FOR IMMEDIATE RELEASE

Paleo Treats® 1815B Main Street San Diego, CA 92113 Contact: Lee Selman lee@paleotreats.com www.paleotreats.com Of: 619-403-5424

Small dessert company puts San Diego on the Paleo map.

June 11th, 2015. San Diego, CA. Paleo Treats[®] is proud to announce it is the recipient of a Small Business Grant from FedEx[®] recognizing it as one of the top ten small businesses in the US.

Food crazes come and go, but the fundamentals remain the same: eat foods that are minimally processed and grown without chemicals and you'll be healthier for it. Whether you grill salmon or tuck into a grass-fed steak every night with a heaping salad, the basic idea of eating high quality food never changes.

By eliminating foods that have crept in during the last 10,000 years when humans began to practice agriculture (like grains and dairy, common irritants to the human gut) and especially in the last 100 years (refined sugar, processed oils, and a long list of modern day chemical additives) you're able to start living how you were genetically designed to; healthy and strong.

The catch is this: After you've had a healthy barbecue in the back yard, what do you eat for dessert?

Enter Paleo Treats. Designed to help the modern sweet-tooth stay satisfied and healthy, Paleo Treats are delicious desserts for the Paleo diet that are made of minimally processed natural foods. No refined sugar, no gluten, no grains, and no dairy. Offering 5 different sweet treats (Bandito, Brownie Bomb, Cacao Now, Mac Attack, Mustang Bar) Paleo Treats provides that grand finale to a perfect Paleo meal, dessert.

Paleo Treats was started in San Diego in 2009 by two veterans and a former expedition company owner and provides pre-packaged desserts for the Paleo diet. Our desserts are gluten, grain, and dairy free, and we are recognized as one of the pioneers of the Paleo food movement.

Based out of an office in Barrio Logan with a bakery in Miramar, Paleo Treats ships desserts all over the US and the world. With a focus on clean ingredients that meet the strict standards of the Paleo diet matched with superb taste, these desserts have enjoyed widespread success and recognition.

For more information on the Paleo diet, living clean, and eating healthy, check out <u>www.paleotreats.com</u>.

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