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## – Vision –

To be the company of choice for  
associates, agents, and policyholders.

## – Mission –

Exceed in service. Lead in results.

## – Core Values –

Excellence

Integrity

Innovation

# WORKERS' COMPENSATION REPORTING TIPS

## **– ATTENTION – YOU MAY BE FINED IF YOU DO NOT REPORT ON-THE-JOB INJURIES ON TIME**

You must complete an Employer's First Report of Injury immediately after an on-the-job injury occurs and forward the report to Argent. **You may be fined if you do not submit the report on time.**

Report online, fax, or email the Employer's First Report of Injury even if you do not have all the information about the injury.

- Do not wait for medical bills.
- Do not withhold the Employer's First Report of Injury because you believe the claim is questionable. Reporting a loss is not an admission of liability.
- Be sure to include the claim number on all correspondence.

### **Claim Reporting Options for NEW LOSSES ONLY:**

- Online Reporting (Insured Access) - Our online reporting system is referred to as Insured Access. **Online claim reporting is our preferred method**, and allows you to instantly obtain confirmation of your report, as well as the claim number. Insured Access also allows you to have limited access to claim notes, claim reserves, and loss control resources. In order to set up Insured Access, please contact your dedicated claim representative. Or,
- Fax: 888-926-9299 or,
- Email: ArgentWCCLossScanCtr@wbmi.com

Do not withhold the Employer's First Report of Injury for any reason. You may be fined if the claim representative cannot make the initial lost time payment because you failed to send the Employer's First Report of Injury on time.

If you need to notify your agent, please send your agent a copy of the Employer's First Report of Injury and indicate the report has been filed with Argent. Direct reporting saves time.

If you have any questions, please call your claim representative.

### **For any follow up correspondence, please refer to the below instructions:**

#### **Submit follow up correspondence with the claim number to:**

- Fax: 888-926-9299
- Email: Argent\_WCC\_scan\_ctr@wbmi.com

# HOW TO WRITE INJURY DESCRIPTIONS

The following instructions will help you avoid some common errors and save time when describing an injury on the Employer's First Report of Injury form.

For most accidents, you can describe what happened in one or two sentences. "He strained his lower back lifting a box." "She bruised her left knee when she fell on a wet floor." However, your descriptions must be specific. "Hurt back working" does not provide enough information.

Answer the following questions when describing an injury:

## 1. What part of the body was injured?

- Lower back
- Right forearm
- Upper right leg
- Third toe on left foot

## 2. How did the accident happen?

- Did the person fall?
- Did they twist their body as they got out of a chair?
- Were they moving or stationary when the accident happened?

## 3. Was the injured person carrying anything?

Even if it probably didn't cause the injury, we need to know if the person was carrying anything. For example, "Carrying broom, stepped wrong and twisted left ankle."

## 4. What specifically appears to have caused the accident?

If someone hurt their back lifting a box, say that. Don't say:

- Lifting a unit of material
- They hurt their back lifting product
- Lifting equipment

Avoid jargon or trade names for equipment. Explain precisely what they were doing.

- Lifting an air conditioner
- Pushing a cart
- Carrying magazines
- Bending over to pick up a wrench

If a machine caused the injury, tell us what kind.

- A grinder
- A shear
- A hoist

Again, avoid jargon or trade names.

## 5. What injury appears to have resulted?

- Strain
- Fracture
- Bruise
- Cut

Please be sure to include the injured person's birthdate or age and Social Security number. Also, indicate the geographical location of the accident (city, county, and state).

SOUTH DAKOTA DEPARTMENT OF LABOR AND REGULATION

**DIVISION OF LABOR AND MANAGEMENT**

Tel: 605.773.3681      dlr.sd.gov

**FIRST REPORT OF INJURY**

**GENERAL INSTRUCTIONS**

**EMPLOYEE**

1. **Á** Notify employer immediately of injury, as required by SDCL 62-7-10.
2. **Á** Complete all questions in the EMPLOYEE and INJURY/TREATMENT sections.
3. **Á** Sign the form.
4. **Á** Submit this form to your employer within three (3) business days after the injury.

**EMPLOYER**

1. **Á** Complete all questions in the EMPLOYER/EMPLOYMENT sections.
2. **Á** Sign the form.
3. **Á** Submit this form to your workers' compensation insurance carrier within seven (7) days of knowledge of the occurrence of the injury, as required by SDCL 62-6-2.
4. **Á** Give a copy of the form to the injured employee.
5. **Á** Keep the copy of the First Report of Injury for at least four (4) years from the date of injury, as required by SDCL 62-6-1.

**BODY PART CODES**

|    |                      |    |  |    |                                  |
|----|----------------------|----|--|----|----------------------------------|
| 02 | Blindness one eye    | 44 | Chest, including ribs sternum, soft ribs | 78 | Ring finger at metacarpal bone   |
| 03 | Blindness both eyes  | 48 | Internal organs-other than heart, lungs  | 79 | Ring finger at proximal joint    |
| 04 | Deafness both ears   | 49 | Heart                                    | 80 | Ring finger at middle joint      |
| 05 | Deafness one ear     | 51 | Hip                                      | 81 | Ring finger at distal joint      |
| 10 | Multiple head injury | 52 | Upper leg                                | 82 | Little finger at metacarpal bone |
| 11 | Skull                | 53 | Knee                                     | 83 | Little finger at proximal joint  |
| 12 | Brain                | 54 | Lower leg                                | 84 | Little finger at middle joint    |
| 13 | Ear(s)               | 55 | Ankle                                    | 85 | Little finger at distal joint    |
| 14 | Eye(s)               | 56 | Foot                                     | 86 | Great toe metatarsal bone        |
| 17 | Mouth                | 57 | Toe (other than greater)                 | 87 | Great toe at proximal joint      |
| 19 | Face (facial bones)  | 58 | Toe (greater)                            | 88 | Great toe at distal joint        |
| 20 | Multiple neck injury | 60 | Lungs                                    | 90 | Multiple injury                  |
| 21 | Vertebrae            | 61 | Groin                                    | 92 | Other toe metatarsal bone        |
| 22 | Disc                 | 67 | Thumb metacarpal bone                    | 93 | Other toe at proximal joint      |
| 24 | Other                | 68 | Thumb at proximal joint                  | 94 | Other toe at middle joint        |
| 31 | Upper arm            | 69 | Thumb at distal joint                    | 95 | Other toe at distal joint        |
| 32 | Elbow                | 70 | Index finger at metacarpal bone          | 96 | Little toe metatarsal bone       |
| 33 | Lower Arm-forearm    | 71 | Index finger at proximal joint           | 97 | Little toe at distal joint       |
| 34 | Wrist                | 72 | Index finger at middle joint             |    |                                  |
| 35 | Hand                 | 73 | Index finger at distal joint             |    |                                  |
| 37 | Thumb                | 74 | Middle finger at metacarpal bone         |    |                                  |
| 38 | Shoulder             | 75 | Middle finger at proximal joint          |    |                                  |
| 41 | Upper Back           | 76 | Middle finger at middle joint            |    |                                  |
| 42 | Lower Back           | 77 | Middle finger at distal joint            |    |                                  |

**Cause of Injury Codes**

|    |   |    |  |
|----|---|----|--|
| 01 | Body reaction/over reaction<br>(includes chemicals) | 70 | Striking against or stepping on  |
| 03 | Temperature extremes                                | 78 | Struck or injured by moving parts of machine   |
| 13 | Caught in/under/between                             | 81 | Struck or injured, includes knife or sharp object,<br>kicked, bit, etc. – struck by object, worker,<br>patient, etc. |
| 25 | Fall from elevation                                 | 89 | Hostile attack-person in act of crime  |
| 29 | Fall from same level                                | 90 | Other than physical cause of injury  |
| 50 | Motor vehicle                                       | 94 | Repetitive motion – callous, blister, etc.   |
| 56 | Bending/Lifting                                     | 97 | Repetitive motion-carpal tunnel syndrome, etc.   |
| 65 | Machinery/Equipment                                 | 99 | Other  |

**Nature of injury codes**

|    |                      |
|----|----------------------|
| 00 | Not applicable       |
| 01 | Allergy              |
| 02 | Disfigurement        |
| 71 | Occupational disease |
| 72 | Hearing loss         |

## South Dakota Employer's First Report of Injury

|   |  |                |  |                |   |   |
|---|--|----------------|--|----------------|---|---|
| EMPLOYEE  | SSN:   | Date of Birth: | Gender: M  | F              | Dependents:   | Education:  |
|   | Name: (Last)   |                | (First)  |                | ( Middle initial)   | Less than High School   |
|   | Mailing Address:   |                |  |                |   |   |
|   | City:  | State:         | Zip:   | Telephone No.: |   | GED or High School  |
|   | Employee signature: (X) _____ Date _____   |                |  |                |   | Beyond High School  |
| INJURY / TRAFFIC  | Date of Injury:      Time of Injury:      a.m.      p.m.      Fatality Date (if applicable):<br>County Where Injury Occurred:      Was Safety Equipment Provided? Yes      or No<br>Time Work Day Began on Date of Injury:      a.m.      p.m.      Was Safety Equipment Used? Yes      or No<br>Date Returned to Work (if applicable):      Did Injury Occur on Employer Premises? Yes      or No<br>Address or Location of Injury:<br>Description of Injury: |                |  |                |   | (See Codes on Second Page)<br>Body Part Injured<br><br>(If code 90, Multiple Injury, please specify body part codes for each body part injured.)<br><br>Nature of Injury<br><br>Cause of Injury |
|   | Date Employer Notified of Injury:<br>Injury Reported to:   |                | Witness:   |                |   |   |
|   | Type of Treatment (please check one)<br><br><input type="checkbox"/> No Treatment<br><br><input type="checkbox"/> On-Site Treatment<br><br><input type="checkbox"/> Clinic<br><br><input type="checkbox"/> Emergency Room<br><br><input type="checkbox"/> Hospitalization  |                | If treatment sought, please specify provider of treatment:<br>Medical Practitioner, Clinic or Hospital Name:<br>Mailing Address:<br>City:      State      Zip<br>Telephone No. : |                |   |   |
|   | EMPLOYER/EMPLOYMENT INFORMATION:   |                |  |                |   |   |
|   | Federal ID No.:      # Employees:  |                |  |                |   | Employment Type:      Regular      or      Temporary  |
|   | Employer Name (DBA):   |                |  |                |   | Emp. Status:      FT      PT      Seasonal      Volunteer   |
|   | Mailing Address:   |                |  |                |   | Date Employee Hired:  |
|   | City:      State:      Zip:  |                |  |                |   | Employee's Position:  |
|   | Telephone No. :      County Where Employer Located:  |                |  |                |   | Employee's Time in Current Position:  |
|   | Employee signature: _____ Date _____   |                |  |                |   | Employee's Hours Per Week:<br>Employee's Current Wage:<br>\$      per   |
| <b>CLAIM OFFICE INFORMATION</b><br><br>NAICS for Employer Being Insured (Nature of Business):<br><br>Carrier Code      FEIN (Claim Office)<br><br>Claim Office<br>Claim Office Address<br><br>City      State      ZipCode<br><br>Telephone<br><br>Email Address      T<br><br>Claim Office Claim #<br><br>Date Notified      Date to DOL |  |                |  |                | Check if Claim Office is same as Insurance Provider<br>If not, you must complete the following<br><b>UNDERLYING INSURANCE PROVIDER INFORMATION</b><br><br>Carrier Code (If applicable)      FEIN (Insurance Provider)<br><br>Represented Entity Name<br>Address<br><br>City      State      Zip Code<br>Telephone Number<br><br>Policy Number<br>Effective Dates<br><br>Adjuster/Contact Person |   |

# WORKERS COMPENSATION COST CONTAINMENT INITIATIVES

Argent participates in several medical cost containment programs. The use of these programs helps reduce your workers' compensation expenses. A brief summary of each program is outlined below.

If you have any questions about any of the programs we offer, please call your dedicated claim representative at 888-236-5008.

## PHARMACY PROGRAM

This program is designed to provide discounts on workers' compensation prescriptions submitted by your injured worker's. This service is provided by a national pharmaceutical management company using a network of retail pharmacies.

How the program works:

1. The injured worker files a workers' compensation claim with employer, seeks medical treatment, and receives a prescription from a provider.
2. The injured worker presents the prescription along with the temporary ID form to a participating pharmacy where the claim is electronically submitted by the pharmacy to our vendor.
3. Once Argent receives notification of the claim from the employer, an employee ID drug card is issued, along with a list of participating pharmacies and instructions on the use of the program.
4. The injured worker presents the ID drug card to a participating pharmacy for any workers' compensation prescriptions.
5. High cost/long term use medications are conveniently supplied through our vendor's mail service pharmacy.

## DIAGNOSTIC TESTING PROGRAM

Using the services of a diagnostic management vendor, we can save money on diagnostic tests (i.e., CT scans, MRIs, EMGs, etc.) the treating provider orders for injuries an employee sustains in a work-related incident. Our vendor will schedule the test then notify the injured worker of the date, time, and location. Once the test is performed the films/x-rays will be forwarded to the referring provider.

To make this program successful, we ask that you encourage your employees to contact their Argent claim representative as soon as their provider orders a diagnostic test. We will handle it from there.

## MEDICAL COST CONTAINMENT

Strong medical management brings about the early and safe return to work of your employees and reduces claim costs. In order to control the medical bill costs, we contract with a medical bill review service. All of our medical provider charges (hospital, physician, physical therapist, chiropractor, and pharmaceutical) are verified for the appropriateness of the charge, and to determine if they adhere to state mandated fee schedules or local usual and customary (U&C) reimbursement levels. This process often reduces our medical expenses by 10-30%.

Another way we are containing costs is through the use of PPO Networks. The Preferred Providers have agreed to discount their billings to the agreed upon PPO Network rates for our insured's injured workers. This in turn keeps your premium costs down.

Your support in encouraging your injured workers to use a PPO provider is important. It sends an important message to the medical care providers that we support them in their effort to offer quality, cost effective care to patients.

For a list of PPO's in your area, please visit our website, [www.argentworkerscomp.com](http://www.argentworkerscomp.com) for a link to the PPO Directory.



Joe Sample  
123 2nd Street  
Anywhere, FL 33635

Thu May 24 12:50 EDT 2007

RE: Argent Workers' Compensation Prescription Drug Program

Dear Joe Sample,

Argent has contracted with myMatrixx to have prescriptions for your work related injury filled at no expense to you.

**What is Covered?**

Only medication(s) prescribed by your authorized treating physician for your work-related injury will be approved. This program does not cover prescriptions for any other medical condition.

**What do I do?**

After receiving your prescription from your workers' compensation physician, visit any network pharmacy and present your prescription and prescription card. Your pharmacy will submit the required information to myMatrixx. You do nothing else.

In the event there is a problem processing your prescription(s) please call or have the pharmacist call myMatrixx 24 hours a day, 7 days a week at 877-804-4900.

**Which pharmacies can I use?**

Your prescription Card is honored at over 60,000 pharmacies nationwide. Here are just a few in your area. For more network pharmacy locations, please call 877-804-4900.

Walgreens Pharmacy  
1211 Hillsborough Ave.

Publix Pharmacy  
8975 Race Track Rd.

Walgreens Pharmacy  
7925 Gunn Highway

CVS #5196  
11670 Country Way Blvd.

Publix Pharmacy  
12139 W. Linebaugh Ave.

Kash N Kerry Pharmacy  
10617 Sheldon Road

CVS Pharmacy  
8801 W. Linebaugh Ave.

Publix Pharmacy  
7835 Gunn Highway

CVS Pharmacy  
7920 Gunn Highway





# Answers to your questions.

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**1. What is this card?**

This card is for your workers' compensation prescription needs. Please take this card to the pharmacy when you are filling medications for your work-related injury.

**2. Why did I receive this card?**

You received this card due to an injury that occurred on the job.

**3. What if I am not currently taking any medications due to the injury?**

Please put the card in a safe place in case you start taking medications for your current injury.

**4. When should I use this card?**

Anytime you need to fill a medication for your work-related injury.

**5. Are all medications pre-approved?**

Your insurance company may have pre-selected medications that will go through without authorization. If you drop off a prescription at the pharmacy and it rejects for any reason the pharmacy should call us and we will call your insurance co. for approval. If you would like to know the types of medications that are pre-approved before going to the pharmacy, please call 877-804-4900 and a customer service rep will be happy to assist you.

**6. Can my family members use this card?**

No, this is only for your work-related injury.

**7. What should I do if there is a problem with my card when I take it to the pharmacy?**

Your pharmacy should call us with any problems they are having with the card. If for ANY reason they do not call us, or if you have any questions regarding your work-related medications, please call our customer service team at 877-804-4900.

**8. Are you my workers' compensation insurance company?**

No, we were contracted by your workers' compensation insurance company to handle all of your work-related prescription needs.

**9. What happens if my medication doesn't provide any relief from my symptoms or pain?**

You should contact your doctor or our pharmacist to verify that the medication prescribed for your pain is the most appropriate for your condition.

**10. Should I tell my doctor about other medications I am taking not related to my injury?**

Yes, it is very important that your physician and pharmacist know ALL the medications you are currently taking. Some medications may counter the effect of other medications you are taking and some may even be harmful or life threatening when taken together. If you are unsure of your current medications, call our myMatrixx pharmacist.

**11. Can I talk to one of your pharmacists if I have a question?**

Yes, our pharmacists are available to answer all of your medication related questions.

**For any additional questions please contact myMatrixx at 877-804-4900**

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**Patient** - You must present this identification card each time you go to the pharmacy for your authorized prescriptions only. If you are denied medication, please call.

**Pharmacist** - For questions, please call 24 hours a day, 365 days a year. Dispensed quantity of medications is limited to a 30 day supply. Do not send patient home without first contacting myMatrixx for all rejections.

**Note:** Insurance company has pre-approved certain medications for this patient; these medications will process without an authorization. Any medications that are rejecting, must be called into myMatrixx for authorization.

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**Any questions or problems, please call:  
877.804.4900**

**AUTHORIZATION TO DISCLOSE NON-PUBLIC PERSONAL HEALTH INFORMATION AND WAIVER  
OF PRIVILEGE**

TO:

Patient Name:  
Claim Number:  
Birth Date:  
Social Security Number:

I hereby authorize the above named health care provider to give to, release, and permit copies to be made of all health care records that are in your possession.

The health care records should be disclosed to any authorized representative of Argent, a division of West Bend Mutual Insurance Company. Argent, a division of West Bend Mutual Insurance Company, is the insurer for the employer and acts as its agent for insurance purposes.

The purpose of the disclosure of these records is to aid Argent's, a division of West Bend Mutual Insurance Company, evaluation of my claim.

Argent, a division of West Bend Mutual Insurance Company, may re-disclose my records to others retained by Argent, a division of West Bend Mutual Insurance Company, to assist in the evaluation of my claim. Re disclosure of this protected health information will no longer be protected under any federal or state privacy law.

The type of information to be disclosed may include, but not limited to, x-rays, x-ray reports, summaries, reports, narratives, test results, notes and any other health care record from all in-patient visits at your institution or facility.

This authorization also permits release of all information relating to treatment for:

- (a) drug and/or alcohol abuse;
- (b) any mental disease, defect, or psychological/psychiatric condition;
- (c) any communicable disease, AIDS, or AIDS-related disease.

I understand that executing this authorization is a waiver of my privileges of physician-patient confidentiality, and I freely and voluntarily waive that privilege.

The above-named health care provider may not condition treatment, payment, enrollment or eligibility of benefits on obtaining your authorization.

A photocopy or facsimile of this authorization shall be valid and effective just as the original.

I understand that I may revoke this authorization in writing to the records department of the above named health care provider at any time, except where information has already been released as a result of this authorization.

Unless revoked, this authorization shall remain in affect for the period of one year beyond the date of patient's signature, or until my claim is closed, whichever is later. Records may be disclosed whether dated before or after the date of this authorization.

I understand that I or my authorized representative is entitled to receive a copy of the completed authorization form.

---

Signature of Patient/Claimant

---

Date

---

Signature of Patient/Claimant

---

Date

WR-0210(7-18)

**Regardless of normal job duties, light duty work will be accommodated.  
Please prepare restrictions below:**

|  |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
|--|--------------------------|--|------------------------------|--|---------|--------------------------|--------------------------|--------------------------|----------|--------------------------|--------------------------|--------------------------|----------|--------------------------|--------------------------|--------------------------|----------|--------------------------|--------------------------|--------------------------|----------|--------------------------|--------------------------|--------------------------|
| <b>ATTENDING PHYSICIAN'S RETURN TO WORK RECOMMENDATIONS RECORD</b>   |                          |  | Claim No. _____              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| Patient's Name (First) _____   |                          | (Middle Initial) _____   | (Last) _____                 |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
|  |                          |  | Date of Injury/Illness _____ |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| <b>TO BE COMPLETED BY ATTENDING PHYSICIAN – PLEASE CHECK</b>   |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| Diagnosis/Condition (Brief Explanation) _____  |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| I saw and treated this patient on _____ and based on the above description of the patient's current medical problem:<br>(date)   |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| 1. <input type="checkbox"/> Recommend his/her return to work with no limitations on _____ (date)   |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| 2. <input type="checkbox"/> He/She may return to work on _____ capable of performing the degree of work checked below with the following limitations: (date)   |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| <input type="checkbox"/> <b>Sedentary Work.</b> Lifting 10 pounds maximum and occasionally lifting and/or carrying such articles as dock-ets, ledgers, and small tools. Although a sedentary job is defined as one which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met. |                          | 1. In an 8 hour work day patient may:<br>a. Stand/Walk<br><input type="checkbox"/> None <input type="checkbox"/> 1-4 hours <input type="checkbox"/> 4-6 hours <input type="checkbox"/> 6-8 hours<br>b. Sit<br><input type="checkbox"/> 1-3 hours <input type="checkbox"/> 3-5 hours <input type="checkbox"/> 5-8 hours<br>c. Drive<br><input type="checkbox"/> 1-3 hours <input type="checkbox"/> 3-5 hours <input type="checkbox"/> 5-8 hours   |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| <input type="checkbox"/> <b>Light Work.</b> Lifting 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may be only a negligible amount, a job is in this category when it requires walking or standing to a significant degree or when it involves sitting most of the time with a degree of pushing and pulling of arm and/or leg controls.                               |                          | 2. Patient may use hand(s) for repetitive:<br><input type="checkbox"/> Single Grasping<br><input type="checkbox"/> Pushing & Pulling<br><input type="checkbox"/> Fine Manipulation   |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| <input type="checkbox"/> <b>Light Medium Work.</b> Lifting 30 pounds maximum with frequent lifting and/or carrying of objects weighing up to 20 pounds.  |                          | 3. Patient may use foot/feet for repetitive movement as in operating foot controls:<br><input type="checkbox"/> Yes <input type="checkbox"/> No  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| <input type="checkbox"/> <b>Medium Work.</b> Lifting 50 pounds maximum with frequent lifting and/or carrying of objects weighing up to 25 pounds.  |                          | 4. Patient is able to:<br><div style="display: flex; justify-content: space-around; margin-bottom: 5px;"> <span>Frequently</span> <span>Occasionally</span> <span>Not At All</span> </div> <table style="width: 100%; border-collapse: collapse;"> <tr><td>a. Bend</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>b. Squat</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>c. Climb</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>d. Twist</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>e. Reach</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> </table> |                              |  | a. Bend | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | b. Squat | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | c. Climb | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | d. Twist | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | e. Reach | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| a. Bend  | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>     |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| b. Squat   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>     |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| c. Climb   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>     |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| d. Twist   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>     |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| e. Reach   | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/>     |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| <input type="checkbox"/> <b>Medium Heavy Work.</b> Lifting 75-80 pounds maximum with frequent lifting and/or carrying of objects weighing up to 40 pounds.   |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| <input type="checkbox"/> <b>Heavy Work.</b> Lifting 100 pounds maximum with frequent lifting and/or carrying of objects weighing up to 50 pounds.  |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| Other Instructions and/or Limitations Including Prescribed Medications: _____  |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| These restrictions are in effect until _____ or until patient is re-evaluated on _____<br>(date) (date)  |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| 3. <input type="checkbox"/> He/She is totally incapacitated at this time. Patient will be re-evaluated on _____ (date)   |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| Physician's Signature _____  |                          |  | Date _____                   |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| Print name: _____  |                          |  | Phone number _____           |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |
| Facility Name: _____   |                          |  |                              |  |         |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |          |                          |                          |                          |



# The Silver Lining<sup>®</sup> ADVANTAGE

With the **Silver Lining Advantage**, you benefit from the expertise and guidance of qualified nurse case managers. Using their experience in the medical field, these professionals carefully examine the medical aspects of your company's workers' compensation claims to reduce the claim costs and the duration of the disability. This not only helps control the cost of these claims, it results in a more positive outcome for your employees and your company.

The **Silver Lining Advantage** program offers a variety of services customized to help your company reduce your workers' compensation claim costs.

These services include:

- Reducing medical and disability costs through a collaborative approach;
- Expert medical resources available to all accounts;
- An average of 24 years of experience for each member of your nurse case manager team;
- A focus on building relationships with the medical community; and
- The ability to capture and report cost savings.



## ARGENT- Claim Practices

**Initial Contacts** – Within 24 hours of receipt of claim, contacts made to employee, employer and medical provider.

**Investigation** – Investigation of claims is to include, but not limited to: recorded statements of employees and witnesses, requesting prior and present medical records, obtaining job descriptions or videos, subrogation potential, Independent Medical Evaluations, and other investigative services when necessary.

**Transitional Return to Work** - Will be addressed immediately. Consult with employer as to availability and the importance of prompt return to work.

**Reserves** - Set for known and probable exposures based on the facts of the case. If the reserves exceed \$25K the Claims Representative will complete a reserve letter explaining the basis for the numbers and send to Employer, Agent, Underwriter, Loss Control and Claims Assistant Vice President.

**Denials** – After claim is denied, it will remain open based on the merits of the case. Upon denial, letters will be sent from Claims Representative to employee, employer, and medical provider.

**Dedicated Claim Team**- Lost time and medical only claim professionals will be assigned to your account.

**Managed Care Program**- We have a team of highly knowledgeable nurses who are proficient in treatment protocols and in getting the right care at the right time to injured workers.

**Narcotic Program** – Comprehensive internal program to mitigate the use of narcotic medications through education, early intervention and evaluation to facilitate favorable outcomes.

## Subrogation

**What is subrogation?** Subrogation is process by which an insured/insurer can recover the amount paid on a claim from a legally-liable party. The workers' compensation policy grants the insurer subrogation recovery rights.

**Why is subrogation important to your business?** Subrogation allows the first- party payer (typically the insurer) to recover money paid from the liable party, thereby reducing the total costs incurred, as well as your experience modifier. This means your premium will not increase if an employee is injured in an accident for which someone else is liable.

### **How can you help our subrogation efforts to maximize recoveries?**

- Discuss/explain the subrogation process in your safety committee meetings.
- Advise employees who work at or travel to other worksites to notify you and the off-premises property owner of any unsafe exposures, such as accumulated snow/ice, cluttered walkways, unsafe stairways, generally slippery floors, poor lighting, etc.
- Educate employees who work at or travel to other worksites to take photographs of off-premises accidents, such as motor vehicle accidents, falls from ladders, construction scene accidents, etc.
- For construction site accidents, provide the name of the general contractor and a list of all subcontracts involved.
- Advise your employees to immediately notify the property owner when/where the accident occurred.
- Report the workers' compensation claim to Argent immediately; subrogation investigations are extremely time sensitive.
- When applicable, provide Argent or our representative with copies of rental agreements, contracts, owner's manuals, maintenance records, photographs, diagrams, invoices, certificates of insurance, etc.
- Do not discard or repair any equipment that may have led to your employee's injury (i.e., broken ladder). The item may need to be inspected/tested by an independent engineer.

### **Subrogation considerations:**

- Would the at-fault party pursue a liability claim against your company if the tables were turned?
- If the injury to your employee and its effect on your employee's family were life changing, would that influence your decision to subrogate?
- Should your insurance premiums increase because of exposures you can't control?

**T** OGETHER  
**E** VERYONE  
**A** CHIEVES  
**M** ORE

**BE PART** OF THE  
**SAFETY** TEAM





## Loss Control Services

Argent offers a comprehensive, proactive approach to managing your workers compensation exposures. Our goal is to enhance the current safety culture within your organization. This is a sample of the variety of services Argent's Loss Control Department may provide.

- Comprehensive assessment of exposures specific to the operations that may impact workers safety:
  - Assessment of established controls for the physical environment;
  - Assessment of management approach to safety;
  - Employee responsibilities for safety;
  - In depth analysis of losses; and
  - Identification of loss drivers.
- Development of a comprehensive, collaborative safety plan to address those factors affecting the workers compensation program.
- Onsite and job site specific assessments of physical exposures:
  - Machine guarding;
  - Ergonomics;
  - PPE use; and
  - Identification of hazards in the workplace.
- Training of management, supervisors, and key personnel:
  - Accident investigation;
  - Costs and effects of workers compensation insurance;
  - Transitional return to work programs;
  - Safety roles;
  - Accountability; and
  - Loss drivers, observations, and opportunities to improve operational safety.

- Development of specific safety recommendations based on observations and interactions with management and employees.
- Hands-on approach for assisting in the development and implementation of safety recommendations.
- Personalized consultation for management based on the customer's individual needs.
- Hands-on assistance with developing:
  - Transitional return to work program;
  - Slip/fall prevention programs;
  - Safe patient/resident handling programs for medical facilities;
  - Effective safety committee;
  - Ergonomic committee;
  - Injury review committee; and
  - Fleet safety programs.
- Periodic service review meetings are provided to assure your needs are being addressed.
- Resources available for OSHA programs, training videos, and training documents.

# Management Accident Investigation Report

To Be Completed By One Of The Following: Supervisor / Plt Manager / HR. Director

| Employee  | Dept.              | Job Title     |
|---|--------------------|---------------|
| Shift:  | Date of Injury     | Time AM or PM |
| Location of Incident  |                    |               |
| Date Reported / /   | Reported to Whom?  |               |
| Time Reported   |                    |               |
| NAME OF WITNESS   | DEPARTMENT/ADDRESS | PHONE         |
| (1)   |                    |               |
| (2)   |                    |               |
| Have witnesses fill out separate forms and give attach.   |                    |               |
| 1. What was employee doing when injured? BE SPECIFIC  |                    |               |
| 2. How did the injury/illness occur?  |                    |               |
| 3. Was employee performing function alone? <input type="checkbox"/> yes <input type="checkbox"/> no               |                    |               |
| Employee was assisting with the operations?   |                    |               |
| 4. Did injury occur because of: Failure to follow safety rules <input type="checkbox"/>                           |                    |               |
| Failure to use safety device <input type="checkbox"/> Other <input type="checkbox"/>                              |                    |               |
| 5. How long has employee been doing this job? (days, months, years)   |                    |               |
| 6. What safety equipment is required on the job the employee was performing?                                      |                    |               |
| 7. Was the employee using all required safety equipment? Yes <input type="checkbox"/> No <input type="checkbox"/> |                    |               |

8. If No, which specific personal protective equipment was not used & why?

9. Does an unsafe condition exist that contributed to the cause, if so, what is that condition?

10. How could the accident have been prevented? BE SPECIFIC

| RECOMMENDED ACTION               |                                 |                                | Person Responsible | Assigned Date/Completed Date |
|----------------------------------|---------------------------------|--------------------------------|--------------------|------------------------------|
| Re-instruction                   | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> | _____              | _____/_____                  |
| Equipment repair/replacement     | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> | _____              | _____/_____                  |
| Reduce Clutter                   | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> | _____              | _____/_____                  |
| Improve design/construction      | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> | _____              | _____/_____                  |
| Workstation Modification         | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> | _____              | _____/_____                  |
| Discipline of person(s) involved | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> | _____              | _____/_____                  |
| Other                            |                                 |                                |                    |                              |

Signature of Person Completing Investigation: \_\_\_\_\_

Date: \_\_\_\_\_

# Employee Accident Report

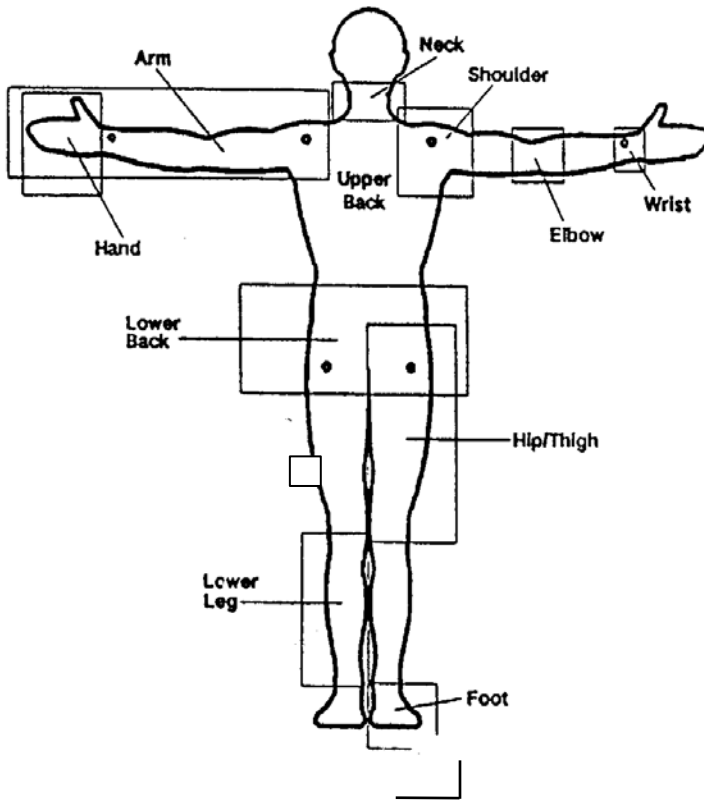
Name: \_\_\_\_\_ Accident Location: \_\_\_\_\_

Date of Injury: \_\_\_\_\_ Time: \_\_\_\_\_ a.m. ☐ p.m. ☐ Date Reported: \_\_\_\_\_

Witnesses: \_\_\_\_\_

Accident Description: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

| Injured Area                                     | Indicate Area of Injury   | Type of Injury                               |
|--|---|--|
| 1 <input type="checkbox"/> Head                  |  | 1 <input type="checkbox"/> Abrasion          |
| 2 <input type="checkbox"/> Eye: L / R            |   | 2 <input type="checkbox"/> Amputation        |
| 3 <input type="checkbox"/> Shoulder L / R        |   | 3 <input type="checkbox"/> Bite: _____       |
| 4 <input type="checkbox"/> Arm L / R             |   | 4 <input type="checkbox"/> Bruise            |
| 5 <input type="checkbox"/> Elbow L / R           |   | 5 <input type="checkbox"/> Burn              |
| 6 <input type="checkbox"/> Wrist L / R           |   | 6 <input type="checkbox"/> Concussion        |
| 7 <input type="checkbox"/> Hand L / R            |   | 7 <input type="checkbox"/> Cut / Laceration  |
| 8 <input type="checkbox"/> Finger: Specify _____ |   | 8 <input type="checkbox"/> Foreign Body      |
| 9 <input type="checkbox"/> Back                  |   | 9 <input type="checkbox"/> Fracture          |
| 10 <input type="checkbox"/> Chest                |   | 10 <input type="checkbox"/> Hearing Impaired |
| 11 <input type="checkbox"/> Abdomen              |   | 11 <input type="checkbox"/> Infection        |
| 12 <input type="checkbox"/> Pelvis               |   | 12 <input type="checkbox"/> Pain: _____      |
| 13 <input type="checkbox"/> Hip L / R            |   | 13 <input type="checkbox"/> Puncture         |
| 14 <input type="checkbox"/> Leg L / R            |   | 14 <input type="checkbox"/> Rash/Derm.       |
| 15 <input type="checkbox"/> Knee L / R           |   | 15 <input type="checkbox"/> Respiratory      |
| 16 <input type="checkbox"/> Ankle L / R          |   | 16 <input type="checkbox"/> Strain/Sprain    |
| 17 <input type="checkbox"/> Foot L / R           |   | 17 <input type="checkbox"/> Other: _____     |
| 18 <input type="checkbox"/> Toe: Specify _____   |   |  |
| 19 <input type="checkbox"/> Other: _____         |   |  |



Have you ever injured this body part before? \_\_\_\_\_ if so, when? \_\_\_\_\_

Are you currently receiving medical treatment for the prior injury? \_\_\_\_\_

What do you believe caused this accident? \_\_\_\_\_

What can be done to prevent this from happening in the future? \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## WITNESS REPORT OF INCIDENT

Name: \_\_\_\_\_ Injured Employee Name: \_\_\_\_\_

Date of Injury: \_\_\_\_\_ Time of Accident: \_\_\_\_\_ (AM/PM)

Location where injury occurred:

---

---

---

Describe activity prior to the accident:

---

---

---

Describe the accident:

---

---

---

What do you believe caused the accident:

---

---

---

What part of the body was injured? \_\_\_\_\_

What do you think could prevent this type of accident from occurring again?

---

---

---

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



# Temporary Work Schedule

**DEFINITION:** A form used by an employee returning to work in the Temporary Work Program.

## **POLICY**

Every employee returning to temporary restricted work duty must use a Temporary Work Schedule. It is the employee's immediate supervisor's responsibility to thoroughly explain the use of the Temporary Work Schedule. The Temporary Work Schedule must be completed daily.

**The temporary tasks assigned to you may or may not be normal and customary job duties.**

The **employee's responsibility** to complete:

- Restrictions
- Symptom Control Techniques
- Date
- Hours Worked - Log Breaks, Rest and Lunch
- Duties Performed
- Employee Comments
- Employee Signature

The **supervisor's responsibility** to complete:

- Supervisor's Comments (document discussion of problems and actions taken)
- Supervisor's Signature

\*The supervisor and employee must sign schedule daily.

Supervisors turn Work Schedule into Human Resources Department at end of week.

Employee should retain a copy for their file.

The Human Resources Department will forward copy to Argent Claims Representative and, if necessary, to treating physician

### Temporary Work Schedule

|             |  |                                 |  |  |
|-------------|--|---------------------------------|--|--|
| Name:       |  |                                 | Restrictions:                          |  |
| Supervisor: |  |                                 | Symptom Control Techniques:            |  |
| <b>Date</b> | <b>Work Log (include breaks/lunch)</b> | <b>Tasks Assigned/Completed</b> | <b>Employee Signature and Comments</b> | <b>Supervisor Signature and Comments</b> |
| Sunday      |  |                                 |  |  |
| Monday      |  |                                 |  |  |
| Tuesday     |  |                                 |  |  |
| Wednesday   |  |                                 |  |  |
| Thursday    |  |                                 |  |  |
| Friday      |  |                                 |  |  |
| Saturday    |  |                                 |  |  |

I clearly understand, take responsibility for, and acknowledge the limitations my physician, Dr. \_\_\_\_\_ has placed on me while participating in this Temporary work program.

(Signature and Date)



*Argent- A Division of West Bend Mutual*

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LC208- Temporary Work Schedule- Rev 9-16