

## Are You Addicted to Facebook?

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**A:** So it seems like people are spending a lot of time on the Internet these days, huh?

**B:** Yeah, that's for sure. I try to keep it to a minimum but **I like to go online during my lunch break to get caught up** on the news and things like that.

**A:** Yeah, but some people spend way too much time online.

**B:** True- and **I think people are starting to face some challenges** with things like email addiction. How many times a day do *you* check your email?

**A:** Ohh too many. I can feel **my attention span is starting to dwindle too**.

**B:** You have to be careful. **There's a fine line between staying connected and being addicted** to email or Facebook or Twitter.

**A:** Ughh I stay away from Twitter but- I know- It's like – **when a site fades out**, something new comes in to take its place and we all become addicted to *that*.

**B:** So what's the answer? What can we do?

**A:** Good question.

### Key Vocabulary Phrases

1. "I like to go online during my lunch break to get caught up"

2. "I think people are starting to face some challenges"

3. "my attention span is starting to dwindle too"

4. "There's a fine line between staying connected and being addicted"

5. "when a site fades out"