

How Did You Get Through this Winter?

Lindsay: So hey Keriann and Francis.
Thanks for coming today.

Keriann: Hi.

Francis: Hi there.

Lindsay: All right. Excellent. So let's talk about (uh) break-ups. So when you go through a break-up, (um) do you **get over** it quickly?

Keriann: I definitely don't think I **get over** it quickly at all. I – no.

Lindsay: What do you do to try to **get over** someone?

Francis: I just try to get someone else, actually.

Lindsay: Okay.

Keriann: I think that I try to find other activities to do and (um), I know last time I broke up with somebody, I ended up doing a lot of exercising and running and using that time that I had been spending with him, doing other things. (Um) and so it kind of had two benefits. I got healthier and felt better about myself and was distracted.

Francis: (Hmm), I guess I'm the exact opposite. I would (uh) eat too much maybe. Maybe drink too much, but (um) definitely, I didn't go the healthy route.

Key Vocabulary Words

1. To get over

2. To get into

3. To get through

4. To get ahead

5. To get along

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Lindsay: Oh that's so funny. Two totally different approaches to it. Nice, guys. How about **get ahead**, (like), what are you doing now to **get ahead** in your career?

Keriann: I'm actually a student right now in graduate school so I think that's definitely applicable there. (Um) and I'm working in a related field to what I want to do. So just taking it one day at a time.

Francis: Yeah, I think it's really important to make a lot of contacts and connections and I'm using LinkedIn a lot

and doing information interviews and just keeping up with people I think is really important.

Lindsay: Excellent. Excellent. That sounds great. And (um), so have -- so this has been a tough winter hasn't it guys?

Francis: Oh yeah.

Keriann: Yeah.

Francis: Definitely.

Lindsay: How have you **gotten through** it? (Like) what have you done to **get through** this intense winter? It's been five months of intense weather.

Francis: Try not to shovel too much.

Keriann: Our heating bill has gone up quite a bit, so I guess turning up the heat, staying inside, going to museums, doing things inside as opposed to outside, but it's terrible.

Francis: Yeah, really, it's really tough driving around, so to **get through** it, (uh) maybe try not to drive so much and just walk around.

Lindsay: Yeah. That's a great answer.

Keriann: Or, also when I used to walk all the time to the T station. I live about a mile away and now every morning I'm checking on my phone where, when is the bus coming, when is the bus coming, so I can take the bus. I feel lazy, but I, I can't walk. It's way too frigid outside.

Francis: Yeah, that's true in one way.

Lindsay: Yeah, we need to warn people before they decide to move to Boston, don't we?

Francis: Exactly.

Lindsay: And what kind of people do you **get along** with?

Francis: I **get along** with people that are really friendly and outgoing. If someone's a little too shy, I feel like I need to bring them out, not that I'm super (um) outgoing, but yeah, I like outgoing people.

Keriann: I like people who are easy to talk to and (do) not make a conversation one-sided, but I really don't like people who want to be the center of attention. I have a hard time – I, I don't even wanna (want to) really be around them. (Um) yeah.

Francis: Yeah, that's really good.

Lindsay: How 'bout (about) your siblings? Do you **get along** with your siblings?

Francis: (Um) not really.

Keriann: I **get along** really well with my sister, but not very well with my brother. I'm actually going to visit my sister tomorrow, but she doesn't know I'm coming. So I'm really excited.

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Francis: Now she does. Maybe.

Lindsay: So what's your favorite hobby? What do you like to do on the weekend?

Francis: (Um) on the weekends, if I have time, (um), I like to do some dancing, or walking, being outdoors enjoying nature.

Lindsay: How did you **get into** that?

Francis: (Um) just – when I was young, I used to dance, so I think it just continued over the years and yeah, I think it's really good.

Keriann: Have you ever tried Zumba? That's what I love to do.

Francis: (Um) not yet. But I'm really excited to try it.

Keriann: It's really fun.

Francis: Oh good.

Lindsay: How 'bout (about) you Keriann? What are you, (uh), what's your hobby?

Keriann: Zumba. I really love that (um) – yeah I go to the Z spot in east Boston a couple of times a week. And I like running and going to the gym and I had my bicycle that I liked to ride, but then it got stolen.

Francis: Oh no.

Keriann: But yeah, I like to do -- and then once the summer comes around, I like going to the beach and going on the boat and that kind of thing.

Lindsay: Nice. And (the) last question, when you were a kid, did your parents let you get away with a lot. (Like) were you a bad kid and did you get away with it?

Francis: I wasn't a bad kid and my parents were a little bit overprotective, so they didn't let me get away with much 'cause (because) there was not much to get away with since they were so overprotective.

Keriann: I was the youngest child and I think that they cared a lot less and we lived in a small neighborhood so there was (were) a lot of children around to play with, (uh) so they let me explore a lot, but I think I did get into a lot of trouble and (um) I think I got away with most of it, because they didn't really pay much attention.

Lindsay: Perfect. Thanks guys.

Francis: Thank you.

Keriann: No problem.

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