

Tools FOR Inner Sustainability

If you want to know how we humans care for ourselves, just look at how we treat the environment. We show a staggering disregard for biological systems both in and outside of us. In the words of neuroscientist and author Dr. Bruce Perry our society is "biologically disrespectful."

The parallel between how we treat ourselves and the environment means the cure needs to be a deeply personal journey.

Inner sustainability will help our environment. This science and intuition based journey will be led by Jeffrey Schmidt, President of Agency for Earth.

FOUR POWERFUL PRESENTATIONS

A Course in Trusting Gut Instincts

Often admired, seldom taught, gut instincts are available to us if we open ourselves to them. Studies show 63% of business executives rely on gut instincts and laboratory experiments have proven their validity. Your gut has more neurons (brain cells) than some mammals have in their entire organism. The great Tsunami of Sumatra in 2004 claimed more than 18,000 human lives, yet no animals with mobility were reported dead. Instincts are part of our nature. This program will help you pay heed to them.

Leadership: Connect with Your Inner Compass

If you want to impact the world, other people or simply lead a life of fulfillment you will need to find your life purpose and articulate your innate gifts. Material society leads us away from *ourselves*. Indigenous elders talk of "changing the dream" of consumption, acquisition and thinking the world is ours to acknowledging we are children of Mother Earth. This is a profound change in worldview that needs time to gestate. This course is an incubator.

The Power of Grief

When grief is expressed in a community of caring and wisdom the result is almost always deep connection and profound joy. In our society we are just beginning to understand that injuries to our hearts and souls take up residence in us. This anguish longs to be heard and healed. Grief work is a special group event to express, hear and heal some portion of grief for ourselves, each other and Mother Earth. The container of community is one of the most powerful healing structures of humankind. Make use of it.

Restore, Rebalance, Regenerate

Indigenous societies know the deadening calamity of "soul sickness." Unexamined assumptions in our culture have led to a crisis of personal wholeness, fulfillment and disconnection from our vital nature. In this seminar we will inoculate with a dose of human connection and provide a regimen and an understanding of how healing developmental trauma will help you come back into balance and *feel more alive*.

Not using the latest neuroscience to build sustainability is like using a hand saw to construct your house.



More Powerful Tools Exist!

Seminar Benefits

All Agency for Earth (AFE) talks and seminars provide a combination of ancient wisdom, indigenous knowledge and the latest neuroscience. Each seminar will help you change the way you relate with yourself, other people and Mother Earth. AFE seminars speak to the functional unity of body / mind / soul and our connection with nature.

How To Engage

Look over the topics at left to get a sense of what you want. Then, see page two of this flier (at the bottom) for further instructions.



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Tools For Sustainability
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About the Presenter

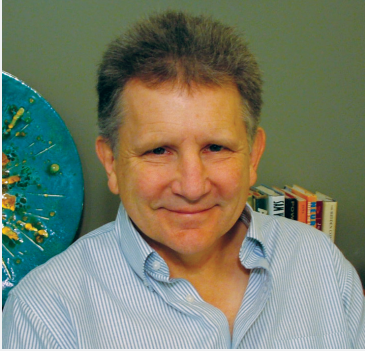


Photo: Shari Adams

Jeffrey Schmidt is NARM* certified, a NAT** trained practitioner and a level I QiGong instructor in the Spring Forest lineage. Jeffrey's company, Agency for Earth, has been developing social marketing and environmental education programs for more than 20 years.

Jeffrey also helps sustainable businesses market their products and services.

Jeffrey has studied many schools of thought on our "human condition." He has insights on how human beings work on the inside, and how this affects our outer world, especially our shared environment.

One of the significant advances in Western Psychology in the last 20 years is the advent of body-based practices with emphasis on integrating mind/body. When we integrate the body's nonverbal gut instincts with the narrative of our neocortex, we become more grounded. This increases

our personal power, attention and the ability to be who we really are: people who wish to give, receive and share love for ourselves, each other and the planet.

The latest research in neurobiology provides powerful insights on how we can calm and "regulate" our nervous system. This is essential to optimizing brain function. This research also helps us identify core needs and provide ourselves the nurturing we need to grow past personal trauma.

NARM is perhaps the first Western codified system to offer the full power of neuroscience with a non-western viewpoint on identity. NAT is a breakthrough modality that encompasses mind and body with emphasizes on the nonverbal language of touch.

You are invited to experience the strength of these approaches for yourself and the environment.

Further details on Jeffrey's history:

- BA: Psychology – Sac State
- Success Motivation Institute
- Tayu Meditation Center
- Zen with Tundra Wind
- Feng shui with Marie Diamond
- QiGong with Chunyi Lin
- Shamanism & Yoga: Peter Brown
- CBSM with Doug McKenzie-Mohr
- NARM: Dr. Larry Heller
- NA Touch: Dr. Aline LaPierre
- Grief: Francis Weller Mft

What clients say

"I thoroughly enjoyed your seminar, and walked away with valuable new tools. I had a feeling that it would exceed my expectations, and it did! Thank you for putting together something that intense!"

» Mark Yuwiler

"The exercises you led us through were wonderful and revealing."

» Kerry Ingram,
Mothering Arts

"The results of our work together have been both subtle and profound. Essentially, there has been an inner shift that has made a world of difference. Thanks Jeffrey!"

» Roberta Ryan,
Ryan Business Design

"Your presentation was clear, very timely, and validating of my own inner experience."

» Toni Traina

* NARM: NeuroAffective Relational Model™
A two year clinical training with Dr. Larry Heller. NARM seeks to work with both the physiology and psychology of individuals who have experienced developmental trauma.

**NA Touch: NeuroAffective Touch™
A one year clinical training with Dr. Aline LaPierre on the power of touch: the language of the body. Used for healing shock and developmental trauma, self awareness and personal growth.



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Three Steps to a New level of Sustainable Awareness

1 Pick Your Topic
Look over the four topics on page one of this flier and get a sense for what you want.

2 Choose Your Format(s)
Pick one or a combination of the following: Keynote Address, Group Seminars, Webinar, One-on-One work.

3 Contact Agency for Earth
Discuss your thoughts with no charge or obligation. Then together we will determine budget and schedule.