



by *Fostens*[®]

CRITICAL THINKING HIGH SCHOOL EXPERIENCE

Use the following critical thinking questions to help foster an open, student-led discussion on the theme(s) discussed in this episode of The Harbor.

- 1. IN FIVE WORDS OR LESS, DESCRIBE YOUR HIGH SCHOOL EXPERIENCE SO FAR.**

Write down your response and discuss why you chose these words with the rest of your class.

- 2. HIGH SCHOOL CAN BE A DIFFICULT TIME FOR MANY STUDENTS. THINK ABOUT THE CHALLENGES YOU'VE FACED IN HIGH SCHOOL SO FAR.**

If you could go back in time to your first day of high school, what advice would you give yourself?

Moreover, how can you help the freshmen on your campus adjust to their new surroundings?

- 3. BOTH EDGAR AND TUCKER STRESSED THE IMPORTANCE OF FINDING SOMEONE YOU CAN TALK TO, WHETHER IT BE A PARENT, TEACHER, COUNSELOR, OR FRIEND.**

Who do you turn to when you're having issues at school? Why do you value this person?

If you feel like you don't have anyone, how can you step outside of your comfort zone to ask someone for help?

- 4. THINK ABOUT THE ADVICE EACH STUDENT GAVE DURING THE "GETTING INVOLVED" SECTION OF THIS EPISODE. NOW THINK ABOUT THE ACTIVITIES THAT YOU'RE INVOLVED WITH ON YOUR CAMPUS.**

How has being involved in those activities affected your high school experience?

If you're not a part of any school activities, what is something that you're passionate about that you can pursue outside of school?

- 5. AT THE END OF THE EPISODE, TUCKER SAYS THAT IT'S IMPORTANT TO "... BE THE BEST VERSION OF YOURSELF THAT YOU CAN BE EVERY DAY. ... [BY] DOING WHATEVER YOU CAN DO THE BEST THAT YOU CAN DO IT."**

How can you be the best version of yourself each day? What can you do better? What can you do differently?





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