



How to Talk About Your Personality in English

A Vocabulary Lesson

Step 1: Are You an Introvert or an Extrovert?



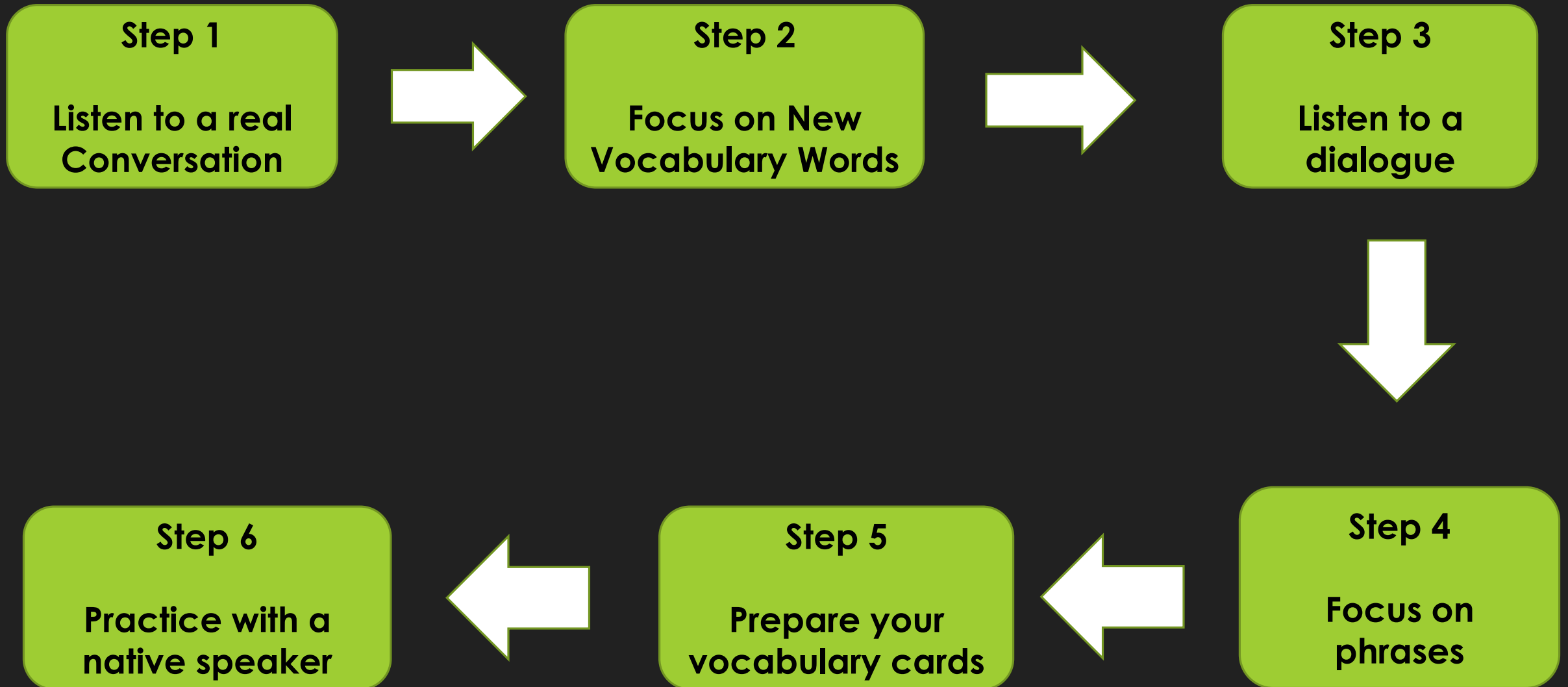
Please open
audio step 1:
Introvert or
Extrovert?



How would you describe your personality? Are you an introvert or an extrovert? In this exchange, Lauren and Rebecca talk about their own personalities and some misconceptions about introverts and extroverts.

Please open transcript step 1 - Introvert or Extrovert?

Our Method



Step 2: Focus on New Vocabulary Words

Extrovert

Obnoxious

Introvert

**To get to
know
someone**

**To come out
of one's
shell**

Ambivert

**To bring
something
out in
someone**

Extrovert

noun



Meaning: A person who is outgoing, social, gregarious

Someone who is an extrovert gets energy from talking with new people.

Introvert

noun



Meaning: A quiet, often thoughtful person who gains energy from spending time alone or in the company of a few close friends

People who are introverts often listen more than they speak.

Obnoxious

adjective

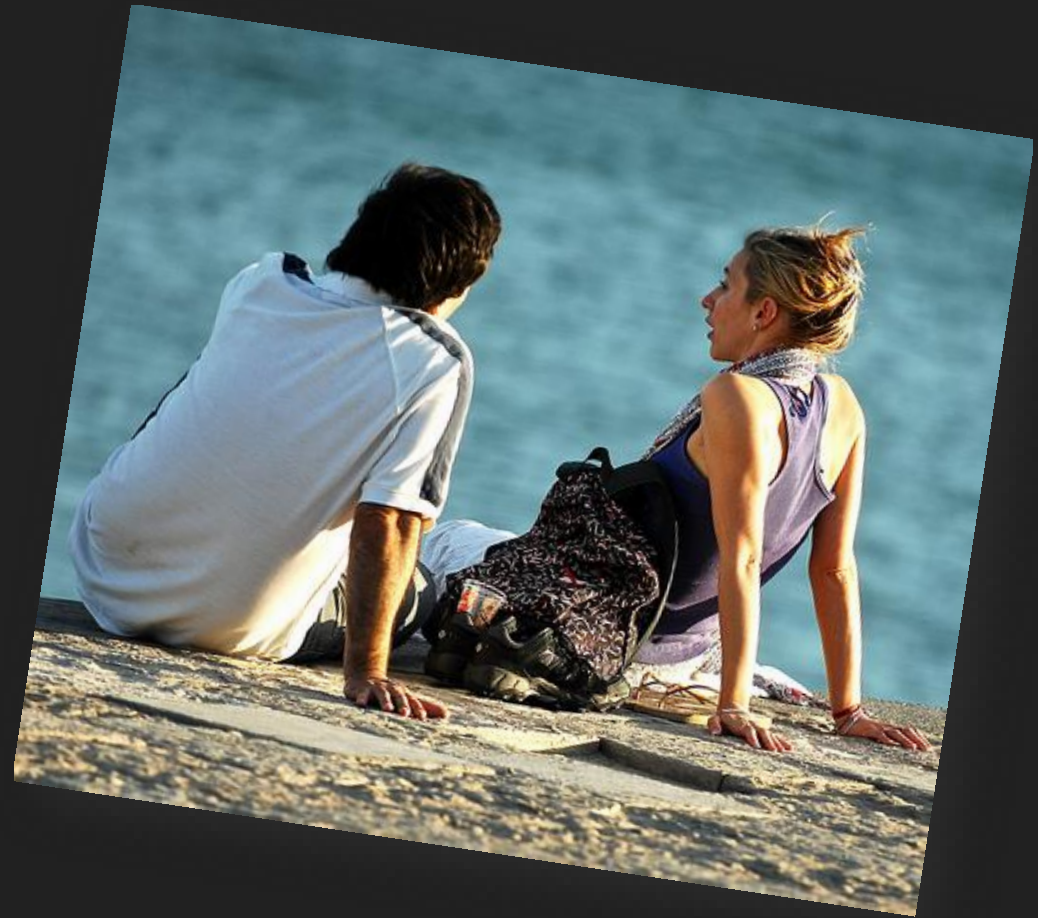


Meaning: Unpleasant, offensive, annoying

Kids or adults can be obnoxious when they don't get enough sleep.

To get to
know
someone

phrase



Meaning: To become familiar with someone by spending time
with them

Have you gotten to know your classmates this semester?

To come out
of one's shell

idiom

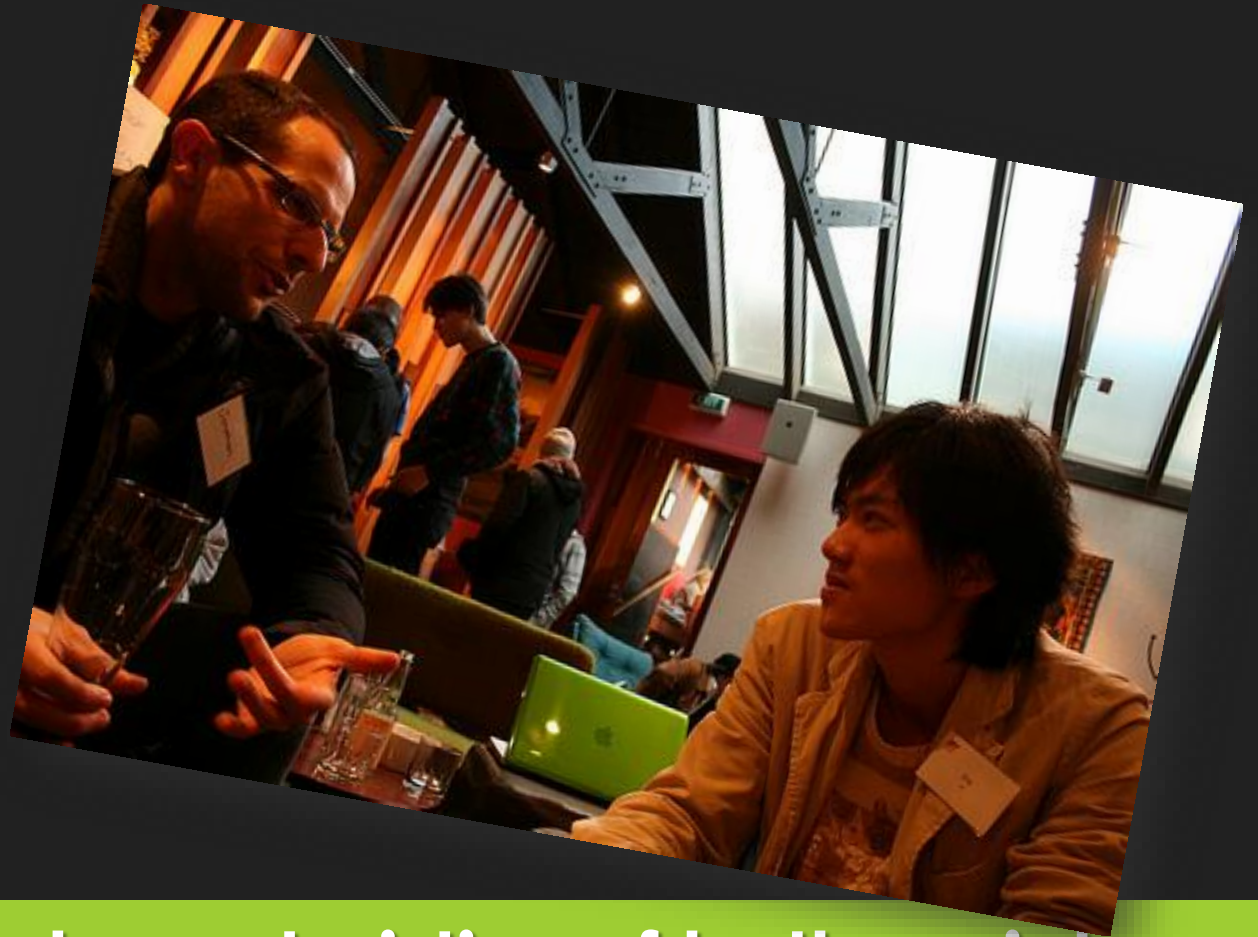


Meaning: To become more friendly and sociable

I was shy in middle school, but in high school I came out of my shell.

Ambivert

noun



Meaning: A person who has characteristics of both an introvert and an extrovert

She is an ambivert because her personality changes depending on the situation.

To bring
something out
in someone

Phrasal verb



Meaning: To highlight a hidden personality characteristic or bring it to the surface

My extroverted friends bring the comedian out in me.

Step 3: Dating an Introvert

What kind of personality do you look for in people that you date? Or in your friends?

What would it be like to date an introvert?

Listen to this conversation between two women on this topic.

Please open audio steps 3 and 4- Dating an Introvert



Step 4: Focus on Vocabulary Phrases

Now let's learn the vocabulary in the context of a phrase!

Please open transcript steps 3 and 4- Dating an Introvert and study the vocabulary phrases that are highlighted.

- "...most of them have been extroverts"
- "...they have ended up being obnoxious."
- "....not people I want to get to know."
- "Well personally I like to date guys who are introverts."
- "....once he came out of his shell he had a lot of interesting things to say."
- "I am more of an ambivert."
- "...they (people) tend to bring that (personality characteristic) out in me."

Bonus! Say It Another Way

Don't keep repeating the same phrases over and over again! Learn to say the phrases in a different way.

Please open the file "Say It Another Way"



Step 5: Use the New Vocabulary

Extrovert

Introvert

To get to know
someone

To come
out of
one's shell

Obnoxious

Ambivert

To bring something out in
someone

- 1) Someone who is an _____ can act in different ways depending on the situation.
- 2) Do you feel shy when you first meet someone? How long does it take you to _____? (*hint- become comfortable*)
- 3) Do you have any colleagues who are really annoying and _____?
- 4) What's the best way to _____? (*hint- become familiar with someone*)
- 5) Noisy parties _____ my social side out in me.
- 6) Is it a misconception that _____ tend to be afraid of socializing with people? (*hint- personality type*)
- 7) If you are a salesperson, it's good to be an _____. (*hint- personality type*)

Please check your answers on the credits page

Prepare Your Vocabulary Cards



Extrovert



Introvert

To bring
something out
in someone



To come out
of one's shell



To get to
know
someone

Ambivert



Obnoxious



Step 6:

- Are you an **introvert**, an **extrovert**, or an **ambivert**?
- How have you changed over the years?
- When do these personality types (**introvert**, **extrovert**, **ambivert**) surface in you? In which situations?
- How are extroverts viewed in your culture? Do you think that these personality types are misunderstood by society in general? (for example- is it true that introverts are usually shy?)
- How do you think extroverts are viewed differently in American culture compared with your culture?
- What is your opinion of people who take a long time **to come out of their shell**? Is this a sign of weakness in your opinion?

Step 6 Continued

- What kinds of activities are a good way **to get to know someone?** Why are they good for that?
- What situations tend **to bring out shyness in you?** What situations bring out shyness for your partner, family members, or a close friend?
- Describe the most **obnoxious** person you have ever met? How did you deal with being around him or her? Did you ignore him? Did you try to get him to change?
- Where have you traveled or lived abroad? How have those places and cultures influenced your personality?
- What are three personality traits that you look for in a friend? A romantic partner?
- If you could choose any 1 personality trait that you would like your child to have- what would it be and why?

Credits

- 1) cover page- Miss America:
<http://www.flickr.com/photos/quinnanya/>
- 2) say it another way quotes:
<http://www.flickr.com/photos/quinnanya/>
- Extrovert break dancer:
<http://www.flickr.com/photos/hectoralejandro/>
- Introvert on bench:
<http://www.flickr.com/photos/hectoralejandro/>
- Obnoxious: <http://www.flickr.com/photos/mig/>
- Couple talking at the beach:
<http://www.flickr.com/photos/pedrosimoes7/>
- Title: <http://www.flickr.com/photos/teosaurio/>
- Ambivert: <http://www.flickr.com/photos/4nitsirk/>
- Bring something out in someone:
<http://www.flickr.com/photos/weltbild-schweiz/>
- Dating: <http://www.flickr.com/photos/instantvantage/>

Answers to Step 5 Quiz

- 1) Ambivert
- 2) Come out of your shell
- 3) Obnoxious
- 4) Get to know someone
- 5) Bring
- 6) Introverts
- 7) extrovert