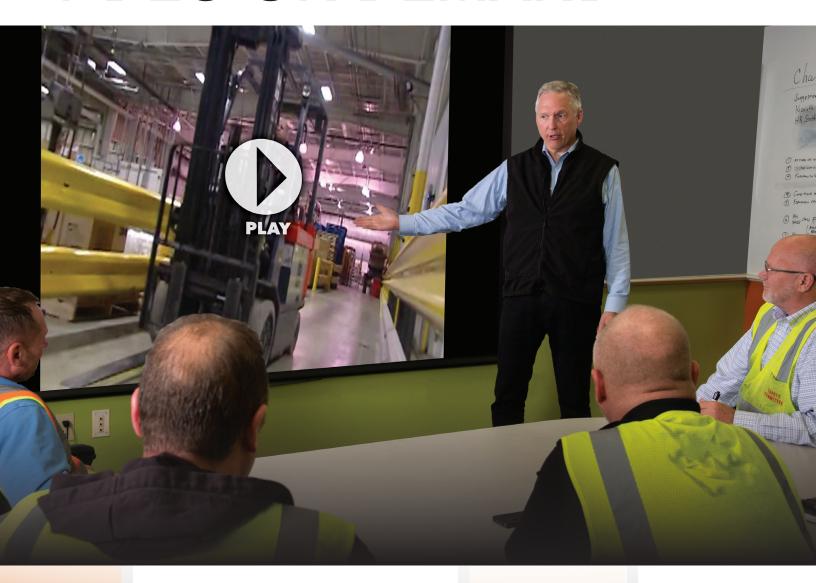
# VIDEO ON DEMAND CATALOG



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# **CONSTRUCTION**

#### Bucket Truck Safety (26 min.) DM-24516

Performing job duties in, around, and with the use of bucket trucks could lead to possible injury to operators, vehicle repair/ replacement, and even higher insurance premiums. This program covers proper bucket truck safety principles that promote safety on the job as well as reduce the chance of accidents and injuries.

#### Confined Spaces: Entry Team Training – Construction Activities (27 min.) DM-45890

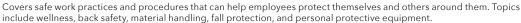
#### DM-47368 SPANISH

Addresses initial and refresher training requirements for the core members of an entry team (authorized entrants, attendants, and entry supervisors). Explains how to recognize the signs, symptoms, and characteristic effects of exposure to confined space hazards. Covers precautions that must be taken before a confined space is entered. Covers how to recognize and avoid unsafe conditions. Describes proper use of required protective and emergency equipment. Defines the role of the emergency rescue team.



#### Construction Safety Basics Module 1: Work Practices (17 min.) DM-52088

#### DM-52092 SPANISH





#### Construction Safety Basics Module 2: Work Environment (24 min.) DM-52089

### DM-52093 SPANISH

Designed to encourage good safety habits and provide an introduction to various engineering controls that can be used to create a safe work environment. Specifically covers health hazards; HazCom; safety signs/tags; electrical safety; fire safety; confined spaces; hot work; trenching and excavations; work zones and flaggers; and temperature extremes.



#### Construction Safety Basics Module 3: Safe Use of Equipment (17 min.) DM-52090

#### DM-52094 SPANISH

Covers how to recognize hazards associated with using tools and equipment, and identifies safe ways to operate them. Covers hand and power tools; stairways and ladders; scaffolds, aerial lifts and scissor lifts; heavy equipment; and lockout/tagout.



#### Construction Safety Basics Module 4: In Case of an Emergency (14 min.) DM-52091

#### DM-52095 SPANISH

Describes appropriate actions to take in the event of an emergency. Covers emergency action plans, first aid/emergency response, bloodborne pathogens, HAZWOPER, workplace violence, and medical records.



### Crystalline Silica for Construction Employees (13 min.) DM-52035

#### DM-56196 SPANISH

This program outlines workplace tasks that could result in exposure to crystalline silica; identifies health hazards caused by exposure to crystalline silica; explains various methods of communicating crystalline silica hazards: labels, safety data sheets, and signs; covers how employees can apply exposure control measures to protect themselves from the effects of crystalline silica dust; discusses the role a competent person plays in crystalline silica exposure control; and explains the purpose of OSHA's required medical surveillance program.

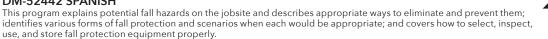
### Crystalline Silica for Construction Employers (15 min.) DM-52034

#### DM-56195 SPANISH

This program is designed to educate employers on how to protect workers from the dangers of crystalline silica dust. Specifically, it covers 29 CFR 1926.1153, OSHA's Respirable Crystalline Silica Rule for Construction. Employers will learn how to recognize workplace tasks that could result in exposure to crystalline silica; identify health hazards caused by exposure to crystalline silica; recall the various methods of communicating crystalline silica hazards: labels, safety data sheets, and signs; apply exposure control measures to protect workers from the effects of crystalline silica dust; discuss the role a competent person plays in exposure control; and explain the purpose of OSHA's required medical surveillance program.

# Fall Protection for Construction (17 min.) DM-52443

#### DM-52442 SPANISH





# Forklift Workshop for Construction (36 min.) DM-41345

#### DM-41347 SPANISH

Helps trainers meet the formal, practical, evaluation, and refresher training requirements of OSHA's 29 CFR Section 1926.602(d) and 1910.178(l). Provides forklift operators – new and veteran – with training on key safety and operation practices. Workshop format reinforces learning using hands-on practice tools, exercises and learning activities. Covers the following topics: operating a forklift in a constantly changing environment; avoiding hazards on a jobsite; understanding combined center of gravity and the stability triangle; performing pre-operational inspections; reading load charts; keeping the forklift and the load stable; and placing a load.









# **DRIVER/DOT**

#### Accident Procedures: Driver Training Series (20 min.)

#### DM-45583

Illustrates a step-by-step procedure of what must be done in the event of a crash. Reminds drivers proper actions can prevent further injuries and damages, and protect themselves and their companies from liability.

#### Air Brakes – Master Driver (24 min.) DM-24447

Covers important information CMV drivers need to know about air brakes, including fundamentals of air brake techniques; mechanics and operation; helping drivers avoid crashes, liability and downtime. Uses Hazard Perception Challenge® scenarios to test drivers' hazard perception skills.

### Alcohol & Drug Testing: What Drivers Need To Know (25 Min.) DM-41303

Discusses the specific rules under Parts 40 and 382 of the FMCSRs, including key definitions, prohibited conduct, and the circumstances under which drivers will be tested. Covers the six types of testing required (pre-employment, post-accident, random, reasonable suspicion, return-to-duty, and follow-up). Features scenarios that go through alcohol and drug testing processes and procedures. Includes information on the consequences of refusing to submit to testing, what it means to be referred to a substance abuse professional, and why it's so important that drivers comply with the alcohol and drug testing requirements. Updated to include information about FMCSA Drug and Alcohol Clearinghouse effective January 6, 2020.



#### Backing & Parking – Straight Truck Series (9 min.) DM-51288

Designed to help drivers understand the basic techniques for safely backing and parking a straight truck, including important precautions and maneuvers for avoiding fixed object collisions, such as recognizing obstruction; using flashers and mirrors; removing distractions; using a spotter when available; and maintaining clearance.

# Backing Techniques: Driver Training Series (17 min.) DM-56900

This program is designed to help reduce the number of backing accidents by teaching drivers how to recognize the dangers of backing and providing drivers with expert-level backing procedures. It covers the proper procedures for each backing maneuver, including straight-line, alley-dock, sight-side jackknife, and blind-side jackknife backing as well as parallel parking.



#### Cargo Securement Flatbeds (24 min.) DM-41304

Covers the requirements of the Cargo Securement Standard (49 CFR 392.9 and Part 393, Subpart I). Addresses CSA implications of cargo securement violations to help carriers and drivers reduce cargo securement violations that will be placed into the Safety Measurement System (SMS). Covers cargo securement best practices and personal safety, and reinforces that the regulations are the minimum requirements that need to be met.



# CMV Driver Basics (42 min.) DM-24500

All entry-level drivers who drive in interstate operations and are subject to the CDL requirements must receive entry-level training. This training will help you satisfy that requirement. It focuses on four topics that must be covered: driver qualification, driver wellness, hours of service, and whistleblower protection.



### Collision Avoidance Systems (8 min.)

After completing this program, drivers will be able to describe how the common types of collision avoidance systems operate and what their limitations are, and explain how to incorporate collision avoidance systems into safe driving techniques.



### Coupling & Uncoupling: Double Trailers (10 min.)

This program offers specialized training for double trailer situations. It covers inspecting the coupling/uncoupling system, the process for doubles, and operating landing gear and pull releases.

# Coupling & Uncoupling: Driver Training Series (16 min.)

This program is designed to help drivers understand the techniques that will help them safely couple and uncouple their tractor-trailers. Specifically, it covers what to look for when inspecting the coupling system, how to make a secure connection, and how to safely operate a trailer's landing gear and the fifth wheel pull release.



#### CSA: Know the BASICs (47 min.)

Provides an overview of the FMCSA's Compliance, Safety, Accountability (CSA) program and a brief discussion of where the data used in CSA comes from. Helps drivers understand what CSA is and what it means to them and their carrier, including FMCSA interventions. Covers the seven BASICs (Behavior Analysis Safety Improvement Categories) used in the CSA Safety Measurement System (SMS). Helps drivers understand severity and time weighting of violations, calculation of BASIC measures ("normalizing" process), and peer comparison within Safety Group Events.

### Defensive Driving for CMV Drivers (73 min.)

Explains how being prepared impacts defensive driving; identifies ways to communicate with, and receive signals from, other drivers; demonstrates how to look for hazards by scanning the road ahead and using their mirrors; and explains how to effectively manage speed and space. Defensive Driving for CMV Drivers is divided into four modules, which are also sold separately.



### Defensive Driving for CMV Drivers Module 1: Prepare (18 min.)

DM-55773

Covers trip planning, pre-trip inspections, healthy habits, and hazard perception.

#### Defensive Driving for CMV Drivers Module 2: Communicate (15 min.) DM-55772

Explains how to communicate intent and presence as well as using the horn, communication with others, and hazard perception.

#### Defensive Driving for CMV Drivers Module 3: Look (23 min.) DM-55771

Covers distance scanning, visual search, use of mirrors, and hazard perception.

#### Defensive Driving for CMV Drivers Module 4: Manage Speed & Space (17 min.) DM-55760

Covers speed management, the effects of road conditions, space management, and hazard perception.

### Defensive Driving for Light & Medium Duty Vehicles (25 min.)

Aimed at drivers of Class 1-6 light and medium duty vehicles. Video covers defensive driving preparation; hazard perception; the defensive driving attitude; and other techniques that will help drivers stay safe on the roadways.



### Distracted! Driving (25 min.)

#### DM-41306

This video is aimed specifically at CMV drivers and others who drive as part of their profession (sales people, business travelers, small vehicle delivery drivers, military personnel, public servants, cabbies and more). It details strategies drivers can use to deal with their own distracted driving and that of others. Topics covered in this video include: types of distractions; technology as a distraction; inattention blindness; steps to avoid distracted driving; recognizing the signs of other distracted motorists; and what to do when sharing the road with a distracted driver.



### Driving Techniques: Driver Training Series (15 min.) DM-45584

Covers pro-level techniques for defensive driving; right and left turns; intersections; merging; passing; underpasses; railroad crossings and roundabouts.

#### Driving Techniques: Straight Truck Series (14 min.) DM-51289

Designed to help drivers understand the basic driving techniques that will help them develop the skills and attitude necessary to safely operate a straight truck. Specifically, it covers the importance of driving defensively and knowing how to safely maneuver a straight truck through turns and intersections; over railroad crossings; while merging and passing; and while driving through roundabouts. The program also covers how driving techniques should change when driving at night or in extreme weather conditions.

#### Dry Van Cargo Securement (22 min.) DM-41307

Unsecured or improperly secured cargo can cause accidents, injuries, and even death. What's more, under CSA, cargo securement violations can increase your Vehicle Maintenance BASIC score and lead to an intervention. By training your drivers on load securement requirements, you'll help to reduce the chance of accidents and violations. This program covers: securement requirements and proper securement techniques for various types of dry vans and reefers; how to determine the number of tiedowns; when to re-examine and adjust cargo; pre-trip inspections; cargo distribution; securement devices; working load limits and aggregate working load limits.

### ELD Basics Training (16 min.)

#### DM-52196

Covers the basics of ELD device use; technical specifications of electronic logging devices; and driver and carrier responsibilities. Specifically, it explains which drivers are required to use an ELD; describes basic system and device requirements; covers how to comply with records management and roadside inspections; and reviews rule provisions for carriers in regard to supporting documents and harassment prevention.

### Emergency Maneuvers: Driver Training Series (16 min.) DM-45585

Teaches prevention of emergency situations through hazard perception skills and pre-trip vehicle inspections. Covers the use of escape routes in some common emergency situations, emergency braking, basic skid control and recovery, and minimizing damage when a collision is unavoidable.

### Extreme Weather Driving: Driver Training Series (22 min.) DM-45586

Discusses techniques for handling a variety of dangerous and potentially deadly weather conditions, including fog, rain, snow, ice and wind.



#### Fixed Object Collisions: Driver Training Series (16 min.) DM-45587

Covers important information drivers need to know about avoiding fixed object collisions: causes, prevention, overhead obstructions, cornering and backing.

### Hours of Service Canada: A Driver's Guide (30 min.)

This video shows you how to comply with Canadian Hours of Service requirements, and helps you satisfy Canada's Commercial Vehicle Drivers Hours of Service Regulations. It explains the "hows" and "whys" of Canada's HOS regs, and covers key topics, including: daily maximums, off-duty requirements, weekly cycles, and more.

### Hours of Service Rules: Emergency Exemption for COVID-19 Support DM-60896

This training program discusses the definition of "essential supplies, equipment, and persons" and lists specific examples; clarifies limitations of the exemption and when it no longer applies; explains how to document using the exemption on electronic logging devices; and lists ways drivers can keep themselves safe during pickups and deliveries.



### Hours of Service Rules: Exceptions (11 min.)

Covers the circumstances under which each exception applies, as well as how it applies, and helps drivers understand which, if any, exceptions apply to them.



### Hours of Service Rules for Property-Carrying CMV Drivers (26 min.) DM-50047



Provides an overview of the Hours of Service (HOS) rules and regulations drivers must comply with. Explains how to apply the regulations; manage time spent driving on-duty and off-duty; and maintain current, accurate record of duty status.

# Human Trafficking Awareness For Drivers (17 min.) DM-57360

#### DM-57361 SPANISH

Truck drivers are in a unique position to help stop trafficking because they frequent common trafficking places such as truck stops, rest areas, and gas stations. This program teaches drivers what human trafficking is and how to identify those most at risk, how to recognize signs of human trafficking, and how to respond when they suspect it's taking place.



### Injury Prevention Around Flatbeds (12 min.) DM-57414

Offers safety precautions to take while working around flatbed trailers and explains how to safely load, secure, and unload cargo from a flatbed.



# Injury Prevention Around Tankers (10 min.) DM-57413

Covers mounting and dismounting; wearing appropriate personal protective equipment; performing duties on top of the tank; starting the loading process; using an auxiliary pump; finishing the loading process; unloading safely; and emergency stops.



### Injury Prevention for CMV Drivers (29 min.) DM-48452

Helps drivers avoid preventable injuries while on the job by recognizing and avoiding risks and adopting safe work practices. Explains how to mount and dismount their tractor trailer; describes safety precautions to take when conducting inspections and while stopped on the side of the road; discusses positions and techniques to help prevent long-term injuries; explains how to properly load and unload cargo and move around the loading dock safely; describes how to operate landing gear, pull releases, and position converter dollies by hand; and identifies ways to stay safe while working outdoors in extreme heat or cold temperatures.



# Ins & Outs of Loading Dock and Warehouse Safety (19 min.) DM-24476

Reduce the risk of driver and dock worker injury with this specialized training. Topic-specific training covers safety issues unique to drivers, loading dock workers, and warehouse employees. Reviews common causes of injuries and cargo damage and shows all employees how to steer clear of hazards like these: slips and falls caused by wet or oily docks; back injuries resulting from improper lifting or carrying; hearing damage from loud noise levels; falling objects; injuries from careless material handling equipment operation; and use of forklifts.

#### Loading & Unloading - Straight Truck Series (14 min.) DM-51287

Helps drivers understand the basic techniques that will help keep them safe while loading or unloading their straight trucks, especially how to prevent common injuries and apply cargo securement. Specifically, it explains how to apply proper techniques to stay safe while loading and unloading; discusses how to recognize potential hazards and identify precautions to take in order to prevent injuries; and describes how to safely apply cargo securement devices to protect the load.

### Motorcoach: Defensive Driving (25 min.)

This video covers: seeing and being seen, which includes using visual scans to actively look for hazards; having heightened awareness, which includes hazard awareness and hazard perception, having a plan and being ready to carry out the plan; and managing your speed and space, which includes information on speed management, space management and using a safety cushion to prevent crashes and provide a safe, smooth ride for passengers.

### Motorcoach: Vehicle Inspections (29 min.)

This video covers: the 6-step procedure for conducting thorough pre-trip inspections; on-the-road inspections, and critical areas to check when stopped; post-trip inspections (which usually mirror pre-trip inspections) and the information that's recorded on the DVIR; the consequences of missed inspection points; and the connection between proper vehicle inspections and customer safety and service. It also helps protect your company's bottom line from the high costs of violations counted in CSA and reduces the likelihood of your company undergoing a full compliance review intervention.

#### Night Driving – Driver Training Series (14 min.) DM-45588

Discusses driver, vehicle, and roadway factors that can lead to nighttime incidents and crashes. Provides helpful tips for increasing night-driving safety. Covers important information drivers need to know about driving at night, including: headlights, glare, speed, impaired drivers, animals, visibility, fatigue, and more.

### Personal Safety & Security for CMV Drivers (22 min.) DM-48450

This program is designed to help drivers protect themselves against potential dangers to their personal safety during trip planning, when on the road, and during every stop along the way. They will learn strategies for establishing a heightened sense of awareness of their surroundings and potential dangers they may encounter, as well as how to recognize threats and react appropriately to keep the situation from escalating. They will also learn how to apply techniques to minimize their risk of being targeted in the first place.

### Reasonable Suspicion Testing: What Supervisors Need To Know (27 min.) DM-41330

Helps supervisors understand their critical role in determining reasonable suspicion, how to spot the signs of alcohol misuse and illegal drug use, and what to do when they suspect a driver is impaired. Reviews the reasonable suspicion process, shows how to properly document observed behaviors, and helps build supervisors' confidence so they can respond appropriately. Program updated to reflect changes to DOT drug testing regulations effective 1/1/18.



Note: This program is not designed to fully satisfy the regulations by itself. Trainers need to provide the learner with supplemental materials, such as a copy of the company policy, and verify the learner has satisfied the time requirements set forth in 49 CFR Part 382.603 in order to be regulatory compliant.

#### Roadside Inspections for CMV Drivers (20 min.) DM-48443

This program provides an overview of types of inspections and how to prepare for a roadside inspection; explains what happens during a roadside inspection and the documents that will be reviewed; helps drivers understand the proper way to show their ELDs during an inspection; and covers what to expect after a driver passes or fails a roadside inspection.



### Roadside Inspections for CMV Drivers: Providing the Officer Your Record of Duty Status (8 min.) DM-52170

This program is designed to help drivers learn the proper way to show their ELDs during an inspection to help comply with officers. It covers what's required of an ELD during an inspection, keeping status updated, and providing records.

### Safe Driving: School Bus Drivers – Accident Procedures (13 min.) DM-24589

This video provides strategies for dealing with traffic accidents, including nine steps that must be done after a crash.

### Safe Driving: School Bus Drivers – City Driving (13 min.)

This video provides strategies for dealing with heavy traffic, including communicating with other drivers, keeping a safety cushion of space around the bus, anticipating hazards, and keeping a good attitude.

# Safe Driving: School Bus Drivers – Defensive Driving (9 min.) DM-24590

This video reviews visual scanning, road hazards, and communicating clearly with other motorists.

### Safe Driving: School Bus Drivers – Driving Techniques (15 min.)

This video provides practical information to help drivers operate more safely, explains defensive driving and how to be a better decision maker, and emphasizes safety skills for key concerns such as railroad crossings, turning, merging, intersections and backing.

### Safe Driving: School Bus Drivers – Emergency Maneuvers (12 min.) DM-24729

This video discusses the importance of knowing what to do when emergency situations occur and helps build and refine skills and techniques so making the right choice becomes second nature.

### Safe Driving: School Bus Drivers – Passenger Safety (14 min.) DM-24728

This video explains proper entering and exiting procedures as well as emergency bus evacuations, and shows how to set effective conduct rules and enforce them to help drivers manage students and maintain order.

# Safe Driving: School Bus Drivers – Seeing Hazards (14 min.) DM-24485

This video helps to improve safety by sharpening perception skills needed to avoid dangerous situations and accidents and covers issues such as proper seat and mirror positioning, correct mirror use, overcoming restricted vision, correct visual scanning techniques, and enhancing hazard awareness.

# Safe Driving: School Bus Drivers – Using Your Mirrors (9 min.) DM-24591

This video covers proper use of mirrors when driving, waiting, merging, passing, and backing, and addresses the importance of adjusting mirrors prior to and during operation.

### Safe Driving: School Bus Drivers – Vehicle Inspections (13 min.) DM-24588

This video focuses on the 7-step vehicle inspection method and stresses the importance of completing regular, thorough pre- and post-trip inspections.

# Speed & Space Management (see Defensive Driving for CMV Drivers Module 4: Manage Speed & Space)

### Tanker Driving Techniques (21 min.) DM-24456

Give your tanker drivers specialized training that addresses tanker-specific driving techniques and vehicle inspection. This video discusses load shift (sloshing and surging) when starting, stopping and cornering. It also covers defensive driving, railroad crossings, and underpasses.

### Tanker Vehicle Inspections (23 min.) DM-24455

Addresses tanker-specific driving techniques and vehicle inspection. This video covers how to conduct a tanker inspection as well as standard vehicle inspection. It also covers a seven-step pre-trip inspection, post-trip inspection, and the use of the Driver's Vehicle Inspection Report (DVIR).

### Ups & Downs of Material Handling Equipment Safety (21 min.) DM-24477

Show employees how to use material handling equipment with this specialized training. This training covers the safety issues unique to drivers, loading dock workers, and warehouse employees. It reviews important safety procedures related to the use of material handling equipment and shows employees how to safely operate pallet jacks, high-lift stackers, dock levelers, hand trucks, forklifts, and more.

#### Vehicle Inspections: Intermodal Chassis (7 min.) DM-57412

Covers checking various parts of an intermodal chassis as part of a pre-trip inspection, including: lights, tires, tie down bolsters, securement equipment, and brake systems. Also explains how to address defects, perform on the road inspections, and complete an intermodal driver vehicle inspection report (DVIR).

#### NEW

#### Vehicle Inspections: Refrigerated Trailers (9 min.) DM-57411

Thorough inspections of refrigerated trailers are critical to ensure the trailer itself is in good condition and to confirm the goods inside do not perish. This program covers pre-trip, on-the-road, and post-trip inspections specific to refrigerated trailers.



#### Vehicle Inspections - Straight Truck Series (13 min.) DM-51230

Helps drivers understand the basics of a pre-trip, on-the-road, and post-trip inspection on a straight truck, especially the importance of inspecting your vehicle even when it's not required by the regulations. It covers how to conduct a thorough pre-trip, en-route, and post-trip inspection; discusses the importance of using the same inspection routine every time they drive; and explains when a Driver Vehicle Inspection Report is required, and how to complete one.

# Vehicle Inspections: Tractor Trailers (42 min.) DM-48447

Provides a comprehensive, streamlined examination of the 3 types of inspections and explains why performing each can ultimately prevent costly breakdowns and deadly crashes: Pre-Trip (§392.7 and §396.13); On-the-Road (§392.9 and §397.1); and Post-Trip (§396.11). Includes step-by-step inspections demonstrated using the latest advances in camera and video production technology and highlights areas of the tractor trailer with higher potential to cause a serious crash or breakdown.







# **HAZMAT**

### Hazmat Transportation: Driver Training (27 min.) DM-41308

Helps meet the initial and recurrent training requirements in four required areas under 49 CFR 172.704: General Awareness, Function-Specific, Safety, and Security Awareness. Provides an overview of what drivers must know and do to transport hazardous materials safely. It walks trainees through the Hazardous Materials Regulations (HMR) to help them understand: hazard classification; types of information contained in the hazardous materials table; shipping papers and emergency response information; packaging and marking; labels and placards; loading and segregation; transportation safety; and security awareness.



# Hazmat: General Awareness Training (19 min.) DM-52040

Help your employees meet the general awareness training requirement 49 CFR 172.704(a)(1). It identifies the required training all hazmat employees must receive; explains how to determine if a material is hazardous; covers how to recognize the hazard classes and divisions used to identify hazardous materials; covers what other materials may also be regulated; indicates the importance of the Hazmat Table; and describes how to communicate a material's hazards through the use of shipping papers, markings, labels, and placards.



#### Hazmat: Safety Training (11 min.) DM-52052

Help your employees meet the safety training requirement 49 CFR 172.704(a)(3). It discusses the emergency response information requirements and describes the types of safety training their employer may provide to keep them safe while working around hazmat.

### Hazmat: Security Awareness Training (15 min.) DM-52051

Help your employees meet the security awareness training requirement 49 CFR 172.704(a)(4). It explains how to recognize potential hazmat security threats and ways to reduce them; identifies suspicious behaviors and describes how to report suspicious activity; and lists precautions drivers should take to keep hazmat safe while on the road.





# **HR & LEGAL COMPLIANCE**

### Active Shooter/Active Threat: How To Survive (26 min.) DM-56137

#### DM-56446 SPANISH

Employees will learn how to recognize the warning signs of workplace violence, how to prepare themselves in an active threat situation, the best course of action to take based on their abilities and location, and steps to follow when law enforcement arrives.



# Active Shooter/Active Threat: Organizational Preparedness & Recovery (22 min.) DM-56449

#### DM-56450 SPANISH

This program will help HR, management, and members of a company's Emergency Preparedness Team learn how to identify actions their organization can take to prepare for and recover from an active shooter or active threat incident, including performing an assessment, conducting practice drills, providing counseling, and communicating to employees.

#### ADA for Supervisors (35 min.)

#### DM-41373

This video helps supervisors and managers gain a general awareness of the Americans with Disabilities Act and why it is important to understand how the law works. It outlines what supervisors must do when dealing with ADA issues in order to assist employees who request accommodations and help the company stay in compliance.

### Addressing Personal Issues (38 min.)

#### DM-24551

Shows supervisors how to address sensitive situations with skill and confidence, and accomplish discussion-based resolutions. Covers: dealing with absences due to family issues, and inappropriate dress and personal grooming.

### Conducting Layoffs & Terminations (33 min.)

#### DM-24552

Shows supervisors how to address sensitive situations with skill and confidence. Covers: terminating for tardiness (the importance of progressive discipline); terminating for poor job performance; terminating for violence and gross misconduct; and responding to termination rumors.

#### FMLA for Supervisors (27 min.) DM-41375

Helps supervisors and managers gain a general awareness of the Family and Medical Leave Act laws, why it is important for them to know how the law works, and outlines what supervisors must do when dealing with an employee's FMLA issues to help the employee and the company stay in compliance.

#### Managing Conflict (46 min.) DM-24553

Shows supervisors how to address sensitive situations with skill and confidence, and accomplish discussion-based resolutions. Covers: helping employees work together to build an action plan for change; maintaining tact and providing examples of problem behavior; when it's necessary to include a witness in a disciplinary meeting; and differences in work styles – establishing common ground to build solutions.

### Providing Performance Coaching (36 min.)

Shows supervisors how to address sensitive situations with skill and confidence, and accomplish discussion-based resolutions. Covers: helping an employee take an active part in an improvement plan; keeping the emphasis on performance rather than actions; the importance of listening and providing feedback; and keeping sessions private and confidential.

### Sexual Harassment Prevention Module 1: What Is Sexual Harassment? (13 min.)

DM-56114

#### DM-56389 SPANISH

Covers what constitutes sexual harassment, the individual impact of it, the organizational impact of it, the differences between quid pro quo and hostile work environment, and recognizing behavior that may not be considered legally actionable sexual harassment.



### Sexual Harassment Prevention Module 2: Civility In The Workplace (7 min.)

DM-56115

#### DM-56390 SPANISH

Covers how to assess the professionalism of a situation, methods for conscious inclusion to combat unconscious bias, ways to hold each other accountable, and how to recognize and avoid acceptance or "normalizing" of inappropriate behavior.



### Sexual Harassment Prevention Module 3: Taking Action (9 min.)

DM-56117

#### DM-56412 SPANISH

This video covers determining if sexual harassment has occurred, methods to stop it, how to provide corrective feedback to a harasser, and ways to support a victim.



#### Sexual Harassment Prevention Module 4: Addressing Harassment (6 min.)

DM-56116

#### DM-56411 SPANISH

In this video, employees will learn the risks involved with allowing a culture of harassment, the benefits of building a harassment-free workplace, how to respond to a report of sexual harassment, how to proceed with a claim on social media, and steps for resuming normal operations.



### Sexual Harassment Prevention Module 5: What Happens Next? (8 min.)

DM-56118

#### DM-56413 SPANISH

This program covers the importance of thorough investigations, forms of retaliation, steps to document and report retaliation, and the importance of providing the victim with support.



### Sexual Harassment Prevention Module 6: Additional Management Responsibilities (9 min.)

DM-56119

#### DM-56414 SPANISH

Teaches managers steps for documenting sexual harassment, how to report it, and when it may require outside help.



# Sexual Harassment Prevention Module 7: Additional Training For Retail Environments DM-59022

#### DM-59023 SPANISH

Due to the public-facing and decentralized nature of the work, retail employees are uniquely vulnerable to sexual harassment. These experiences can take an emotional, psychological, and physical toll on employees, resulting in high turnover, low morale, and lost productivity. This program will teach employees how to recognize illegal behavior from coworkers and customers, and how to respond in the unfortunate event that it does occur.



### Substance Abuse Training for Supervisors and Employees

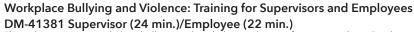
#### DM-41379 Supervisor (25min)/ Employee (14 min.)

Use this video to satisfy the supervisor training and employee education components of a comprehensive drug- and alcohol-free workplace program. It covers the importance of consistently enforcing your company's substance abuse policy; the elements of a comprehensive substance abuse policy; recognizing observable behaviors that may mean an employee is impaired; common alcohol and drug testing procedures; and the signs, symptoms and effects of substance abuse.



### Substance Abuse Training for Employees DM-41380 SPANISH (14 min.)

This video trains your employees to avoid the high costs of increased absences, errors, near-miss incidents and accidents caused by impaired employees. It can be used to satisfy the employee education components of a comprehensive drug- and alcohol-free workplace program. It covers the elements of a comprehensive substance abuse policy and the importance of understanding it; illustrates how an employee's knowledge of the company's substance abuse policy can help them avoid awkward situations and protect their workplace from the dangers of substance abuse; and identifies the signs, symptoms and effects of substance abuse.



This video examines workplace bullying and workplace violence. After viewing this video, learners will be able to: distinguish between professional disagreements and workplace bullying or violence; define bullying in the workplace; describe how bullying and violence impact the workplace; recognize warning signs of workplace bullying and workplace violence; and identify actions that can be taken to prevent bullying and workplace violence.







# **WORKPLACE SAFETY**

# Arc Flash/Arc Blast (7 min.) DM-57387

After completing this program, employees will be able to: describe what arc flash/arc blast is and how it can harm the people and things around it; explain how to respond to an arc flash/arc blast emergency; and discuss work practices that help prevent an arc flash/arc blast incident.

NEW

### Back Safety: Back Strength and Flexibility Exercises (6 min.) DM-57416

This program provides employees with proper stretching techniques and a stretching routine to improve back strength and flexibility.

NEW

#### Back Safety: Keep Your Back In Action (33 min.) DM-41336

This program covers a variety of simple, practical techniques and behaviors for common workplace situations. It can help your employees learn simple, everyday behaviors for proper back alignment and avoiding injuries and downtime caused by unsafe lifting. This program goes beyond workplace conditions to emphasize how an employee's lifestyle outside the job affects back health, so that bad habits at home don't contribute to lost productivity at work.



### Back Safety: Pre-Shift Warm-Up Exercises (5 min.) DM-57415

After completing this program, employees will be able to: explain the benefits of improving back flexibility; describe when, where, and how to stretch safely; and apply a safe back stretching regimen to his/her warm-up routine.

NEW



# Bloodborne Pathogens: Safety In The Workplace (23 min.) DM-44021

### DM-49297 SPANISH

Designed to help trainers cover the key aspects of bloodborne pathogens training and ensure that all employees recognize bloodborne pathogen hazards and their own roles and responsibilities in safeguarding themselves at work. The program also includes a 9-minute refresher video (also sold separately below) that reinforces the information and concepts in the Main Program video and can be used for required annual training.





### Bloodborne Pathogens: Safety In The Workplace Refresher Training (9 min.) DM-57420

This program explains: what bloodborne pathogens are and how they are spread; what measures can be taken to help protect against exposure; how to respond to bloodborne pathogens emergencies; and what to do if you are exposed to another person's blood or other potentially infectious material.

NEW

# Confined Spaces: Atmospheric Testing Procedures (6 min.) DM-57384

After completing this program, employees will be able to: explain what atmospheric testing must be done before entry and when it occurs, and describe how to safely perform atmospheric testing in terms of timing, sequencing, location, and types of testing.

NEW



### Confined Spaces: Entry Team Training - Maintenance Activities (27 min.) DM-45388

#### DM-45386 SPANISH

Addresses initial and refresher training requirements for authorized entrants, attendants and entry supervisors. Covers potential hazards inherent to permit-required confined spaces; precautions to take before entering a confined space; signs, symptoms, and effects of exposure to confined space hazards; roles and responsibilities of each member of the entry team; steps of a basic entry sequence; and responsibilities of the emergency rescue team.

#### Crystalline Silica For General Industry Employers (13 min.)

DM-52037

#### DM-56180 SPANISH

This course is designed to educate employers on how to protect their employees from the dangers of crystalline silica dust. Specifically, it covers 29 CFR 1910.1053, OSHA's Respirable Crystalline Silica Rule for General Industry. The course explains how to recognize workplace tasks that could result in exposure to crystalline silica; identifies health hazards caused by exposure to crystalline silica; covers various methods of communicating crystalline silica hazards: labels, safety data sheets, and signs; discusses how to apply exposure control measures to protect their employees from the effects of crystalline silica dust; and explains the purpose of OSHA's required medical surveillance program.

### Crystalline Silica For General Industry Employees (11 min.)

DM-52038

#### DM-56179 SPANISH

This course is designed to educate employees on how to protect themselves from the dangers of crystalline silica dust. Specifically, it covers 29 CFR 1910.1053, OSHA's Respirable Crystalline Silica Rule for General Industry. The course explains how to recognize workplace tasks that could result in exposure to crystalline silica; identifies health hazards caused by exposure to crystalline silica; covers various methods of communicating crystalline silica hazards: labels, safety data sheets, and signs; discusses how to apply exposure control measures to protect their employees from the effects of crystalline silica dust; and explains the purpose of OSHA's required medical surveillance program.



# Electrical Safety: Training for Unqualified Employees (28 min.) DM-45391

#### DM-45394 SPANISH

Addresses how electricity works, illustrates common electrical hazards, gives a simple explanation of the risks and dangers of arc flash and arc blast, provides common sense approaches to making sure employees know how to stay safe around electricity, and explains what to do and most importantly what not to do when confronted with an electrical emergency situation. Please note that Electrical Safety: Training for Unqualified Employees provides foundational training.

# Face Masks: How to Properly Fit and Remove a Face Mask (2 min.) DM-61007

NEW

Explains how to position the masks and rubber straps for use; describes how to get a tight seal and check for leaks; and identifies which part of the mask to take off first for safe removal.

# Fall Protection for General Industry (16 min.) DM-50488

#### DM-50487 SPANISH

This program is designed to help learners understand OSHA's requirements for working with various types of fall protection. Specifically, it covers potential hazards and protective measures employees can take while working on elevated working platforms or runways, or near floor, wall, or window openings to help prevent injuries. It also summarizes employer requirements to protect workers from fall hazards and identifies various forms of fall protection, as well as scenarios when each would be appropriate.

### Fire Extinguisher Training: CO2 Chemical (5 min.) DM-57389

After completing this program, employees will be able to: explain the precautions that must be taken before, during, and after operating a fire extinguisher; and describe the parts of a fire extinguisher and the steps to operating a fire extinguisher safely.

NEW

### Fire Extinguisher Training: Dry Chemical (3 min.)

This program trains employees on the proper use of a dry chemical fire extinguisher and precautions to take before and after using it.

NEW

# Fire Extinguisher Essentials (9 min.) DM-57390

Covers the different classes of fires and how to determine when to use each type of fire extinguisher; the parts of a fire extinguisher; precautions to take before using one; and how to extinguish a fire using the PASS technique.

NEW



### Fire Prevention & Response: What Employees Need to Know (28 min.) DM-43215

#### DM-49294 SPANISH

Covers key aspects of workplace fire safety training, including the dangers of fire and why rapid evacuation is critical during a fire; the importance of good housekeeping in fire prevention; requirements for keeping exit routes and areas around fire alarms and fire extinguishers clear; the need for a fire emergency action plan; and evacuation procedures. It also delivers essential information on fire extinguishers and demonstrates the proper use of CO2 and ABC dry chemical extinguishers.





#### Forklift Training (32 min.)

DM-52463

#### DM-52471 SPANISH

This program identifies the various kinds of forklifts and their basic controls; discusses the center of gravity and stability triangle concepts; explains when forklift inspections are required; explains what to look for when performing a pre-use inspection; discusses how to park, charge, refuel, and perform maintenance or modifications on a forklift; describes how to safely operate a forklift (including parking, picking up, traveling with, and placing a load); covers how to recognize hazardous locations in order to select the correct type of forklift; discusses how to charge and refuel a forklift; discusses how to handle modifications to a forklift; and explains how to recognize when maintenance is required. Forklift Training is divided into four modules, which are also sold separately.







### Forklift Training Module 1: Equipment Basics (5 min.)

DM-55774

#### DM-56197 SPANISH

This program is designed to help employees identify various kinds of forklifts in order to choose the right forklift for the job. Covers basic controls and discusses center of gravity as well as the stability triangle.



### Forklift Training Module 2: Equipment Inspections (4 min.)

DM-55775

#### DM-56198 SPANISH

This program is designed to help employees inspect a forklift in preparation for their shift. It covers how to recognize when forklift inspections are required and explains what to look for when performing a pre-use inspection.



#### Forklift Training Module 3: Operating Procedures (13 min.)

DM-55776

#### DM-56199 SPANISH

This program describes how to safely operate a forklift (including parking and picking up, traveling with, and placing a load) and how to recognize hazardous locations in order to select the correct type of forklift.

#### Forklift Training Module 4: Maintaining Your Forklift (6 min.)

DM-55777

#### DM-56200 SPANISH

This program is designed to help employees understand how to maintain a forklift in a safe way. It discusses how to charge and refuel a forklift; covers how to handle modifications to a forklift; and explains how to recognize when maintenance is required.

#### Forklift Training: Non-Operators Safety (6 min.)

DM-55778

#### DM-56201 SPANISH

This program discusses the challenges forklift operators face and explains best practices for working and walking by forklifts.



#### Forklift Training: Refresher (14 min.)

DM-55944

#### DM-56203 SPANISH

This refresher program was designed to reinforce the key concepts that help forklift operators stay safe while at work. It covers how to assess a forklift's limitations and work within those parameters; explains how to evaluate a forklift's readiness through proper pre-use inspections; discusses how to operate a forklift safely in order to avoid potential hazards; and identifies ways to maintain a forklift by recharging and/or refueling when necessary as well as reporting any defects.

#### Forklift Training: Specialized Units & Attachments (8 min.)

DM-55779

#### DM-56202 SPANISH

This course is designed to help you operate specialized units – and forklifts with attachments – in a safe way. It explains different operating techniques with specialized units and discusses how attachments alter the safe operation of a forklift.

### Forklifts: Ultimate Hazard Perception Challenge (51 min.)

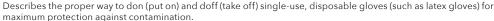
DM-41369

This program helps satisfy the training requirements of OSHA's Powered Industrial Truck Standard (29 CFR 1910.178). Scenarios include keeping the forklift and load stable; dealing with pedestrians; traveling on ramps; backing in tight areas; handling corners and intersections; working in trailers; operating with an obstructed view; keeping all body parts in the protective frame; traveling with or without a load; placing loads; mounting freight elevators; crossing railroad tracks; overhead hazards; and using attachments.



### Gloves: Guide to Donning and Doffing Gloves (1 min.)

DM-61006



NEW

#### Hand and Foot Protection: PPE Employee Essentials (13 min.) DM-43972

DM-43974 SPANISH

Helps employees understand the need for hand and foot PPE and how to properly don, doff, adjust, wear and care for their PPE. Covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way.

## Handwashing: How to Properly Wash Your Hands (2 min.)

Describes the type of water to use washing and rinsing your hands; identifies how long you need to scrub your hands with soap and water; and lists ways you can effectively dry your hands without risking recontamination.



#### HazCom: What You Need to Know (incl. GHS provisions) (23 min.) DM-41351

DM-41353 SPANISH

This program helps you comply with the initial and refresher training requirements of the Hazard Communication Standard (29 CFR 1910.1200) and the GHS provisions. In addition to addressing the regulatory information, it also includes practical information that employees can use every day. The program addresses the revised standard and how the changes will help protect employees when they work with chemical hazards. The program will assist you with all required HazCom training, including: chemical inventory and what it can tell you; how to read the GHS-style Safety Data Sheets (and the new GHS specified, 16-section format); what GHS-style labels container labels are telling you; and the written Hazard Communication



### HAZWOPER: Emergency Response Training for Employees (23 min.)

Affordable training program helps you provide on-site emergency response teams with training on the emergency response requirements of OSHA's HAZWOPER regulation. This video helps explain what is expected of team members prior to, during and after a hazardous chemical incident, according to the five levels of involvement specified by OSHA.

#### Head, Eye, and Face Protection: PPE Employee Essentials (15 min.) DM-43992

DM-43993 SPANISH

Helps employees understand the need for head, eye and face PPE and how to properly don, doff, adjust, wear and care for their PPE. Covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way.

#### Hearing and Respiratory Protection: PPE Employee Essentials (18 min.)

DM-43977

DM-43991 SPANISH

Helps employees understand the need for hearing and respiratory PPE and how to properly don, doff, adjust, wear and care for their PPE. Covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way.

#### Hot Work: General Awareness for Affected Employees (5 min.) DM-57383

After completing this program, employees will be able to: explain the roles of the hot work operator, fire watch, and permit authorizing individual in hot work safety; and recognize common hot work hazards and discuss ways to prevent them, including safe work practices and PPE usage.



#### Hot Work: Safety Operations Training (20 min.) DM-48579

Provides an introduction to the basics of hot work and explains how to recognize hot work hazards and how to avoid them. Also describes measures employees can take to protect themselves and explains what to do and what not to do in the event of a hot work emergency and/or injuries.



### Ladder Safety for General Industry (18 min.)

DM-50485

#### DM-50486 SPANISH

This program is designed to help learners understand OSHA's requirements for working with ladders. Specifically, it identifies different types of ladders and their main components; explains how to recognize potential hazards related to ladders; and describes protective measures they can take while working with ladders to help keep them safe.



#### Lockout/Tagout: Put a Lock on Hazardous Energy (30 min.) DM-41843

#### DM-49284 SPANISH

Provides clear definitions on the roles and responsibilities of the three types of employees affected by the lockout/tagout process (authorized, affected, and other). It also covers the common types of hazardous energy; energy isolating devices; OSHA's definition of "lockout" and "tagout" and when each can be used; OSHA's requirements for locks and tags used for lockout/tagout; required steps in a typical lockout/tagout procedure; and common exceptions and special situations to lockout/tagout.





### Motorized Pallet Jacks: Safe Operation (21 min.) DM-41361

Explains OSHA's training requirements and the similarities and differences between the two most common types of motorized pallet jacks: "walkies" and "walkie-riders." Provides an overview of basic functions and controls common to most pallet jacks, demonstrates safe operating procedures, includes tips for performing a pre-use inspection, explains how to safely pickup and travel with a load, and covers requirements for parking a pallet jack and shutdown procedures for the end of the day. Also covers common pallet jacks accidents, navigating on ramps and inclines, and maneuvering in tight spaces.

### Motorized Pallet Jacks: Safe Operation Review (7 min.) DM-57385

This program reviews with employees how to inspect and operate a motorized pallet jack in a safe way, protecting themselves and their coworkers from the potential hazards associated with their use.





### Personal Protective Equipment: Employee Essentials (30 min.) DM-44173

#### DM-45400 SPANISH

Helps employees understand the need for PPE and how to properly don, doff, adjust, wear and care for their PPE. It also covers how to recognize the hazards each piece of PPE is designed to protect them against, so they have the knowledge they need to always wear the right PPE the right way. Covers six required areas of PPE: head protection, eye and face protection, hearing protection, respiratory protection, hand protection, and foot protection.



#### Power Tools and Extension Cord Safety (8 min.) DM-57386

This program will help your employees recognize the hazards associated with the use of power tools; learn how to properly inspect and use power tools; and understand basic safety rules for handling and operating power tools.





#### Respiratory Protection (20 min.)

#### DM-45396

#### DM-49296 SPANISH

After completing this program, employees will be able to: identify workplace and engineering controls to safeguard workers from respiratory hazards; recognize respiratory safety hazards; explain why a medical evaluation is necessary; select appropriate PPE for respiratory protection; evaluate a respirator seal for fit; and follow proper maintenance procedures.





#### Slips, Trips & Falls: Hazard Perception Challenge (36 min) DM-43216

This program will involve your employees, sharpen their awareness skills, and give them practical solutions for avoiding or eliminating hazards, reducing injuries, staying healthy, and contributing to your bottom line. And because its unique "watch and react" format requires participation, employees will stay focused and engaged in training. It features video scenarios that address a variety of real-life hazards employees face, as they relate to: general housekeeping, ladders, stairs, elevated surfaces, scissor lifts, and floor openings.

# Walking-Working Surfaces: What You Need to Know for Employees (13 min.) DM-50515

#### DM-50514 SPANISH

This program is designed to help employees understand how they and their job responsibilities may be impacted under the Standard. It covers the impact of the Walking-Working Surfaces Standard and defines employees' responsibilities in terms of hazard assessments, inspections, fall protection, and training.

### Walking-Working Surfaces: What You Need to Know for Supervisors (16 min.) DM-50632

#### DM-50631 SPANISH

This program is designed to help managers and safety personnel understand the Walking-Working Surfaces rule and their responsibilities under the Standard. It explains how to recognize when a hazard assessment is required, identifies when an inspection is required, describes various fall protection options, covers how to determine when/if training or re-training is required, and explains how to identify a qualified person(s) to develop and conduct the training.

#### Workplace Safety Basics (52 min.) DM-49777 DM-49778 SPANISH

This program is designed to provide a high-level overview of multiple workplace safety topics and safety tips. It demonstrates safe work practices and procedures; identifies specific workspace arrangements that help maintain safety in the workplace; explains how to recognize the hazards associated with using tools and equipment and identifies ways to operate them safely; and describes the appropriate actions to take based on their level of authorization in the event an emergency occurs.



