



Super Small Exercise Equipment
For Children K Through 3rd Grade

SS101 SUPER SMALL BIKE

The world's smallest commercial quality exercise bike!

Features include: simple adjustable tension as well as multiple computer programs, portable wheel

system, adjustable seat, adjustable pedal straps, heart rate control capability, contact heart rate sensors, computer readout of heart-rate, speed, time, distance & calories.

This bike is designed for early age elementary children (K-3rd grade). The SS101 is used by schools, YMCA's, pediatric physical therapists for rehab and fitness work with very small children. (Ages 4 through 9)
Shipping Weight: 125lbs. (L=40" W=24" H=45")



*Rehab Model
Also Available

SS155 SUPER SMALL UPRIGHT BIKE

This is the smallest upright bike in the world! It reads out speed, time, distance and has simple tension control. Seat is adjustable. No power required.
Shipping Weight: 105lbs.



*Rehab Model
Also Available



SS170 SUPER SMALL SKIER

The Super Small Skier focuses on lateral movements that distribute the users body weight while in motion. By engaging the upper body and the core muscles, children are able to increase trunk control while simultaneously enhancing balance and coordination. (Ages 4 through 9) (L=28" W=30" HT=52")
Shipping Weight: 165lbs.

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*Rehab Model Also Available

SS160 SUPER SMALL ELLIPTICAL

The elliptical works on sequencing, timing and total body stabilization. Both the lower and upper extremities are propelled forward and back by the user in a rhythmic motion. (L=65"W=22"HT=46") Shipping Weight: 170lbs.

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*Rehab Model Also Available

SS190 SUPER SMALL MOONWALKER

One of our most popular movements for children. The Moonwalker utilizes flexion and extension of the lower extremities while kids work on stride length, control and differentiation. Also available in a rehab model with range limiters for physical therapy. (L= 28"W=30"HT=42") Shipping Weight: 95lbs.

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SS180 SUPER SMALL STARWALKER

The Starwalker incorporates both the muscles of the upper and lower extremities to create a unique and fun movement! While teaching balance and coordination the movement helps to elevate a child's heart rate as part of a cardiovascular circuit. (L= 28" W= 30" HT= 52") Shipping Wt:150lbs.



***Rehab Model
Also Available**

SS165 SUPER SMALL KNEEL & SPIN

The Knee & Spin focuses on trunk rotation and upper body strengthening. By engaging the muscles of the core, children are able to rotate the entire body on a pivoting platform while simultaneously pedaling the hand grips forward or backwards using the upper body. This is an excellent piece of equipment for "de-conditioned" exercisers to achieve success in their exercise program. (L= 30" W= 20" HT= 36") Shipping Wt:95lbs.





SS114 SUPER SMALL MANUAL TREADMILL

This Super Small Treadmill improves cardiovascular health while fine tuning skills such as balance, coordination and proprioception. Gait, sequencing and timing are also enhanced as children walk and jog on the super small manual treadmill.

Direct adult supervision is required at all times. (L=52"
W=32" HT=41")
Shipping Wt:145lbs.
(No motor).



SS115 SUPER SMALL SNOWBOARDER

With lateral movements and swivel snowboard base, children can enjoy an intense cardio workout and not even know they are exercising. Resistance is created by the users body weight. Computer reads speed, time, distance, heart-rate and calories (L=40"
W=28" HT=40") Shipping Wt:
135lbs.



SS120 SUPER SMOOTH CLIMBING WALLS

These climbing panels are specifically designed for young children K-3rd grade with a super smooth surface that eliminates scratches on knees and hands. Larger, easier to grip foot holds and hand holds as well as colorful rock formations and your own school logo make this climbing wall perfect for young children! See our Active Play catalog for more advanced climbing walls. Standard Model comes with two 48"W x 60"H climbing panels, providing a total of 96" of climbing width and 60" of climbing height. Climbing walls can be 8' to 80' long. *Always supervise children and use a padded mat under climbing walls! Shipping Wt: 175lbs. per 8' section.



MODEL 555 ELEVATED CLIMBING WALL

The 2-sided elevated climbing wall gives children the chance to explore and learn about their environment while being appropriately challenged. Key Areas: Tactile Perception, Gross Motor Skills, Vestibular System. Climbing wall is portable. Dimensions: 48"W x 60"L x 30"H Shipping Wt: 150lbs.

ACCESSORIES

MODEL 595
INSTRUCTIONAL CONE SET



MODEL SS110 BALANCE
BEAM



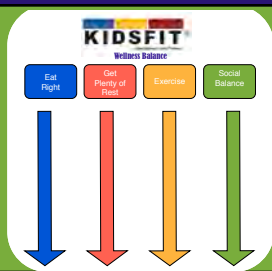
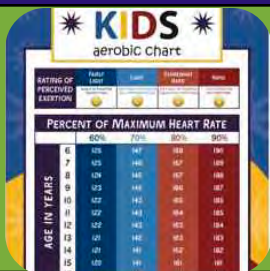
MODEL SS112
RECOVERY BOARDS



MODEL SS113 BALANCE
BOARDS



MODEL 135 POSTERS - CHOOSE FROM OUR SELECTION OF OVER 16 POSTERS!



HEALTHY HABITS

- FRUIT** Provides Vitamin A which keeps our eyes and skin healthy.
- VEGGIES** Provides fiber which helps digest food.
- GRAINS** Provides the body with carbohydrates which gives us energy.
- PROTEIN** Helps to prevent infection and carries oxygen to all parts of the body.



WHY STRENGTH TRAINING?

Protects muscles & joints from injury

Increases muscle strength & endurance

KIDSFIT PACKAGES



First Step Class Package - 10



Starter Class Package - 16 Stations

Complete Class Package - 25 Stations



BE SURE TO CHECK
OUT ALL OF OUR
CATALOGS!



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