin, and PABA—all of which can cause an allergic reaction or skin problems, such as eczema and contact dermatitis (think red, itchy, blistering skin). Although the hefty price tag might be enough to convince you to stay indoors, a percentage of this product's profits are donated to support research on malignant melanoma.