

# Kerith Retreats

## Typical Schedule

	Day One Tuesday	Day Two Wednesday	Day Three Thursday	Day Four Friday	Day Five Saturday	Day Six Sunday	Day Seven Monday	Day Eight Tuesday	
<b>Breakfast</b>	<b>2 - 4:00 PM Arrive and Settle In</b>	Guest Breakfast Kitchen	Guest Breakfast Kitchen	9:00 AM Dining Room	Guest Breakfast Kitchen	Guest Breakfast Kitchen	Guest Breakfast Kitchen	Guest Breakfast Kitchen	
<b>Morning Sessions</b>		<b>FREE</b>	10:00 AM Great Room	10:00 AM Great Room	10:00 AM Great Room	SABBATH REST / DAY OF PRAYER	10:30 AM Great Room	<b>Depart by 10:00 AM</b>	
<b>Lunch</b>		11:00 AM Basket Lunch	12:30 PM Dining Room	12:30 PM Dining Room	12:30 PM Dining Room		Self-serve Lunch		12:30 PM Dining Room
<b>Free Time/ Personal Sessions</b>		1:00 PM Great Room	Afternoon schedule will alternate and you will either have the afternoon free, or your personal time with the Retreat Leaders. Outings can also be planned during this time.						
		3:00 PM Private Session							
	4:45 PM Private Session								
<b>Dinner</b>	6:00 PM Dining Room	6:00 PM Dining Room	6:00 PM Dining Room	6:00 PM Dining Room	6:00 PM Private Dinner	6:00 PM Dining Room	6:00 PM Dining Room		
<b>Evening Sessions</b>	7:30 PM Orientation Great Room	<b>FREE</b>	<b>FREE</b>	<b>FREE</b>	<b>FREE</b>	7:30 PM Worship & Communion	<b>FREE</b>		